DOCUMENT RESUME

ED 360 589 CG 024 970

AUTHOR Holt, K. A., Ed.; Langlykke, K., Ed.
TITLE Comprehensive Adolescent Pregnancy Services: A Resource Guide.
INSTITUTION National Center for Education in Maternal and Child Health, Arlington, VA.
SPONS AGENCY Health Resources and Services Administration (DHHS/PHS), Rockville, MD. Bureau of Maternal and Child Health and Resources Development.
PUB DATE Jul 93
CONTRACT MCU-117007
NOTE 87p.
AVAILABLE FROM National Maternal and Child Health Clearinghouse, 8201 Greensboro Dr., Suite 600, McLean, VA 22102 (Single copies available free of charge).
PUB TYPE Guides - Non-Classroom Use (055)

EDRS PRICE MF01/PC04 Plus Postage.
DESCRIPTORS *Adolescents; *Early Parenthood; *Health Services; *Pregnancy

ABSTRACT

This resource guide was compiled to assist state, county, and community personnel in developing comprehensive adolescent health programs which address adolescent pregnancy, prevention, and care. It includes a broad range of topics with materials suitable for both professionals and consumers and for use by regional, state, and local government agency staff and in clinical, social service, community-based, residential, and educational settings. Included are resources dealing with the prevention of adolescent pregnancy as well as resources dealing with pregnancy care and parenting education. The guide is divided into three main sections: Publications and Resource Materials, Organizations, and Commercial Educational Resources. Materials in the Publications and Resource Materials section are organized under the following headings: General Information; Data, Needs Assessment, and Program Evaluation; Pregnancy Prevention; Prenatal Care; Prenatal and Infant Nutrition; Substance Use During Pregnancy; Parenting and Child Care; and Adoption. Organizations were included in the guide if their primary focus was on adolescent pregnancy; adolescent health and well-being in general; adolescent reproductive health and pregnancy prevention, such as family planning and sexuality education; or related issues, such as families and parenting, adoption, prenatal care, substance abuse, and nutrition. To help readers identify specific resources more quickly, symbols are included in the margins of the guide which indicate if the material is suitable for consumers, in a curriculum format for use in a classroom setting, available in languages other than English, or available in a videotape format. (NB)

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ED 360 589

# COMPREHENSIVE ADOLESCENT PREGNANCY SERVICES

A RESOURCE GUIDE

JULY 1993

MATERNAL AND CHILD HEALTH BUREAU

NATIONAL CENTER FOR EDUCATION IN MATERNAL AND CHILD HEALTH

CG024970

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# Comprehensive Adolescent Pregnancy Services: A Resource Guide

July 1993

National Center for Education in Maternal and Child Health
Arlington, VA

**Cite as**
Holt, K. A. and Langlykke, K. (Eds.). (1993). *Comprehensive Adolescent Pregnancy Services: A Resource Guide*. Arlington, VA: National Center for Education in Maternal and Child Health.

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The National Center for Education in Maternal and Child Health (NCEMCH) provides information services, educational materials, and technical assistance to organizations, agencies, and individuals with maternal and child health interests. NCEMCH was established in 1982 at Georgetown University, within the Department of Obstetrics and Gynecology. NCEMCH is primarily funded by the U. S. Department of Health and Human Services, through its Maternal and Child Health Bureau.

*Published by:*
National Center for Education in Maternal and Child Health
2000 15th Street North, Suite 701
Arlington, VA 22201-2617
(703) 524-7802
(703) 524-9335 (fax)

*Single copies of this publication are available at no cost from:*
National Maternal and Child Health Clearinghouse
8201 Greensboro Drive, Suite 600
McLean, VA 22102
(703) 821-8955, Ext. 254 or 265
(703) 821-2098

*This publication has been produced by the National Center for Education in Maternal and Child Health under its cooperative agreement (MCU-117007) with the Maternal and Child Health Bureau, Health Resources and Services Administration, Public Health Service, U. S. Department of Health and Human Services.*

Printed on recycled paper

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# INTRODUCTION

The adolescent health and information specialists at the National Center for Education in Maternal and Child Health have compiled this resource guide to assist state, county, and community personnel in developing comprehensive adolescent health programs which address adolescent pregnancy, prevention, and care. The problems associated with adolescent pregnancy are well-documented and continue to challenge health care providers, community workers, social service personnel, educators, policymakers, and especially the young men and women and their families whose lives are so intimately affected. Problems such as poor educational achievement, poverty, family instability, homelessness, lack of prenatal care, low birthweight infants, and compromised child development persist for adolescent parents and their children.

In this resource guide, we have attempted to include a broad range of topics with materials suitable for both professionals and consumers and for use by regional, state, and local government agency staff and in clinical, social service, community-based, residential, and educational settings. We have provided a substantial number of resources dealing with the prevention of adolescent pregnancy because interventions which address the underlying issues and lower the incidence of pregnancy, especially among younger adolescents, are critical to improving the overall health of adolescents. We have also included resources dealing with pregnancy care and parenting education to help assure optimal outcomes for both the adolescent and his or her child.

The resource guide is divided into three main sections: Publications and Resource Materials, Organizations, and Commercial Educational Resources. Although there is a great deal of shared information within the Publications and Resource Materials section, we have organized the materials under the following headings: General Information; Data, Needs Assessment, and Program Evaluation; Pregnancy Prevention; Perinatal Care; Prenatal and Infant Nutrition; Substance Use During Pregnancy; Parenting and Child Care; and Adoption. The organizations were selected if their primary focus met the following criteria: (1) adolescent pregnancy; (2) adolescent health and well-being in general; (3) adolescent reproductive health and pregnancy prevention, such as family planning and sexuality education; or (4) related issues, such as families and parenting, adoption, prenatal care, substance abuse, and nutrition. We have also compiled a list of commercial producers/distributors of health education materials for adolescents, with a special emphasis on videotapes with pertinent themes. Most of these companies have catalogs available and allow free preview of their materials.

To help you identify specific resources more quickly, we have included in the margins the following symbols indicating if the material is suitable for consumers, in a curriculum format for use in a classroom setting, available in languages other than English, or in a videotape format:

consumer information

curriculum

foreign language materials

materials on videotape

You will also find indices which reference consumer materials, curricula, foreign language materials, and videotapes.

We have tried to be thorough in presenting a general overview of adolescent pregnancy resources; however, we realize that this is not a complete listing. For further information, we encourage you to contact the organizations listed in the Organizations and Commercial Educational Resources sections of this publication. Your state and local departments of public health and education are additional sources of information. We

would appreciate hearing from you if you know of any resources which are not included in this resource guide. We would also appreciate hearing any suggestions for improving either the content or format, and topics for future resource guides. In the back of this guide you will find two tearout sheets. One is an order form for listed publications available from the National Maternal and Child Health Clearinghouse and the other is an evaluation form of the resource guide. Please use both of them.

We are grateful to the following experts for their review and suggestions for materials: Claire Brindis, Dr.P.H., Institute for Health Policy Studies, University of California, San Francisco; Richard Brookman, M.D., Medical College of Virginia; Joann Gephart, M.S.N., R.N., Child and Adolescent Primary Care Services Branch, Maternal and Child Health Bureau, U.S. Department of Health and Human Services; Lorraine Klerman, Dr.P.H., School of Public Health, University of Alabama; Marilyn Lanphier, R.N., M.P.H., Adolescent Section and Sharon Rodine, M.Ed., Teen Pregnancy Prevention Project, Oklahoma Department of Health; and the NCEMCH staff.

# PUBLICATIONS AND RESOURCE MATERIALS

*The following is a list of some of the most recent publications that address adolescent pregnancy, sexuality, health, and development. Copies of the publications may be found in local libraries or bookstores or may be ordered directly from the contacts listed below. For your convenience, special types of publications are identified according to the key below.*

consumer information .....

curriculum .....

foreign language materials .....

materials on videotape .....

## GENERAL INFORMATION

This section contains general information appropriate for program planners, care providers, and adolescents and their families. The materials cover a broad range of topics including research on adolescent pregnancy; descriptions of replicable projects which address pregnancy prevention and/or pregnancy care and parenting education and support; overviews of the issues related to adolescent pregnancy and childbearing; adolescent pregnancy and special population groups such as homeless adolescents, males, adolescents with special health needs; and policy descriptions and analyses. Publications were also included in this section if they addressed more than one aspect of adolescent pregnancy.

ALAN GUTTMACHER INSTITUTE.

**Readings on teenage pregnancy from Family Planning Perspectives, 1985 through 1989.**

New York, NY: Alan Guttmacher Institute, 1989.

*Contact:* Alan Guttmacher Institute, 111 Fifth Avenue, New York, NY 10003. Telephone: (212) 254-5656. $30.00 plus 10 percent shipping and handling.

This book contains articles on adolescent pregnancy published in *Family Planning Perspectives* from 1985 through 1989. The articles are arranged in chronological order by topic: overview, sexual activity, contraceptive use, sex education, school-based health clinics, adolescent mothers, adolescent fathers and adolescent males, and programs and evaluation.

ARTHUR, S.

**Surviving teen pregnancy: Your choices, dreams and decisions.**

Buena Park, CA: Morning Glory Press, 1991.
192 pp., Teacher's/leader's guide, 16 pp.

*Contact:* Morning Glory Press, 6595 San Haroldo Way, Buena Park, CA 90620. Telephone: (714) 828-1998. $15.95 hardcover, $9.95 paper; $2.50 Study/Discussion Guide and Teacher's/Leader's Guide, additional copies of Study Guide $1 or 10/$7.50. Postage $2.50 for orders up to $24.95; add 10 percent for orders over $25. CA resident add 7.7 percent sale tax.

This book was written for pregnant adolescents to help them understand their options and learn decision making skills. Topics include birth control, abortion, parenting, adoption, prenatal care, infant care, and financial decisions. The Teacher's/Leader's Guide was developed to be used in support groups or as class discussion guide. The Study/Discussion Guide provides independent exercises to gain a better understanding of the topics covered.

ATHEY, J.

**Pregnancy and childbearing among homeless adolescents: Report of a workshop.**

Pittsburgh, PA: Graduate School of Public Health, University of Pittsburgh, 1989. 50 pp.

*Contact:* National Maternal and Child Health Clearinghouse, 8201 Greensboro Drive, Suite 600, McLean, VA 22102. Telephone: (703) 821-8955, ext. 254 or 265; fax (703) 821-2098. Available at no charge.

This report is of a 1989 workshop convened by the National Institute of Mental Health and the Bureau of Maternal and Child Health and Resources Development, U.S. Public Health Service focusing on pregnancy and childbearing among homeless adolescents. The proceedings include presentations on establishing comprehensive services for homeless youth, pregnancy among adolescents, legal concerns, and information on six programs for runaway and homeless youth. Information was also provided on client demographics, health and mental health status, substance abuse patterns, pregnancy outcomes and neonatal problems, and postpartum living arrangements for both mother and infants.

BECK, M. L.

**Rural volunteer support systems for pregnant and parenting teens: A how to manual for case management programs.**

Nampa, ID: Terry Reilly Health Services, 1988. 50 pp.

*Contact:* Anne Sandven, Terry Reilly Health Services, 211 16th Avenue North, Nampa, ID 83687. Telephone: (208) 467-7654. Limited quantities available at no charge.

This manual profiles establishing a volunteer system of support for pregnant and parenting adolescents in a rural area from its beginning. It describes the program conducting community needs assessment, developing community support, using an interagency coordinating task force, setting up a volunteer project, ongoing supervision of volunteers, building support groups, and identifying barriers to service.

BERRIEN, J. A.,PRINZLER, I. K., HERSHKOFF, H., AND DUNKLE, M. C.

**Equal educational opportunities for pregnant and parenting students: Meshing the rights with the realities.**

New York, NY: ACLU Foundation and ACLU Women's Rights Project; Washington, DC: AAUW Educational Foundation, 1990. 53 pp.

*Contact:* ACLU Women's Right Project, 132 West 43rd Streets, New York, NY 10036. Telephone: (212) 944-9800. Available at no charge.

This report provides background information for individuals and organizations interested in ensuring that the legal rights of pregnant and parenting students are translated into educational opportunities. Federal and state laws and regulations and judicial decisions addressing educational discrimination against pregnant and parenting students are discussed. Appendices include a resource list and references, the legal rights of pregnant and parenting students to educational opportunities, and relevant federal and state statutes.

CAPITULO, K. L., AND MAFFIA, A. J.

**Adolescent pregnancy.**

White Plains, NY: March of Dimes Birth Defects Foundation, 1992. 52 pp.

*Contact:* Materials and Supply, March of Dimes Birth Defects Foundation, 1275 Mamaroneck Avenue, White Plains, NY 10605. Telephone: (914) 428-7100. $10.00, prepayment required.

This book will assist the health professional caring for the pregnant adolescent. It discusses factors contributing to a high national rate of adolescent pregnancy, the health and psychosocial risks of adolescent pregnancy, choices for pregnant adolescents, and prenatal care and education. The book profiles the development of an adolescent pregnancy program and clinic, along with resources for patient education. Nursing interventions to enhance parenting skills are also considered.

CENTER FOR POPULATION OPTIONS.

**Teenage pregnancy and too-early childbearing: Public costs, personal consquences.**

Washington, DC: Center for Population Options, 1992–.

*Contact:* Center for Population Options, 1025 Vermont Avenue, N.W., Suite 210, Washington, DC 20005. Telephone: (202) 347-5700; fax (202) 347-2263. $8.00 plus 20 percent shipping and handling.

This annual report on the quantifiable economic impact of adolescent pregnancy, conducted by the Center for Population Options, includes cost estimates for seven states and two cities: Vermont, New Mexico, Oregon, Ohio, Florida, Kansas, and Wyoming; and Baltimore and San Francisco. A discussion of adolescent pregnancy and prevention efforts is also included.

CENTER FOR POPULATION OPTIONS.

**The facts.**

Washington, DC: Center for Population Options, 1990.

*Contact:* Center for Population Options, 1025 Vermont Avenue, N.W., Suite 210, Washington, DC 20005. Telephone: (202) 347-5700; fax (202) 347-2263. $10.00 per set, $1.00 each.

This series of one-page fact sheets provides statistics, trends, program highlights, and resources and references on specific adolescent health and sexuality topics. Recent topics are childbearing and educational attainment, substance use and sexual risk-taking behavior, AIDS and HIV infection, school-based clinics, media and sexuality, and a worldwide perspective on young women and AIDS.

DASH, L.

**When children want children.**

New York, NY: Viking Penguin, 1990. 270 pp.

*Contact:* Viking Penguin, 375 Hudson Street, New York, NY 10014-3657. Telephone: (212) 366-2000. $8.95.

This book describes a group of adolescents and their families confronted by the burdens of poverty and adolescent parenthood. The author, an investigative reporter for *the Washington Post*, lived in one of the poorest neighborhoods in Washington, D.C., for 18 months and collected detailed information about adolescents' views regarding sexuality, sex education in schools, school counseling, health clinics, relationships, families, and other aspects of their life experiences.

EARLE, J.

**Counselor/advocates: Keeping pregnant and parenting teens in school.**

Alexandria, VA: National Association of State Boards of Education, 1990. 48 pp.

*Contact:* National Association of State Boards of Education, 1012 Cameron Street, Alexandria, VA 22314. Telephone: (703) 684-4000. $5.00.

This report presents the findings of the National Association of State Boards of Education three-year demonstration project to test the effects of using counselor/advocates to help pregnant and parenting students stay in school. It describes the problems faced by these students, the counselor/advocate program, program outcomes and key components, and then outlines policy issues which need to be addressed at the local and state level.

ETR ASSOCIATES.

**Contemporary health series.**

Santa Cruz, CA: ETR Associates/Network Publications, 1988–1991. 20 v.

*Contact:* Network Publications, ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061. Telephone: (408) 438-4080. Curriculum unit $19.95, student workbook 1–9 copies, $2.95 each, 10–99 copies, $2.80 each; 100+ copies, $2.65 each. Training manual $34.95. Add 15 percent for shipping and handling.

This skills-based curriculum series is designed to provide educators with tools necessary to challenge middle school and high school students to take personal responsibility for their health. There are two divisions in the series: *Into Adolescence* for middle school and junior high school students (grades 5–8) and *Entering Adulthood* for high school students (grades 9–12). Content areas for the modules include growth and development, mental health, family life, nutrition, substance abuse, personal health, disease prevention and control, injury prevention, consumer health, and community and environmental health. Classroom activities and optional parent/student assignments provide an opportunity for discussions. The student workbook is designed for classroom use and includes worksheets, role plays, and quizzes.

FARROW, J. A.

**Homeless pregnant and parenting adolescents: Service delivery strategies.**

Washington, DC: National Center for Education in Maternal and Child Health, 1991. 8 pp.

*Contact:* National Maternal and Child Health Clearinghouse, 8201 Greensboro Drive, Suite 600, McLean, VA 22102. Telephone: (703) 821-8955, ext. 254 or 265; fax (703) 821-2098. Available at no charge.

This technical information bulletin delineates the special problems faced by homeless and runaway pregnant adolescents and how their often destructive lifestyles put them at higher risk for problem pregnancies. The bulletin describes how to design a model outreach program.

HEALTHY MOTHERS, HEALTHY BABIES COALITION, ADOLESCENT PREGNANCY SUBCOMMITTEE.

**Member survey of programs, services and materials related to adolescent pregnancy.**

Washington, DC: Healthy Mothers, Healthy Babies Coalition, 1989. 26 pp.

*Contact:* Leslie Dunne, Healthy Mothers, Healthy Babies Coalition, 409 12th Street, S.W., Suite 309,

Washington, DC 20024-2458. Telephone: (202) 863-2458. Available at no charge.

This survey lists services and resources provided by members of the Healthy Mothers, Healthy Babies Coalition. The survey is divided into subjects relating to various health and social service needs of adolescents. Professional education, research, direct services, publications, and model programs are also identified.

INSTITUTE FOR WOMEN AND CHILDREN.

**Inside outside.**

Orlando, FL: Institute for Women and Children, 1991.

*Contact:* Institute for Women and Children, 4680 Lake Underhill Road, Orlando, FL 32807. Telephone: (407) 277-1942. $35.00 15-copy subscription; $49.00 25-copy subscription.

This quarterly magazine was developed by a Teen Parent Program in Orlando, Florida, for pregnant and parenting adolescents. The goals of the magazine are to build the self-esteem of pregnant adolescents and adolescent mothers, and to encourage young women to seek prenatal care and to continue their education. The magazine features pregnant and parenting adolescents as peer models; provides guidelines for pregnancy, postpartum, and child care; and addresses common concerns of pregnant and parenting adolescents.

JONES, E. F., FORREST, J. D., HENSHAW, S. K., SILVERMAN, J., AND TORRES, A.

**Pregnancy, contraception and family planning services in industrialized countries.**

New Haven, CT: Yale University Press, 1989. 276 pp.

*Contact:* Yale University Press, 48 North Branford Road, Branford, CT 06405. Telephone: (203) 432-0960. $35.00.

Aimed at policymakers, educators, and other people interested in lowering the numbers of unplanned births and abortions in the United States, this comparative study—sponsored by the Alan Guttmacher Institute—examines the relationships between unintended pregnancy, contraceptive use, and family planning services, in several industrialized countries. Detailed case studies are presented on four countries—the United States, Canada, the Netherlands, and the United Kingdom.

KUKLIN, S.

**What do I do now?**

**Talking about teenage pregnancy.**

New York, NY: Putnam, 1991. 179 pp.

*Contact:* Putnam, 200 Madison Avenue, New York, NY 10016. Telephone: (800) 631-8571. $7.95.

This book contains accounts of unplanned pregnancies as told by adolescents, their families, and the professionals who worked with them. The young people talk about the choices they made, what they feel about their decisions, and what helped them make up their minds.

LACY, G., JOHNSON, C., AND HEFFERNAN, D.

**Tackling the youth employment problem.**

Washington, DC: Children's Defense Fund, 1989. 15 pp.

*Contact:* Children's Defense Fund, 25 E Street, N.W., Washington, DC 20001. Telephone: (202) 628-8787; fax (202) 662-3510. $4.50.

This report focuses on employment status as a factor in adolescent pregnancy. National data are presented on the status of youth employment in the United States. Model programs and state initiatives are featured that improve employment and training opportunities for high-risk adolescents. The report summarizes new directions, successful efforts, and essential steps to improve adolescent employment opportunities.

LINDSAY, J. W., AND RODINE, S.

**Teen pregnancy challenge: Book one—Strategies for change.**

Buena Park, CA: Morning Glory Press, 1989. 254 pp.

**Teen pregnancy challenge: Book two—Programs for kids.**

Buena Park, CA: Morning Glory Press, 1989. 254 pp.

*Contact:* Carol Blum, Morning Glory Press, 6595 San Haroldo Way, Buena Park, CA 90620. Telephone: (714) 828-1998. For either book (individually) $17.95 hardcover, $14.95 paper. For both books, $34.95 hardcover, $24.95 paper. Postage $2.50 for orders up to $24.95; add 10 percent for orders over $25. CA resident add 7.7 percent sales tax.

*Book One: Strategies for Change* addresses activities involved in developing an adolescent pregnancy prevention or care program, such as documenting the need, gaining community support, securing funding, program planning and evaluation. *Book Two: Programs for Kids* describes a wide variety of pregnancy preven-

tion and care programs. These books were written in cooperation with the National Organization on Adolescent Pregnancy and Parenting, Inc. (NOAPP).

LOOMIS, A., AND SIMPSON-BROWN, R.

**Teen pregnancy: A blueprint for comprehensive California school-based pregnancy prevention programs and programs for pregnant and parenting students.**

Sacramento, CA: Employment Training Network, 1990. 81 pp.

*Contact:* Jenny Wilson, Employment Training Network, 560 J Street, Room 385, Sacramento, CA 95814. Telephone: (916) 323-8054. $10.00.

This report describes California's school-based adolescent pregnancy prevention programs and programs for pregnant and parenting students. The report was developed to help school officials in California address adolescent pregnancy prevention issues and provide more appropriate education and supportive services to adolescent parents. The report outlines the scope of adolescent pregnancy problems and the philosophical perspectives of pregnancy prevention for schools. It also outlines components of a comprehensive prevention program; reviews program goals, objectives, and strategies; and provides a checklist for school prevention programs and examples of school-based programs for pregnant and parenting adolescents.

LOPEZ, N. Y.

**Hispanic teenage pregnancy: Overview and implications.**

Washington, DC: National Council of La Raza, 1987. 17 pp.

*Contact:* National Council of La Raza, 810 1st Street N.E., Suite 300, Washington, DC 20002. Telephone: (202) 289-1380. $15.00, prepayment required.

Meeting the need for specific information about Hispanic adolescent pregnancy and parenthood by subgroup and state, this report analyzes Hispanic adolescent birth rates, marital status, prenatal care, incidence for low birthweight babies, and educational attainment for adolescent females ages 15–19 years. Data were obtained for the report from the National Center for Health Statistics and the Bureau of the Census. The report also contains a discussion of societal implications of Hispanic adolescent pregnancy and raises questions which need to be addressed by policymakers and service providers.

MCGEE, E. A., WITH BLANK, S.

**A stitch in time: Helping young mothers complete high school.**

Washington, DC: Academy for Educational Development, 1989. 70 pp.

*Contact:* Publications Department, Academy for Educational Development, 1255 23rd Street, N.W., Washington, DC 20037. Telephone: (202) 862-1900. $10.00.

This manual was written for educators and youth service providers seeking to develop programs and strategies responsive to the needs of pregnant and parenting students. It reviews what is known about pregnant and parenting students and how school districts have responded to this population, analyzing the strengths and weaknesses of existing programs. Guidelines are given on initiating a district-wide or school-based strategy for helping young mothers complete high school. It contains recommendations on how educators, youth service providers, and community activists can work together to reduce the barriers to school completion for pregnant and parenting students.

MORNING GLORY PRESS.

**PPT express: A newsletter for teachers and others working with pregnant and parenting teens.**

Buena Park, CA: Morning Glory Press.

*Contact:* Morning Glory Press, 6595 San Haroldo Way, Buena Park, CA 90620. Telephone: (714) 828-1998; fax (714) 828-2049. One-year subscription $15.00, two-year subscription $25.00; past issues, $4.00.

This quarterly newsletter features book reviews; national legislative updates; upcoming conferences; model curriculum, program ideas, and evaluations; a reader's write-in column answering questions; resource updates from Morning Glory Press and other publishers; and case studies.

NATIONAL CENTER FOR YOUTH WITH DISABILITIES.

**Issues in sexuality for adolescents with chronic illnesses and disabilities.**

Minneapolis, MN: National Center for Youth with Disabilities, 1991. 42 pp.

*Contact:* National Center for Youth with Disabilities, University of Minnesota, Box 721 UMHC, Harvard Street at East River Road, Minneapolis, MN 55455. Telephone: (800) 333-6293 or (612) 626-2825. $3.50.

This annotated list of materials on adolescents with chronic illnesses and disabilities focuses on issues in

sexuality. Bibliographic materials include information on psychosocial development, attitudes and knowledge, sex education, sexual abuse, reproduction, sex role and functioning, treatment and counseling, and issues for parents of adolescents. Training and educational materials include information on mental retardation/developmental disabilities, physical disabilities, hearing impairments, chronic illness, and multiple disability groups. The bibliography is based on the databases of the National Center for Youth with Disabilities.

NATIONAL COALITION OF HISPANIC HEALTH AND HUMAN SERVICES ORGANIZATIONS.

**Establishing a national adolescent pregnancy agenda for Hispanic communities.**

Washington, DC: National Coalition of Hispanic Health and Human Services Organizations, 1988. 26 pp.

*Contact:* National Coalition of Hispanic Health and Human Services Organizations, 1501 Sixteenth Street, N.W., Washington, DC 20036-1401. Telephone: (202) 387-5000. $6.00.

These proceedings are from a two-day meeting of 35 key Hispanic leaders on the issue of adolescent pregnancy in the Hispanic community. The following topics were discussed: adolescent pregnancy prevention issues—family, schools, out-of-school youth, and family planning services; and adolescent parenting and support service issues—health care services, adoption, responsibility of adolescent fathers, grandparent responsibility, and support services for independent living.

NELSON-KILGER, S., CARD, J. J., AND PETERSON, J. L.

**Just the facts: What science has found out about teenage sexuality and pregnancy in the United States.**

Los Altos, CA: Sociometrics Corporation, 1990. 62 pp.

*Contact:* Sociometrics Corporation, Data Archive on Adolescent Pregnancy and Pregnancy Prevention, 170 State Street, Suite 260, Los Altos, CA 94022. Telephone: (415) 949-3282. $15.00.

This illustrated fact book contains text, graphs, and charts that highlight research facts for educators, parents, and older adolescents. The goal of the book is to aid in making decisions on sexual activity, contraceptive use, pregnancy, and parenthood.

NELSON-KILGER, S., CARD, J. J., AND PETERSON, J. L.

**Letters to Dr. Know: Letters and answers about teenage sexuality and pregnancy.**

Los Altos, CA: Sociometrics Corporation, 1990. 153 pp.

*Contact:* Sociometrics Corporation, Data Archive on Adolescent Pregnancy and Pregnancy Prevention, 170 State Street, Suite 260, Los Altos, CA 94022. Telephone: (415) 949-3282. $15.00.

The book provides approximately 75 letters written by adolescents to Dr. Know. The letters focus on sexual decision making and pregnancy and parenting questions. Dr. Know's answers include both core facts needed by adolescents if they are to make informed decisions about sexuality as well as facts selected to intrigue and challenge the thinking of adolescents. The material has been gathered from recent and classic empirical research studies, including surveys of nationally representative samples of adolescents.

NELSON-KILGER, S., CARD, J. J., AND PETERSON, J. L.

**What's your teen-sex knowledge quotient?**

Los Altos, CA: Sociometrics Corporation, 1990. 180 pp.

*Contact:* Sociometrics Corporation, Data Archive on Adolescent Pregnancy and Pregnancy Prevention, 170 State Street, Suite 260, Los Altos, CA 94022. Telephone: (415) 949-3282. $15.00.

This publication is written in quiz-book format and contains facts about adolescent sexuality, contraception, pregnancy, and parenting. The book can provide information and entertainment for both adults and older adolescents.

NEW JERSEY TASK FORCE ON ADOLESCENT PREGNANCY.

**Alternatives: The report of the New Jersey Task Force on Adolescent Pregnancy.**

Trenton, NJ: New Jersey Department of Health, 1988. 64 pp.

*Contact:* New Jersey Task Force on Adolescent Pregnancy, New Jersey Department of Health, CN 364, Trenton, NJ 08625-0364. Telephone: (609) 292-5656. Contact source for price information.

This report contends that the key issues in adolescent pregnancy are poverty, lack of adequate income and housing, lack of adequate health care, lack of health insurance, limited access to family planning services, and limited access to family life education. It reviews current services and programs in New Jersey and summarizes the findings of other states' task forces.

Recommendations are made at three levels: to reduce adolescent pregnancy, to help those adolescents who do become pregnant, and to provide support to adolescents in raising their children.

NORTH CAROLINA COALITION ON ADOLESCENT PREGNANCY.

**10 years, 100 counties: Adolescent pregnancy in North Carolina.**

Charlotte, NC: North Carolina Coalition on Adolescent Pregnancy, 1990. 118 pp.

*Contact:* North Carolina Coalition on Adolescent Pregnancy, 1300 Baxter Street, Suite 171, Charlotte, NC 28204. Telephone: (704) 335-1313. $5.00 for persons in state and $20.00 for persons out-of-state.

This report summarizes the findings of a North Carolina Coalition on Adolescent Pregnancy (NCCAP) study to learn more about the factors affecting adolescent pregnancy in North Carolina. The study, conducted by the University of North Carolina-Charlotte, analyzed adolescent pregnancy and relevant correlates on a county by county basis. For each county, relevant statistics are presented in tables and charts with specific correlates identified. Relevant general prevention program recommendations are also included.

OOMS, T., AND GOLONKA, S.

**Evolving state policies on teen pregnancy and parenthood: What more can the feds do to help?**

Washington, DC: American Association for Marriage and Family Therapy, Research and Education Foundation, 1990. 40 pp.

*Contact:* Family Impact Seminar, American Association for Marriage and Family Therapy, Research and Education Foundation, 1100 Seventeenth Street, N.W., Tenth Floor, Washington, DC 20036. Telephone: (202) 467-5114. $10.00 (shipping and handling included).

This report addresses the question of whose responsibility it is to assume the leadership and primary responsibility for public policy concerned with adolescent pregnancy and too-early childbearing. The report contains information on goals of adolescent pregnancy policy, inventories of federal programs related to adolescent pregnancy and early childbearing, adolescent pregnancy legislation, trends in state policy, three exemplary state initiatives, a summary of federal programs that affect adolescent pregnancy, selected references, and a summary of major state responses to adolescent pregnancy and parenting.

OOMS, T., AND HERENDEEN, L.

**Teenage parenthood, poverty, and dependency: Do we know how to help?**

Washington, DC: American Association for Marriage and Family Therapy, Research and Education Foundation, 1990. 31 pp.

*Contact:* Family Impact Seminar, American Association for Marriage and Family Therapy, Research and Education Foundation, 1100 Seventeenth Street, N.W., Tenth Floor, Washington, DC 20036. Telephone: (202) 467-5114. $10.00 (shipping and handling included).

This report examines adolescent parenthood and the link between poverty and long-term welfare dependency. The report highlights lessons learned from programs specifically targeting this population and on the problems, needs, and responsibilities of both adolescent mothers and fathers.

PUGET SOUND RESEARCH ASSOCIATES AND WASHINGTON ALLIANCE CONCERNED WITH SCHOOL AGE PARENTS.

**Washington State Statewide Steering Committee on Adolescent Pregnancy Prevention, Pregnancy and Parenting: History, development and assessment of key objectives (1986–1990 final report).**

Seattle, WA: Washington Alliance Concerned with School Age Parents, 1990. 81 pp.

*Contact:* Washington Alliance Concerned with School Age Parents, 2366 Eastlake Avenue East, Suite 408, Seattle, WA 98102. Telephone: (206) 323-3926. $5.00.

This report provides a history of the Washington State Steering Committee on Adolescent Pregnancy Prevention, Pregnancy and Parenting. It describes the committee's development, participants, participants' involvment, and an assessment of its key objectives. There is a summary of major recommendations and a list of accomplishments. The appendices contain a sample questionnaire used to evaluate the effectiveness of the steering committee and tabulated responses to the survey.

RICKEL, A. U.

**Teen pregnancy and parenting.**

New York, NY: Hemisphere Publishing Corporation, 1989. 185 pp.

*Contact:* Hemisphere Publishing Corporation, 79 Madison Avenue, Suite 110, New York, NY 10016-7892. Telephone: (212) 725-1999. $19.50.

This book reviews research on pregnant and parenting adolescents and describes a peer counselor model of

intervention targeted at reducing negative outcomes of adolescent parenting. Case studies and excerpts from peer counselor journals offer insights into the lives of adolescent mothers. Adolescent pregnancy in the United States is compared to that of other developed countries, and the differences in societal mores are discussed.

ROGERS, J., AND MATSUMARA, M.

**Mother-to-be: A guide to pregnancy and birth for women with disabilities.**

New York, NY: Demos Publications, 1991. 410 pp.

*Contact:* Demos Publications, 156 Fifth Avenue, New York, NY 10010. Telephone: (212) 683-0072. $39.95 hardbound, $24.95 paper.

This book addresses the special concerns of disabled women in undertaking the physical and emotional changes of pregnancy, labor and delivery, and postpartum care. Pregnancy issues are viewed from the disabled women's perspective, including medical care, exercise, nutrition, body changes, fetal development, recognizing the onset of labor and delivery, Caesarean birth, and postpartum issues. The book stresses the importance of informed communication among the pregnant women, her family members, and health care professionals. The book is also useful for physicians, nurses, therapists, midwives, and others who provide care and support for disabled pregnant women and their families.

ROLES, P.

**Facing teenage pregnancy: A handbook for the pregnant teen.**

Washington, DC: Child Welfare League of America, 1990. 123 pp.

*Contact:* Child Welfare League of America, c/o CSSC, P.O. Box 7816, 300 Raritan Center Parkway, Edison, NJ 08818-7816. Telephone: (908) 225-1900; fax (908) 417-0482. $12.95.

This book is written to help adolescents make their own decisions about their pregnancies. It does not advocate any particular solutions to the dilemma of adolescent pregnancy, but does offer various alternatives as it guides the adolescent through considering each available option. The book is also useful to the adopted adolescent who is troubled by thoughts of being adopted.

ROOSA, M. W.

**Adolescent pregnancy and parenting: Interventions, evaluations, and needs.**

Minneapolis, MN: National Council on Family Relations, 1991. 111 pp.

*Contact:* National Council on Family Relations, 3989 Central Avenue N.E., Suite 550, Minneapolis, MN 55421. Telephone: (612) 781-9331. $15.00 (shipping and handling included).

This special issue of *Family Relations* contains a collection of articles focusing on adolescent pregnancy and parenting. Article topics include family interventions; program evaluation; adoption; social support; developmental, and environmental stress; and parenting adolescents. Articles are indexed by author, key words, and title. A bibliography of related journal articles and books published from 1988–1990 from the National Council on Family Relations' online family resources database, Inventory of Marriage and Family Literature, is also provided.

SANTELLI, J. S., AND KIRBY, D.

**Adolescent sexuality: Pregnancy, sexually transmitted diseases, and prevention.**

Kent, OH: American School Health Association, 1991. 37 pp.

*Contact:* Publications Department, American School Health Association, P.O. Box 708, Kent, OH 44240. Telephone: (216) 678-1601 Fax (216) 678-4526 . $7.50 ASHA members, $9.50 nonmembers.

This special issue of the *Journal of School Health* provides information for health professionals, educators, and parents on how to communicate effectively with young people about sexuality. Topics of the articles include an assessment of the extent and nature of adolescent pregnancy and disease risks, research-based insights into critical risk factors, opportunities for intervention, and promising communication and service strategies from existing prevention programs.

SILVERSTEIN, H.

**Teenage and pregnant: What you can do.**

Englewood Cliffs, NJ: Julian Messner, 1989. 154 pp.

*Contact:* Julian Messner, Prentice Hall Press, 200 Old Tappan Road, Old Tappan, NJ 07632. Telephone: (800) 843-3464. $5.95.

This book provides information on the options available to pregnant adolescents. It deals with issues such as the pregnant adolescent's legal rights, prenatal care, the birth process, parenthood, contraception, and sexually transmitted diseases. An appendix provides a list

of organizations and agencies pregnant adolescents can contact for help.

STIFFMAN, A. R., AND FELDMAN, R. A. (EDS.).

**Contraception, pregnancy and parenting.**

London: Jessica Kingsley Publishers, 1990. 299 pp.

*Contact:* Taylor and Francis, 1900 Frost Road, Suite 101, Bristol, PA 19007-1598. Telephone: (800) 821-8312. $84.50 plus 4 percent shipping and handling.

This book contains articles on adolescent reproductive behavior, contraception, pregnancy, parenting, problems in childrearing, and public policy issues published in *Advances in Adolescent Mental Health*. This book was developed to assist the reader to understand both the scope of information currently available and the needs for further research, program development, and policy implementation.

SULLIVAN, M. L.

**The male role in teenage pregnancy and parenting: New directions for public policy.**

New York, NY: Vera Institute of Justice, 1990. 61 pp.

*Contact:* Vera Institute of Justice, 377 Broadway, New York, NY 10013. Telephone: (212) 334-1300. Available at no charge.

This report was prepared by the Study Group on the Male Role in Teenage Pregnancy and Parenting which was formed to stimulate research on young fathers. The study group held six meetings during 1985 and 1986, met again in 1987, and has reviewed report drafts. The report discusses the male role in adolescent pregnancy and parenting and explores the issues of social policy and service delivery. The report reviews three types of programs and policies developed to address the male role in adolescent pregnancy and parenting including pregnancy prevention, child support, and services for young fathers. These efforts are discussed in the context of research findings which indicate the scope of need for each type of intervention, and the institutional barriers.

TAYLOR, D. R.

**National Urban League responds to teenage pregnancy: Report of the Affiliate Development of Adolescent Pregnancy/ Parenting (ADAPP) Project.**

New York, NY: National Urban League, 1990. 62 pp.

*Contact:* Chandra Llewellyn, Youth Resources, National Urban League, 500 East 62nd Street, New York, NY 10021. Telephone: (212) 310-9076. Available at no charge.

This report describes the efforts of the National Urban League in adolescent pregnancy prevention and service delivery to pregnant adolescents. It focuses on one major initiative, where the National Office set up a technical assistance unit to provide help to local Urban Leagues in meeting the mandate. The report highlights the activities of the Affiliate Development of Adolescent Pregnancy/Parenting Programs—a project developed to increase the number of affiliates operating adolescent pregnancy programs and to improve the quality of those operating such programs

TENNESSEE INTERDEPARTMENTAL COORDINATION COUNCIL.

**Adolescent pregnancy: The Tennessee state plan.**

Nashville, TN: Tennessee Interdepartmental Coordination Council, 1989. 54 pp.

*Contact:* Jean Doster, Tennessee Interdepartmental Coordination Council, State of Tennessee, Department of Health and Environment, 525 Cordell Hull Building, Nashville, TN 37247-4701. Telephone: (615) 741-7366. Available at no charge.

This report was prepared in response to Tennessee House Bill 2373 requiring that the Interdepartmental Coordination Council develop a plan to address the problems associated with adolescent pregnancy. It contains an overview of adolescent pregnancy in Tennessee, risk factors for adolescent pregnancy, consequences of adolescent childbearing, the Tennessee response, the philosophy statement, a plan for community action, and a time frame for implementation. The report outlines the specific goals, objectives, and action steps to address the adolescent pregnancy problem in Tennessee. The council adopted a strategy which stresses the importance of education.

U.S. CONGRESS, OFFICE OF TECHNOLOGY ASSESSMENT.

**Adolescent health (3 volumes).**

Washington, DC: U.S. Government Printing Office, 1991.

*Contact:* Superintendent of Documents, U.S. Government Printing Office, Washington, DC 20402-9325. Telephone: (202) 783-3238; fax (202) 275-0019. Volume I, $9.50; Volume II, $30.00; Volume III, $13.00. S/N 052-003-01235-9. Make check payable to the Superintendent of Documents.

*Adolescent Health*, a three-volume report from the congressional Office of Technology Assessment,

reviews the physical, emotional, and behavioral health status of American adolescents, identifies risk and protective factors for adolescent health problems, integrates national data to understand the clustering of specific adolescent problems, and evaluates options for the organization of health services available to adolescents including accessibility and financing. *Adolescent Health–Volume I: Summary and Policy Options* presents analyses of data and information from the entire report and discusses implications for adolescent health policy. The second volume, *Background and the Effectiveness of Selected Prevention and Treatment Services*, addresses selected concerns including injuries, chronic physical illness, AIDS and STDs, pregnancy, mental health problems, delinquency, and homelessness. The contents of the third volume reflect its title, *Crosscutting Issues in the Delivery of Health and Related Services*.

U.S. Department of Health and Human Services, Office of Population Affairs, Office of Adolescent Pregnancy Programs.

**The adolescent family life demonstration projects: Program and evaluation summaries.**

Rockville, MD: Office of Population Affairs, U.S. Department of Health and Human Services, 1990. 391 pp.

*Contact:* Family Life Information Exchange, P.O. Box 37299, Washington, DC 20013-7299. Telephone: (301) 585-6636. Available at no charge.

This is a report of projects funded under the Adolescent Family Life Act (1981), Title XX of the Public Health Service Act. Projects fall into three categories: care, prevention, and combination. This publication describes each project, provides an overview of the entire program, and lists newly funded and proposed projects in family life education and pregnancy prevention.

Vecchiolla, F. J., and Maza, P. L.

**Pregnant and parenting adolescents: A study of services.**

Washington, DC: Child Welfare League of America, 1989. 53 pp.

*Contact:* Child Welfare League of America, c/o CSSC, P.O. Box 7816, 300 Raritan Center Parkway, Edison, NJ 08818-7816. Telephone: (908) 225-1900; fax (908) 417-0482. $13.95 plus shipping costs based on weight.

This monograph summarizes survey findings of services provided by the Child Welfare League of America member agencies to pregnant and parenting adolescents. It discusses the populations served; types of perinatal services provided and referrals for females, males, and infants/children; case management and collaboration with other agencies; service utilization; and funding. Data from 15 Florence Crittenton programs were analyzed separately to illustrate the unique aspects of these programs. The final section reviews the major findings of the study and discusses the implications for policy and practice.

Wasem, R. E.

**Adolescent pregnancy: Programs and issues.**

Washington, DC: Congressional Research Service, Library of Congress, 1992. 15 pp.

*Contact:* Congressional Research Service, Library of Congress, 101 Independence Avenue, Washington, DC 20540. Telephone: (202) 707-5000. Available at no charge.

This Congressional Issue Brief addresses the issue of adolescent pregnancy and reviews federal policy goals and programs. The policy goals include: encouraging adolescent to abstain from sexual activity; preventing unintended pregnancies among sexually active adolescents; and alleviating the problems associated with adolescent parenthood. It provides information on statistical trends in adolescent pregnancy and childbearing, consequences of adolescent motherhood, then highlights activities of federal programs—Adolescent Family Life (Title XX), Family Planning Services (Title X), Aid to Families with Dependent Children, and other federal assistance. It also provides an evaluation of adolescent pregnancy programs; issues and legislation of the 102nd Congress; and concludes with a listing of congressional hearings, reports, documents, and additional suggested readings.

Wymelenberg, S.

**Science and babies: Private decisions, public dilemmas.**

Washington, DC: National Academy Press, 1990. 174 pp.

*Contact:* National Academy Press, 2101 Constitution Avenue, N.W., Washington, DC 20418. Telephone: (202) 334-3318 or (800) 624-6242. $9.95 plus $3.00 shipping and handling.

This book is based on presentations at the Institute of Medicine annual meeting held on October 19, 1988. It describes the state of understanding of human fertility, including infertility and contraception. The chapter which deals with adolescent pregnancy and childbearing compares the United States and other countries, discusses the economic and social costs of adolescent childbearing, and reviews some promising adolescent

pregnancy prevention programs. Also included are discussions of ethical concerns raised by interventions in human reproduction, and related public policy issues for the 1990s.

ZABIN, L. S., AND HAYWARD, S. C.

**Adolescent sexual behavior and childbearing.**

Newbury Park, CA: Sage Publications, 1993. 133 pp.

*Contact:* Sage Publications, Inc., P.O. Box 5084, Newbury, CA 91359. Telephone: (805) 499-0721; fax (805) 499-0871. $14.95 paperback, $32.95 cloth; prepayment required for orders under $25.00.

This book provides an integrative approach to the topic of adolescent pregnancy and childbearing. Biological, sociocultural, and interpersonal forces and influences impinging on adolescents are discussed within a developmental framework. Selected topics include patterns of sexual activity, contraceptive use, single parenthood, adolescent relationships, prenatal care, and intervention to prevent adolescent pregnancy.

# DATA, NEEDS ASSESSMENT, AND PROGRAM EVALUATION

This section contains materials which will assist program planners, managers, and policymakers with needs assessment activities, data gathering, and program evaluation. In addition to the materials listed, there are several resources listed in the Organization section which provide technical assistance and current data.

BOTH, D., GORDON, J., AND EIZENSTAT, F.

**Adolescent pregnancy child watch manual.**

Washington, DC: Children's Defense Fund, 1988. ca. 250 pp.

*Contact:* Children's Defense Fund, 25 E Street, N.W., Washington, DC 20001. Telephone: (202) 628-8787; fax (202) 662-3510. $15.50.

This manual is designed to help communities identify the necessary steps to respond to local adolescent pregnancy prevention needs and to help adolescent parents. The manual includes: information about the program, Adolescent Pregnancy Child Watch (APCW); detailed organizational and implementation information for setting up an APCW in a local community; data collection and analysis information pertinent to APCW; and suggestions for determining agendas for action including writing and disseminating a final report, using the media, and developing specific program projects. The appendices include relevant resource materials and organizations, a glossary and reading list, and examples of effective adolescent pregnancy programs and activities.

BRINDIS, C. D., WITH PITTMAN, K., REYES, P., AND ADAMS-TAYLOR, S.

**Needs assessment and data collection.**

In: *Adolescent pregnancy prevention: A guidebook for communities.* Stanford, CA: Health Promotion Resource Center, Stanford Center for Research in Disease Prevention, 1991. 39 pp.

*Contact:* National Maternal and Child Health Clearinghouse, 8201 Greensboro Drive, Suite 600, McLean, VA 22102. Telephone: (703) 821-8955, ext. 254 or 265; fax (703) 821-2098. Photocopies available at no charge.

This paper discusses what needs assessment is and what it can do, what comprises a target community, the components and scope of a needs assessment, sources of data, developing a workplan for conducting the assessment, and using the data gathered to create an implementation plan. An appendix gives guidance on needs assessment data collection. The example used in the document is sexually active adolescents.

BRINDIS, C. D., WITH PITTMAN, K., REYES, P., AND ADAMS-TAYLOR, S.

**Adolescent pregnancy prevention: A guidebook for communities.**

Palo Alto, CA: Stanford Health Promotion Resource Center, 1991. 279 pp.

*Contact:* Distribution Center, Stanford Health Promotion Resource Center, 1000 Welch Road, Palo Alto, CA 94304-1885. Telephone: (415) 723-0003. $24.50 plus 7 percent for shipping and handling (minimum $2.50). Discount of 10 percent on orders:10–100,

and for larger quantities by arrangement. Make check payable to Stanford University.

This book was written for agencies and community groups working in the field of adolescent pregnancy. It includes a description of the problem and provides a step-by-step guide for planning a successful program. Action steps described include: coalition building, fund raising, needs assessment, impact evaluation, and developing strategies to implement plans. The book also contains a resource directory, charts, and worksheets.

CARD, J. J. AND PETERSON, J. L.

**NationalNet newsletter.**

Los Altos, CA: Social Research Applications, 1990. 6 pp.

*Contact:* Catherine Greeno, Marv Eisen, Social Research Applications, 170 State Street, Suite 280, Los Altos, CA 94022. Telephone: (415) 949-3487. Available at no charge.

This newsletter is produced by NationalNet, a network which provides technical assistance to adolescent pregnancy programs conducting evaluations. This issue contains a description of NationalNet, workshop announcements, a request for proposals, and a listing of evaluation-related materials for purchase. NationalNet offers periodic training workshops on how to conduct a process or impact evaluation and provides three levels of technical assistance, including a review of printed documents to assist with evaluation planning, an on-going review of progress and machine-readable files, and a collaborative impact analysis.

CARD, J. J. (ED.).

**Evaluating and monitoring programs for pregnant and parenting teens.**

Los Altos, CA: Sociometrics Corporation, 1988. 151 pp.

*Contact:* Sociometrics Corporation, Data Archive on Adolescent Pregnancy and Pregnancy Prevention, 170 State Street, Suite 260, Los Altos, CA 94022. Telephone: (415) 949-3282. $20.00 (shipping and handling included).

This report summarizes and expands on the conclusions and recommendations of a working group convened in 1986 to promote greater standardization and coordination among service providers and evaluators working with programs for pregnant and parenting adolescents. The publication is designed to provide guidelines and practical information for service providers, evaluators, sponsors, policymakers, and researchers dealing with issues of assessing effectiveness and impact of adolescent pregnancy program efforts. Part I is a succinct how to manual. Part II highlights four program evaluation examples. Part III provides an instrument covering the recommended Minimum Evaluation Data Set for Care Programs that can be copied or adapted for use by program evaluators.

CARD, J. J. (ED.).

**Evaluating programs aimed at preventing teenage pregnancies.**

Los Altos, CA: Sociometrics Corporation, 1989. 125 pp.

*Contact:* Sociometrics Corporation, Data Archive on Adolescent Pregnancy and Pregnancy Prevention, 170 State Street, Suite 260, Los Altos, CA 94022. Telephone: (415) 949-3282. $20.00 (shipping and handling included).

This report focuses on technical standards, methods, and instruments for evaluating adolescent pregnancy programs. Chapter 1 is reprinted from the Funder's Guide Manual entitled *A Guide to Prevention Programs in Human Services* which offers guidance on characteristics of an effective program. Chapters 2, 3, and 4 focus specifically on the evaluation of adolescent pregnancy prevention programs. Chapter 2 describes the wide range of adolescent pregnancy prevention programs in existence in the U.S. Chapter 3 discusses why impact evaluations of these programs are important, and provides how-to guidelines, tips, and scientific standards for such evaluation. Chapter 4 provides an instrument covering the essential facts to be obtained in an impact evaluation of an adolescent pregnancy prevention program.

CARD, J. J. (ED.).

**Handbook of adolescent sexuality and pregnancy: Research and evaluation instruments.**

Newbury Park, CA: Sage Publications, 1993. 294 pp.

*Contact:* Sage Publications, Inc., P.O. Box 5084, Newbury, CA 91359. Telephone: (805) 499-0721; fax (805) 499-0871. $59.95 plus $2.00 shipping and handling.

This book provides researchers studying adolescent behavior with tools to create research instruments from existing prototypes. It was specifically designed for adolescent pregnancy studies and evaluations, but is also useful for researchers conducting a wide range of studies on adolescents, sexual behavior, pregnancy, health, and families. The book contains validated instruments from long-term surveys, abstracts from over 60 previously designed and field-tested instruments, and two short questionnaires that can be used by adolescent care and prevention programs. All

instruments discussed in the book are in the public domain and available for immediate use.

CENTER FOR THE STUDY OF SOCIAL POLICY.

**Kids count data book: State profiles of child well-being.**

Washington, DC: Center for the Study of Social Policy, 1993.

*Contact:* Center for the Study of Social Policy, 1250 Eye Street, N.W., Washington, DC 20005. Telephone: (202) 371-1565. $12.50.

This fourth annual publication provides a state-by-state report showing trends in the health status of children. Data are presented for the U.S. as a whole, for minorities in the U.S., and for each state. Rates are presented using the following 10 health indicators: low birthweight, infant mortality, child death, adolescent violent death, percent adolescent out-of-wedlock births, juvenile incarceration, children in poverty, parents graduating high school, percent children in poverty, and percent in single parent families. State rankings, population data, and other facts (e.g., education expenditures per pupil, the percentage of births with early prenatal care, percentage of children not covered by health insurance, and benefits as a percentage of the poverty threshold) are given.

HAYES, C. D. (ED.).

**Risking the future: Adolescent sexuality, pregnancy, and childbearing (volume I). Risking the future: Working papers (volume II).**

Washington, DC: National Academy Press, 1987.

*Contact:* Publications, National Academy Press, National Academy of Sciences, 2101 Constitution Avenue, N.W., Washington, DC 20418. Telephone: (202) 334-3313. Volume I, $34.95 plus $3.00 shipping and handling. Volume II, $84.50 plus $4.00 shipping and handling. Prepayment required, printed on demand.

This two-volume report from the National Academy of Sciences' Panel on Adolescent Pregnancy and Childbearing contains a review of relevant research and program experiences, and recommends approaches for policy formulation, program design, research, and evaluation. *Risking the Future (volume I)* presents the panel's findings, conclusions, and recommendations. *Risking the Future (volume II)* includes detailed background reviews of existing research on factors affecting the initiation of sexual intercourse, contraceptive use, pregnancy and pregnancy resolution, and the consequences of adolescent pregnancy, childbearing, and parenting for young mothers, fathers, and their children, as well as the costs and effects of policies and programs. A comprehensive statistical appendix presenting data from a variety of sources on trends in adolescent sexual and fertility behavior is also provided.

HENSHAW, S. K., KENNEY, A. M., SOMBERG, D., AND VAN VORT, J.

**Teenage pregnancy in the United States: The scope of the problem and state responses.**

New York, NY: The Alan Guttmacher Institute, 1989. 72 pp.

*Contact:* The Alan Guttmacher Institute, 111 Fifth Avenue, 31th Floor, New York, NY 10003. Telephone: (212) 254-5656. $15.00 plus $1.50 shipping and handling. Make checks payable to the Alan Guttmacher Institute. Call for information on volume discounts.

This report is a comprehensive resource for current statistics on and state responses to adolescent pregnancy. With data from the Alan Guttmacher Institute, the Centers for Disease Control and the National Center for Health Statistics, the report examines national, regional, and state adolescent pregnancy, birth, and abortion rates and trends over the last decade.

HERMAN, J. L. (ED.).

**Program evaluation kit (second edition).**

Newbury Park, CA: Sage Publications, 1987.

*Contact:* Sage Publications, Inc., P.O. Box 5084, Thousand Oaks, CA 91359. Telephone: (805) 499-0721; fax (805) 499-0871. $89.95 per set, individual volumes priced separately.

This nine-volume series was written to guide and assist practitioners in planning and managing evaluation. This edition is revised to reflect current evaluation concerns and practice. The series provides a field-tested step-by-step guide, clear definitions, and useful procedures explained in non-technical language. Individual titles include: (1) *Evaluator's Handbook*, (2) *How To Focus an Evaluation*, (3) *How To Design a Program Evaluation*, (4) *How To Use Qualitative Methods in Evaluation*, (5) *How To Assess Program Implementation*, (6) *How To Measure Attitudes*, (7) *How To Measure Performance and Use Tests*, (8) *How To Analyze Data*, and (9) *How To Communicate Evaluation Findings*.

HOLT, K. A. (ED.).

**Needs assessment and beyond: 1991 state adolescent health coordinators conference proceedings.**

Washington, DC: National Center for Education in Maternal and Child Health, 1991. 56 pp.

*Contact:* National Maternal and Child Health Clearinghouse, 8201 Greensboro Drive, Suite 600, McLean, VA 22102. Telephone: (703) 821-8955, ext. 254 or 265; fax (703) 821-2098. Available at no charge.

This conference proceedings contains presentations, workshop summaries, the conference agenda, and list of attendees. The objective of the conference was to enable participants to: identify data sources and health status indicators related to adolescent health problems; utilize demographic information in needs assessment and program planning; apply instruments available to assist in needs assessment; use needs assessment for program development, advocacy, and evaluation; and use Maternal and Child Health Block Grant application requirements as a tool to increase state emphasis on and support for adolescent health issues.

HUGHES, D., JOHNSON, K., ROSENBAUM, S., AND LIU, J.

**The health of America's children: Maternal and child health data book.**

Washington, DC: Children's Defense Fund, 1992. annual.

*Contact:* Publication Department, Children's Defense Fund, 25 E Street, N.W., Washington, DC 20001. Telephone: (202) 628-8787; fax (202) 662-3510. Latest edition $4.50, state and city data appendix $2.00.

This data book traces prenatal care utilization and other key maternal and child health indicators over time and assesses the nation's failure to ensure adequate care to its most vulnerable citizens. It examines national, state, and large city infant mortality rates, and compares U.S. infant mortality rates with those of other countries. It also assesses American children's and pregnant women's access to health care, patterns of childbearing among adolescents and unmarried women, private insurance coverage for children and pregnant women, and the nation's rate of progress toward achieving the Surgeon General's 1990 objectives on seven key health indicators.

KLERMAN, L. V., AND ROSENBACH, M.

**Need indicators in maternal and child health planning.**

N.P.: Florence Heller Graduate School for Advanced Studies in Social Welfare, Brandeis University, 1984. 46 pp.

*Contact:* Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax (703) 524-9335. Photocopies available at no charge.

This manual covers the distribution of federal funds for maternal and child health services, the efforts to identify areas needing services, the development of needs indicators, the procedures for producing risk and resource indicators, and instructions for states to use need indicators in maternal and child health decision making.

MILLER, B. C., CARD, J. J., PAIKOFF, R. L., AND PETERSON, J. L. (EDS.).

**Preventing adolescent pregnancy: Model programs and evaluations.**

Newbury Park, CA: Sage Publications, 1992. 296 pp.

*Contact:* Sage Publications, P.O. Box 5084, Newbury Park, CA 91359. Telephone: (805) 499-0271. $23.95 paperback, $46.00 cloth.

This book highlights model pregnancy prevention programs that include rigorous evaluation designs. These programs range from a focus on delaying sexual involvement to those that stress effective contraceptive use and encompass a variety of educational, medical, and community settings. The evaluation design, results, and programmatic and evaluation lessons and recommendations are described for each pregnancy prevention program.

MOORE, K.

**Facts at a glance.**

Washington, DC: Child Trends, Inc., 1993. 6 pp.

*Contact:* Kristin Moore, Child Trends, Inc., 2100 M Street, N.W., Washington, DC 20037. Telephone: (202) 223-6288. Available at no charge.

This fact sheet provides data on adolescent pregnancy and childbearing from the National Center for Health Statistics. Statistics are included for number of births to adolescent mothers and categorized by states and large cities, age, race, and marital status.

MOORE, K. A. (ED.).

**A state-by-state look at teenage childbearing in the U.S.**

Flint, MI: Charles Stewart Mott Foundation, 1991. 114 pp.

*Contact:* Charles Stewart Mott Foundation, 1200 Mott Foundation Building, Flint, MI 48502-1851. Telephone: (313) 238-5651; fax (313) 238-8482. Available at no charge.

This report presents state-by-state adolescent pregnancy and childbearing statistics as a resource tool for state planners and policymakers. It contains a statistical overview of national rates of adolescent pregnancy, birth, and abortion. Data are presented according to mother's age, marital status, and race. The report also examines adolescent pregnancy and birth figures for the major cities in each state.

NEW YORK STATE DEPARTMENT OF HEALTH.

**Program standards manual: Adolescent pregnancy program.**

Albany, NY: New York State Department of Health, 1989. ca. 150 pp.

*Contact:* Elizabeth Berberian, Division of Family Health, Office of Public Health, New York State Department of Health, Corning Tower, Governor Nelson A. Rockefeller Empire State Plaza, Albany, NY 12237. Telephone: (518) 474-3368. Available at no charge.

This manual has been developed for the New York State Department of Health to provide standardized operational guidelines for programs, to clarify expectations of project performance, and to assure programmatic consistency among projects. The contents of the manual include: program basics, program services, client enrollment, client status, client records, quality assurance and monitoring activities, fiscal information, project-specific information, a data forms instruction manual, and resources.

OOMS, T., AND HERENDEEN, L.

**Teenage pregnancy prevention programs: What have we learned?**

Washington, DC: American Association for Marriage and Family Therapy, Research and Education Foundation, 1990. 27 pp.

*Contact:* Family Impact Seminar, American Association for Marriage and Family Therapy, Research and Education Foundation, 1100 Seventeenth Street, N.W., Tenth Floor, Washington, DC 20036. Telephone: (202) 467-5114. $10.00 (shipping and handling included).

This report examines recent research on adolescent pregnancy prevention programs. Topics include: an overview of adolescent pregnancy trends, the lack of good program evaluation, efforts of the Adolescent Family Life Office to improve evaluation, difficulties in conducting program evaluation, and descriptions of prevention programs which provide life options. Life options programs offer a comprehensive solution that combines traditional methods of prevention—sexuality education and contraception—with improvements in education, job-training, and community development.

PEREZ, S. M., AND DUANY, L. A.

**Reducing Hispanic teenage pregnancy and family poverty: A replication guide.**

Washington, DC: National Council of La Raza, 1992. 121 pp.

*Contact:* National Council of La Raza, 810 First Street, N.E., Suite 300, Washington, DC 20002. Telephone: (202) 289-1380. $15.00 (shipping and handling included).

This guide was designed to help Hispanic community-based organizations develop and establish an adolescent pregnancy prevention or adolescent parenting program for Hispanic adolescents. It provides a step-by-step guide through gathering information; collaborating with other groups; and organizing, developing, and implementing a plan at the community level. Appendices include eight worksheets designed for community-based organizations to gather data and assess the needs of Hispanic youth.

PHILLIBER, S.

**Evaluating your adolescent pregnancy program: How to get started.**

Washington, DC: Children's Defense Fund, 1989. 19 pp.

*Contact:* Children's Defense Fund, 25 E Street, N.W., Washington, DC 20001. Telephone: (202) 628-8787; fax (202) 662-3510. $4.50.

This pamphlet covers general topics related to adolescent pregnancy program evaluation from designing a program to assessing whether it is effective. Highlighted are evaluation costs, kinds of evaluations, common outcome and impact questions used in evaluations, suggestions for preparing a program for evaluation, sample program models, and additional resources.

SIMONS, J., AND PEREZ, R.

**Where to find data about adolescents and young adults: A guide to sources.**

Washington, DC: Children's Defense Fund, 1989. 31 pp.

*Contact:* Children's Defense Fund, 25 E Street, N.W., Washington, DC 20001. Telephone: (202) 628-8787, extension 431; fax (202) 662-3510. $4.50.

This report was developed as a research tool to assist professionals in locating facts and statistical data on adolescents and young adults. The reference guide lists sources of information for 15 broad categories: general; population; family status, marital status, and living arrangements; income and poverty; employment; health, nutrition, and mental health; fertility; mortality; education; housing and homelessness; substance use and abuse; crime and delinquency; victimization; program participation; and miscellaneous.

Guidelines for obtaining information and publications from the sources are provided.

SIMONS, J. M., FINLAY, B., AND YANG, A.

**Adolescent and young adult fact book.**

Washington, DC: Children's Defense Fund, 1991. 150 pp.

*Contact:* Children's Defense Fund, 25 E Street, N.W., Washington, DC 20001. Telephone: (202) 628-8787; fax (202) 662-3510. $13.95 (shipping and handling included).

This book contains data on the status of U.S. adolescents and young adults and includes information on such topics as health status, substance abuse, crime and victimization, education, employment, sexual activity, pregnancy, and family formation. Also included are action recommendations for national and state governments, suggestions for broad community-wide approaches, and highlights of successful programs and services.

SINGH, S., AND WULF, D.

**Today's adolescents, tomorrow's parents: A portrait of the Americas.**

New York, NY: Alan Guttmacher Institute, 1990. 96 pp.

*Contact:* The Alan Guttmacher Institute, 111 Fifth Avenue, New York, NY 10003. Telephone: (212) 254-5656. $20.00 plus 10 percent shipping and handling.

This report summarizes major findings from three earlier studies of adolescent childbearing in Brazil, Columbia, and Peru and extends the analysis to six other countries in the region that also participated in the demographic and health surveys and whose data were available at the time—the Dominican Republic, Ecuador, El Salvador, Guatemala, Mexico, and Trinidad and Tobago. It presents relevant data from the United States and Canada. The present study examines the timing of family formation in all nine Latin American and Caribbean countries, the United States, and Canada to investigate how these countries achieved their level of adolescent childbearing. Information is presented on education, employment, marriage, sexual activity, contraceptive knowledge and use, and consequences of adolescent childbearing.

SMITH, D. P., AND QUEBE, K.

**A workbook for evaluating pregnancy-related teen service programs.**

Houston, TX: Center for Health Policy Studies, 1991. 48 pp.

*Contact:* David Smith, Ph.D., Center for Health Policy Studies, University of Texas, School of Public Health, P.O. Box 20186, Houston, TX 77225. Telephone: (713) 792-4364. Available at no charge.

This book was developed as a guide to program directors and staff involved in evaluating pregnancy-related adolescent service programs. It provides a series of model worksheets to help program staff summarize client characteristics, client-program interaction, and client outcomes. It also includes an introduction to sampling variability as it affects client profiles over time and a review of techniques from a generic perspective.

SMITH, D. P., FRANK, M., AND QUEBE, K.

**Evaluating pregnancy-related teen service programs.**

Houston, TX: Center for Health Policy Studies, 1990. 69 pp.

*Contact:* David Smith, Ph.D., Center for Health Policy Studies, University of Texas, School of Public Health, P.O. Box 20186, Houston, TX 77225. Telephone: (713) 792-4364. Available at no charge.

This book was developed as a guide for program directors and staff involved in adolescent pregnancy prevention, and in medical, social, and educational services for pregnant and parenting adolescents. It outlines the kinds of information that can be readily collected as part of the evaluation of programs. Topics include essential program data, outcome and impact measures, using comparison samples, model programs, and the development of process and impact objectives.

SOCIOMETRICS CORPORATION.

**Data archive on adolescent pregnancy and pregnancy prevention (DAAPPP): Catalog of products.**

Los Altos, CA: Sociometrics Corporation, 1990. 83 pp.

*Contact:* Sociometrics Corporation, Data Archive on Adolescent Pregnancy and Pregnancy Prevention, 170 State Street, Suite 260, Los Altos, CA 94022-2812. Telephone: (415) 949-3282. Available at no charge.

This catalog of products was produced by the Data Archive on Adolescent Pregnancy and Pregnancy Prevention (DAAPPP) for researchers, practitioners, administrators, and policymakers to have access to a

large-scale data base on sexuality, health, and adolescence. The catalog contains descriptions of DAAPPP data sets and special products including books, monographs, and microcomputer games. The DAAPPP data sets have been systematically processed in standard ways to facilitate their use and most data sets come in two versions, mainframe and microcomputer. Each data set comes with a raw data file and a separate SPSS program statement file. Data sets were selected for the archive by a national panel of experts, appointed by the U.S. Office of Population Affairs.

U.S. Department of Health and Human Services, Public Health Service, Centers for Disease Control, Adolescent and School Health Division.

**Youth risk behavior survey.**

Atlanta, GA: Centers for Disease Control, 1990. 4 items.

*Contact:* Margaret Cleveland, Adolescent and School Health Division, U.S. Centers for Disease Control, 1600 Clifton Road, N.E., Atlanta, GA 30333. Telephone: (404) 639-3824. Available at no charge.

This 75-item questionnaire was developed as part of the Youth Risk Behavior Surveillance System (YRBSS) established by the Centers for Disease Control (CDC), Division of Adolescent and School Health. The YRBSS uses a school-based survey to monitor the incidence and prevalence of priority health risk behaviors among youth (grades 9–12) in six categories including: (1) behaviors that result in intentional and unintentional injuries; (2) tobacco use; (3) drug and alcohol use; (4) sexual behaviors that result in HIV infection, sexually transmitted diseases, and unintentional pregnancy; (5) dietary behaviors; and (6) physical activity. State and local departments of education may use all or parts of the 75-item questionnaire to conduct the Youth Risk Behavior Survey. Additional background information includes: an overview of the Youth Risk Behavior Survey question rationale, a three-page handout on commonly asked questions about the Youth Risk Behavior Survey, and a flow sheet outlining the YRBSS Behavioral Delineation and Instrument Development Process.

Wallace, H., Nelson R., and Sweeney, P.

**Maternal and child health practices (fourth edition).**

Oakland, CA: Third Party Publishing Company, 1993.

*Contact:* Third Party Publishing Company, P.O. Box 13306, Montclair Station E, Oakland, CA 94661-0306. Telephone: (510) 339-2323. Available October 1993; contact publisher for price information.

This book provides analyses of the major problems in the health care of mothers, infants, children, youth, and their families. It describes the organization and provision of basic MCH services, reproductive health care, child health care, care of adolescents, care of handicapped children and youth, and care of mothers and children around the world. It also addresses broad issues such as assessment of need, program monitoring, program evaluation, legislation, organization of services and funding, and delivery of maternal and child health services.

# Pregnancy Prevention

This section contains materials which cover a broad range of topics including abstinence education, contraception, comprehensive sexuality education, life options and life planning education and training, state and local community coalitions, strategies aimed at male adolescents, and overviews of what works in adolescent pregnancy prevention.

American College of Obstetricians and Gynecologists, Special Task Force of the Committee on Adolescent Health Care.

**Adolescent sexuality: Guides for professional involvement (second edition).**

Washington, DC: American College of Obstetricians and Gynecologists, 1993.

*Contact:* ACOG Distribution Center, P.O. Box 4500, Kearneysville, WV 25430-4500. Telephone: (800) 762-2264. $150.00 plus $10.00 shipping and handling, prepayment required.

This two-volume manual is intended to encourage and assist physicians, nurses, and other health care providers to become active in presenting information about adolescent sexuality and pregnancy to parents and other community groups. The manual is organized into 12 self-contained modules and provides basic information on topics including growth and development, sex/family life education, contraceptive options, adolescent pregnancy prevention strategies, adolescent

pregnancy, sexually transmitted diseases, and dating violence. Each module contains an outline for presentation, slides, background readings and bibliography, and sample handouts and pamphlets.

ARCHER, E., AND CAHILL, M.

**Building life options: School-community collaborations for pregnancy prevention in the middle grades.**

Washington, DC: Academy for Educational Development, 1991. 142 pp.

*Contact:* Academy for Educational Development, 1255 23rd Street, Washington, DC 20037. $17.95 plus $2.00 shipping and handling.

This book was developed to encourage and assist school districts, schools, and community-based organizations to respond to the need for adolescent pregnancy prevention activities in middle schools. The publication describes Building Life Options, a program based in part on the Urban Middle Schools Adolescent Pregnant Prevention Program (UMSAPPP), a national demonstration program initiated to address sexuality issues in middle schools. It reflects the experiences of the eight UMSAPPP projects. It describes many of the lessons learned in these projects about appealing to at-risk youth, overcoming barriers to implementation, working collaboratively, and dealing with controversy. The book provides pregnancy prevention strategies and suggestions for implementation.

BARTH, R. P.

**Reducing the risk: Building skills to prevent pregnancy, STD and HIV.**

Santa Cruz, CA: ETR Associates/Network Publications, 1993.

*Contact:* ETR Associates/Network Publications, P.O. Box 1830, 95061-1830. Telephone: (800) 321-4407; fax (408) 438-4284. Curriculum $34.95, student workbook $3.95 (25 or more, $3.50 each).

This curriculum and workbook were developed to influence adolescent sexual behaviors, by building decision-making and interpersonal skills. The curriculum is designed to be integrated into comprehensive family life or health education programs. It emphasizes that high school students should avoid unprotected sex through abstinence or consistent and effective use of contraception. There are 17 interactive class sessions outlined with detailed steps for leading each activity, student worksheets and handouts, role play scripts, teacher references, and homework assignments.

BERNARDS, N. (ED.).

**Teenage sexuality: Opposing viewpoints.**

St. Paul, MN: Greenhaven Press, 1988. 215 pp.

*Contact:* Greenhaven Press, P.O. Box 289009, San Diego, CA 92198. Telephone: (800) 231-5163. $13.95 (shipping and handling included). Title to be revised in January 1994.

This book presents opposing views on issues of adolescent sexual activity and is appropriate for older adolescents, parents, and professionals. In the book, the authors debate the following topics: adolescents' attitudes toward sex, sex education, school-based clinics, adolescent pregnancy prevention, and adolescent sexual decision making. It was developed to help readers evaluate sources of information, separate fact from opinion, identify stereotypes, and recognize ethnocentrism. It includes diverse materials taken from magazines, journals, books, and newspapers, as well as statements and position papers from a wide range of individuals, organizations, and governments. Opposing views are placed back to back to create a running debate, and each view is preceded by a short quotation that best expresses the author's main points.

BINGHAM, M., EDMONDSON, J., AND STRYKER, S.

**Challenges: A young man's journal for self-awareness and personal planning.**

Santa Barbara, California: Advocacy Press, 1987. 240 pp.

*Contact:* Girls Incorporated, National Resource Center, 441 West Michigan Street, Indianapolis, IN 46202. Telephone: (317) 634-7546. $18.95 plus $2.00 shipping and handling.

This personalized workbook was developed for adolescent males ages 14–20 years old and focuses on human development. It contains exercises to help adolescents determine both their goals and realistic plans for reaching them.

BINGHAM, M., EDMONDSON, J., AND STRYKER, S.

**Choices: A teen woman's journal for self-awareness and personal planning.**

Santa Barbara, California: Advocacy Press, 1990. 240 pp.

*Contact:* Girls Incorporated, National Resource Center, 441 West Michigan Street, Indianapolis, IN 46202. Telephone: (317) 634-7546. $18.95 plus $2.00 shipping and handling.

This personalized workbook was developed for adolescent females ages 14–20 years and focuses on human development. It contains exercises to help adolescents determine both their goals and realistic plans for reaching them.

BOLIN, F. S.

**Growing up caring: Exploring values and decision making.**

Lake Forest, IL: Glencoe Division, Macmillan/McGraw-Hill, 1990. 467 pp. Teacher's Resource Binder, 592 pp.

*Contact:* Glencoe Division, Macmillan/McGraw-Hill School Publishing Company, P.O. Box 543, Blacklick, OH 43004-0554. Telephone: (800) 334-7344. Curriculum $25.98, Teacher's Resource Binder $54.63; plus 10 percent for shipping and handling.

This curriculum was developed for teachers, staff, and parents to be used with middle school students. *Growing Up Caring* is modeled on the Community of Caring School Program and is developed around three themes—values, caring, and decision making. The curriculum is divided into five units: (1) *Why Care,* (2) *Caring for Yourself,* (3) *Caring for Others,* (4) *Caring for Your Family,* and (6) *Caring for Your Community.* Each chapter contains a story based on an interview with an adolescent, selected topic information, and an opportunity to practice decision making skills. The companion volume, *Growing Up Caring: Teacher's Resource Binder,* provides teaching suggestions, lesson plans, student handouts, tests, and additional resources.

BOYS AND GIRLS CLUBS OF AMERICA.

**SMART Moves.**

New York, NY: Boys and Girls Clubs of America, 1992.

*Contact:* Boys and Girls Clubs of America, 771 First Avenue, New York, NY 10017. Telephone: (212) 351-5910; fax (212) 351-5972. $50.00 plus $4.50 shipping and handling. Make checks payable to Boys and Girls Clubs of America's Human Resource Group.

This skills-based curriculum is designed to assist young people in resisting alcohol and other drug use and early sexual involvement. The curriculum consists of six resources: (1) *A Guide for SMART Operators,* an implementation manual; (2) Be SMART, an in-service training program for staff and volunteers; (3) Start SMART, a resistance skills training program for youth ages 10–12 years; (4) Stay SMART, a social skills program for adolescent ages 13–15 years; (5) Keep SMART, a program for parents and other caregivers; and (6) SMART Ideas, a collection of club-wide and community activities and events. A two-day SMART Moves training program is also available to help implement this program.

BRINDIS, C.

**Reducing adolescent pregnancy: The next steps for program, policy and research.**

Santa Cruz, CA: ETR Associates/Network Publications, 1990. 63 pp.

*Contact:* ETR Associates/Network Publications, P.O. Box 1830, Santa Cruz, CA 95061-9979. Telephone: (800) 321-4407. $13.50 plus 15 percent shipping and handling; multiple copy discounts available.

This special issue of *Family Life Educator* was written to assist communities in translating the National Research Council's (NRC) *Risking the Future* recommendations into specific action strategies. ETR Associates and the Center for Reproductive Health Policy Research convened a special working group to develop action steps and activities for three areas: Helping Teens Wait— Abstinence Education; When Teens Don't Wait—Encouraging Contraception; and Reasons to Wait— Enhancing Life Options. A resource directory containing national and regional organizations is also included.

BURT, J., AND BROWER MEEKS, L.

**Education for sexuality: Concepts and programs for teaching (third edition).**

Dubuque, IA: William C. Brown Publishing, 1987. 580 pp.

*Contact:* William C. Brown Publishing, 2460 Kerper Boulevard, Dubuque, IA 52001. Telephone: (800) 338-5578 extension 1. $46.40 plus $2.50 shipping and handling; prepayment required.

This guide was developed for educators involved with teaching students responsible sexuality. It provides biological information about human sexuality based on scientific research findings. The first three sections of the guide are designed to acquaint the educator with basic information and concepts related to sexuality. In section four, the Education for Sexuality: Scope and Sequence K–12 Curriculum is presented.

CASSELL, C., AND WILSON, P. M.

**Sexuality education: A resource book.**

New York, NY: Garland Publishing, Inc., 1989. 446 pp.

*Contact:* Attention: Order Entry, Garland Publishing, Inc., 1000A Sherman Avenue, Hamden, CT 06514. Telephone: (800) 677-6273 or (212) 751-7447. $69.00 plus 4 percent shipping and handling.

This book was developed for policymakers, educators, and counselors in education, health, and social services to provide assistance in developing programs, identifying resources, and establishing guidelines for the provision of sexuality education in both the public and private sectors. It discusses sexuality education in

three settings—in the family, in schools, and in the community—and presents an overview of the issues involved in the planning and implementation of sexuality education in each setting. An annotated bibliography follows each section.

CENTER FOR POPULATION OPTIONS

**Life planning education: A strategy for teenage pregnancy prevention.**

Washington, DC: Center for Population Options, 1989. 372 pp.

*Contact:* Center for Population Options, 1025 Vermont Avenue, N.W., Suite 210, Washington, DC 20005. Telephone: (202) 347-5700; fax (202) 347-2263. $44.95 plus 20 percent shipping and handling.

This curriculum integrates sexuality education and life planning to help junior and early senior high school adolescents develop decision-making skills. Through practical, easy-to-use activities and exercises, adolescents explore the links between career and family planning, determine the impact of unintended pregnancy and parenthood on their lives, learn about sexually transmitted diseases including HIV/AIDS, and examine their values and self-esteem. The curriculum is available in English and Spanish.

COMPREHENSIVE HEALTH EDUCATION FOUNDATION AND ROBERTS, FITZMAHAN AND ASSOCIATES.

**Playing it safe.**

Evanston, IL: Altschul Group Corporation, 1988. 1 videotape (VHS), 9 min.

*Contact:* Margaret Dugan, Professional Research, Inc., Altschul Group Corporation, 1560 Sherman Avenue, Suite 100, Evanston, IL 60201. Telephone: (800) 421-2363 or (708) 328-6700; fax (708) 328-6706. $225.00 plus $3.00 shipping and handling, $50.00 three-day rental fee.

This videotape was developed for adolescents who are about to be or already are sexually active. Vignettes show young adults communicating their decisions on personal sexual issues. Opening comments address the dangers of casual sex—AIDS, venereal disease, and unwanted pregnancy—and emphasize why viewers should consider the risks.

COMPREHENSIVE HEALTH EDUCATION FOUNDATION AND ROBERTS, FITZMAHAN AND ASSOCIATES.

**Taking a stand.**

Evanston, IL: Altschul Group Corporation, 1988. 1 videotape (VHS), 16 min.

*Contact:* Margaret Dugan, Professional Research, Inc., Altschul Group Corporation, 1560 Sherman Avenue, Suite 100, Evanston, IL 60201. Telephone: (800) 421-2363 or (708) 328-6700; fax (708) 328-6706. $295.00 plus $3.00 shipping and handling, $50.00 three-day rental fee.

This videotape shows adolescents how to be assertive when it comes to relationships, dating, and sexual peer pressure. Four story lines present adolescents who need to take a stand with their date.

COMPTON, B., HUGHES, J., AND SMITH, J.

**Adolescents in need: An approach for helping rural at-risk youth.**

Carrboro, NC: Center for Early Adolescence, University of North Carolina at Chapel Hill, 1990. 65 pp.

*Contact:* Center for Early Adolescence, University of North Carolina at Chapel Hill, Suite 211, Carr Mill Mall, Carrboro, NC 27510. Telephone: (919) 966-1148. $12.00 plus 10 percent shipping and handling.

This manual presents how to information for those in rural communities who want to develop a program to serve at-risk youth or enhance an existing program. The manual is revised from *Helping Adolescents: A Manual for Program Development,* based on a successful project in rural North Carolina program aimed at preventing school dropout and untimely pregnancy. This manual provides practical "start up" information for assessing youth needs, gaining community support, and involving local agencies in the program. Mini case studies and examples identify essential program features and potential problem areas.

COMPTON, N., DUNCAN, M., AND HRUSKA, J.

**How schools can help combat student pregnancy.**

Washington, DC: National Education Association, 1987. 184 pp.

*Contact:* National Education Association, P.O. Box 509, West Haven, CT 06516. Telephone: (203) 934-2669. $12.95 paperback, $19.95 cloth.

This book was written to help educators work more effectively with pregnant and parenting students. It features information and case studies to increase understanding of the problem, and includes practical ideas for use by educators and school staff members. Topics include the role of the school and educators, classroom interactions, parental and family involvement, pregnancy prevention, determinants of adolescent pregnancy, pregnant adolescents' decision-making alternatives, and the role of organizations. Appendices include policy statements, program descriptions, and excerpts from newspaper articles and books.

COOK, A. T., SOLA, J. L., AND PFEIFFER, R.

**Taking the lead with PACT: Peer education in sexuality and health.**

New York: YWCA of the U.S.A., 1989. 105 pp.

*Contact:* Janet L. Sola, Ph.D., Director, Program Services Division, YWCA of the U.S.A., 726 Broadway, 5th Floor, New York, NY 10003. Telephone: (212) 614-2700; fax (212) 677-9716. $25.00 plus $2.50 shipping and handling (50 percent discount for community and student YWCAs). Make checks payable to YWCA National Board.

This manual provides an overview of the PACT program whose goal is to empower adolescents to make informed decisions about issues affecting personal health such as sexuality, unplanned pregnancy, drug and alcohol use, sexually transmitted diseases, eating disorders, suicide, and relationships. PACT's objectives are to introduce accurate information and resources directly into the peer network by training adolescent facilitators in sexuality, health information, decision making, communication, and facilitation; and by providing structured, supervised opportunities for these adolescents to share information with their peers, their parents, and other adults. The manual reviews the components necessary to establish a PACT program and addresses issues such as conducting a needs assessment, recruiting and selecting adolescents, developing training guidelines and budgets, and raising program funds.

COUPEY, S. M., AND KLERMAN, L. V. (EDS.).

**Adolescent sexuality: Preventing unhealthy consequences.**

Philadelphia, PA: Hanley and Belfus, Inc., 1992. 212 pp.

*Contact:* Hanley and Belfus, 210 South 13th Street, Philadelphia, PA 19107. Telephone: (800) 962-1892 or (215) 546-7293. $63 for yearly subscription (three issues).

This volume was written for health care professionals to provide current information on the prevention of the adverse consequences of adolescent sexuality. The four sections—prevention or delay of premature sexual behavior; prevention of pregnancy and sexually transmitted diseases; prevention of negative consequences of adolescent child rearing; and prevention of sexually-related problems in special populations of adolescents—are written by authors from different disciplines including medicine, public health, psychology, education, and law.

DEVAULT, C.

**Sexuality decision-making series for teens.**

Santa Cruz, CA: ETR Associates/Network Publications, 1989.

*Contact:* ETR Associates/Network Publications, P. O. Box 1830, Santa Cruz, CA 95061. Telephone: (800) 321-4407. $3.95 per publication, $2.95 teacher's guide; prepaid required, bulk discounts available.

This series of three books provides an opportunity for adolescent readers to participate with, and make choices for, the main characters. At certain points in the narrative, readers decide what choices the characters make, and are directed to another point in the text until they reach the end of the narrative they have chosen. Several possible stories exist within the book. Readers are encouraged to go back and make different choices to explore possible alternatives. *Taking Chances with Sex* focuses on the concerns and issues of an adolescent couple whose relationship leads to choices regarding sexual involvement and birth control. *Too Soon for Sex* focuses on a adolescent couple and how they struggle to decide if they are ready for sexual intimacy. *Don't Let it Get Around* focuses on a series of dilemmas faced by a adolescent couple who cope with decisions regarding sexual intimacy and sexually transmitted diseases.

DOLGAN, J. I., AND GOODMAN, S. M.

**Dollar-a-day teenage pregnancy prevention program: An innovative demonstration project using monetary incentives to prevent additional pregnancies in high-risk adolescents.**

Aurora, CO: Planned Parenthood of the Rocky Mountains, 1989. 57 pp.

*Contact:* Margo Jamison, Planned Parenthood of the Rocky Mountains, 1537 Alton Street, Aurora, CO 80010. Telephone: (303) 360-0006. $20.00.

This guide was developed to help others replicate the Dollar-A-Day Teenage Pregnancy Prevention Program, a demonstration project using monetary incentives and principles of group interaction to prevent unintentional pregnancies in adolescents. It outlines program development, essential components, funding, staffing, participant recruitment, and special problems and challenges. Appendices include a fund raising letter, sample grant proposal, budget, intake sheet, weekly data sheet, recruitment brochures, and certificate of graduation.

DONOVAN, P.

**Risk and responsibility: Teaching sex education in America's schools today.**

New York, NY: Alan Guttmacher Institute, 1989. 24 pp.

*Contact:* Alan Guttmacher Institute, 111 Fifth Avenue, New York, NY 10003-1089. Telephone: (212) 254-5656. $5.00, additional copies at a reduced rate.

This booklet summarizes state data on sex education instruction in schools and relevant policies. Survey findings are presented and recommendations are delineated for state education agencies, school district authorities, administrators, teachers, parents, and community groups.

DRYFOOS, J. G.

**Adolescents at risk: Prevalence and prevention.**

New York, NY: Oxford University Press, 1990. 280 pp.

*Contact:* Order Department, Oxford University Press, 2001 Evans Road, Cary, NC 27513. Telephone: (800) 451-7556. $14.95 plus $2.50 shipping and handling.

This book was developed for health care providers, school administrators, and others working with adolescents and focuses on four adolescent problem areas: delinquency, substance abuse, pregnancy, and school failure. It provides a description of adolescents who are at risk for problem behaviors, synthesizes the experience of programs which have been successful in changing various aspects of these behaviors, and proposes strategies for using this knowledge base to implement more effective approaches to help adolescents succeed. Schools are recognized as the focal institution in prevention, not only in regard to helping adolescents achieve academically, but in providing young people access to social support and health programs.

DRYFOOS, J. G.

**Putting boys in the picture: A review of programs to promote sexual responsibility among young males.**

Santa Cruz, CA: ETR Associates/Network Publications, 1988. 108 pp.

*Contact:* ETR Associates/Network Publications, P.O. Box 1830, Santa Cruz, CA 95061-1830. Telephone: (800) 321-4407 or (408) 438-4060; fax (408) 438-4284. $19.95 plus 15 percent shipping and handling.

This book is a revision of the 1984 report *Review of Programs and Services to Foster Responsible Sexual Behavior on the Part of Adolescent Boys*. It reviews current and relevant research on the role of males in adolescent sexual activity, their use of contraceptives, attitudes toward pregnancy, and experiences of fatherhood. Programs directed toward males are discussed including strategies for promoting male involvement and sources of financial support. The final section presents preliminary recommendations and priorities for action to enhance the capacity and motivation for adolescent males to become more sexually responsible.

FORT WORTH ADOLESCENT PREGNANCY BOARD.

**Accept the challenge: A guide to teen pregnancy coalition building.**

Fort Worth, TX: Fort Worth Adolescent Pregnancy Board, 1989. 44 pp.

*Contact:* School-Age Pregnancy and Prevention Clearinghouse, Center for Social Work Research, University of Texas at Austin, Austin, TX 78712-1703. Telephone: (800) 247-7724 or (512) 471-9090; fax (512) 471-9600. Limited quantities available at no charge.

This manual documents the successful efforts of the Fort Worth Adolescent Pregnancy Board (FWABP) in building coalitions to address adolescent pregnancy in Texas. The manual presents guidelines for professionals, civic organizations, government administrators, and persons working with adolescents who are interested in building broad-based community coalitions to clarify needs and develop solutions. Detailed step-by-step directives are highlighted, recognizing that each community will have to tailor the process to its unique situation. The appendices include a chronology detailing the history of the Fort Worth experience and the FWABP executive summary, suggested readings related to adolescent pregnancy and coalition building, information sources, and a sample needs assessment questionnaire.

GIRLS INCORPORATED.

**Preventing adolescent pregnancy program.**

New York, NY: Girls Incorporated, 1988–1990. 7 v.

*Contact:* Girls Incorporated, National Resource Center, 441 West Michigan Street, Indianapolis, IN 46202. Telephone: (317) 634-7546. $200.00 for all four titles, $50.00 per title; plus $2.00 shipping and handling.

This four-part curriculum provides instruction and activities for implementing a comprehensive pregnancy prevention program for adolescent females ages 9–18 years. *Growing Together* is designed to increase communication between parents and daughters (ages 9–11 years) about sexual information and values. *Will Power/Won't Power* is an assertiveness training program with the specific goal of encouraging early adolescent females (ages 12–14 years) to delay engaging in sexual intercourse. *Taking Care of Business* provides

a structured program designed to increase adolescent females' (ages 15–18 years) education and career planning skills and motivation to avoid pregnancy. *Health Bridges* provides a structured program and cooperative delivery system linking the educational opportunities available in local Girls Incorporated programs with community-based health services.

GORDON, S.

**Sex: A topic for conversation.**

Dallas, TX: Media Projects, Inc., 1988. 3 videotapes, discussion guide (9 pp.).

*Contact:* Media Projects, Inc., 5215 Homer Street, Dallas, TX 75206. Telephone: (214) 826-3863. $99.00 each, all three for $250 ($9.00 shipping and handling), rental price $49.00 each.

This is a three videotape set: *For Parents of Young Children, For Parents of Teenagers,* and *For Teenagers*. The programs for parents may be used as a tool for parent groups to help them feel more comfortable discussing their role as sex educators. It may also be used as a tool for teachers and sex educators to use in training sessions and when working with parents and/or adolescents. The videotape for adolescents helps to answer questions about sexuality and relationships, and to understand the possible consequences of engaging in certain behaviors. Questions are provided to help prepare group leaders for discussions. Activities are also suggested for use after viewing the videotapes.

GRIMES, D. A.

**The contraception report.**

Liberty Corner, NJ: Emron, Inc., 1993. 15 pp.

*Contact:* Emron, Inc., P.O. Box 815, Liberty Corner, NJ 07938. Telephone: (908) 647-8080; fax (908) 647-8558. Contact publisher for price information.

This report contains the highlights of the American Academy of Family Physicians Symposium held on October 18, 1992. The symposium topics included improving compliance among adolescents, health benefits of oral contraceptives, and the relationship between oral contraceptives and cancer.

GUIDANCE ASSOCIATES.

**You would if you loved me: Making decisions about sex.**

1989. 2 videotapes (Beta, U-matic, or VHS: 60 minutes).

*Contact:* ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061-1830. Telephone: (800) 321-4407 or (408) 438-4060. $209.00 plus 10 percent shipping and handling.

This two-part videotape discusses the common myths and misconceptions about sex and love. It illustrates and explains the various pressures that influence adolescents in their decision making about sex.

GULLOTTA, T. P., ADAMS, G. R., AND MONTEMAYOR, R. (EDS.).

**Adolescent sexuality.**

Newbury Park, CA: Sage Publications, Inc., 1993. 220 pp.

*Contact:* Sage Publications, Inc., P.O. Box 5084, Newbury Park, CA 91359-9924. Telephone: (805) 499-9774; fax (805) 499-0871. $21.95 paperback, $42.95 cloth; plus $2.00 shipping and handling, prepayment required for orders under $25.00.

This book was written for scholars and practitioners to provide a comprehensive overview of adolescent sexuality. Topics include historical and theoretical perspectives on adolescent sexuality, statistical data, sexual behavior, gender issues, adolescent pregnancy and parenting, sexually transmitted diseases, and homosexuality and bisexuality. The authors discuss underlying social and behavioral implications of adolescent sexuality, and conclude with suggestions for ways to promote sexual responsibility.

HARDY, J. B., AND ZABIN, L. S.

**Adolescent pregnancy in an urban environment.**

Baltimore, MD: Williams and Wilkins, 1991. 398 pp.

*Contact:* University Press of America, 4270 Boston Way, Lanham-Seabrook, MD 20706. Telephone: (410) 459-3366 or (800) 462-6420. $43.50.

This book highlights programs and services developed to decrease the rate of pregnancy, abortion, and early childbearing among urban adolescents. It provides an in-depth discussion of national and local statistics regarding adolescent pregnancy and the developmental issues involved in understanding and influencing adolescent behavior. Problems and adverse consequences of adolescent pregnancy in an urban setting are explored, including those of young mothers, fathers, and their children. A model pregnancy and parenting program and its evaluation are described in detail. The chapters also include the medical management, nutrition, social service, educational, nursing, and ethical aspects of program implementation. Successful interventions in pregnancy prevention are explored and the authors provide suggestions for future policies.

HARLAP, S., AND KOST, K.

**Preventing pregnancy, protecting health: A new look at birth control choices in the United States.**

New York, NY: Alan Guttmacher Institute, 1991. 129 pp.

*Contact:* Alan Guttmacher Institute, 111 Fifth Avenue, New York, NY 10003-1089. Telephone: (212) 254-5656. $20.00, reduced prices for more than four copies.

This book examines how the various birth control methods available in the United States affect the likelihood of avoiding an unintended pregnancy, of preventing infertility, and of maintaining good health. Specific topics include sexual activity and unintended pregnancy, contraceptive methods, current use of contraceptives, pregnancies occurring during contraceptive use, sexually transmitted diseases, upper genital tract infection, ectopic pregnancy, tubal infertility, cancer, cardiovascular disease, complications requiring hospitalization, and mortality.

HIATT, J., AND ETR ASSOCIATES.

**Birth control facts.**

Santa Cruz, CA: ETR Associates/Network Publications, 1992. 2 pp.

*Contact:* Network Publications, ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061. Telephone: (408) 438-4080 or (800) 321-4407. Available for purchase in quantities of 50 or more.

This pamphlet includes most the birth control methods available today. For the condom, diaphragm, fertility awareness method, spermicides, IUD, natural family planning, Norplant, birth control pills, sponge, and sterilization, a description is given of how the method works, its effectiveness, advantages, and disadvantages.

HOWARD, M.

**How to help your teenager postpone sexual involvement.**

New York: Continuum Publishers, 1988. 136 pp.

*Contact:* Continuum Publishers, 370 Lexington Avenue, New York, NY 10017. Telephone: (212) 532-3650. $14.95.

This book provides parents, teachers, and educators with principles and methods to help young people develop skills and abilities to cope with the social and peer pressures that lead to sexual involvement. It teaches parents how and when to set limits, and how to foster independent, responsible decision making. It provides examples of actual conversations—between parents and adolescents, and between adolescents themselves—to show how young people can successfully say no.

HOWARD, M., AND MITCHELL, M. E.

**Postponing sexual involvement: An educational series for young teens.**

Atlanta, GA: Emory/Grady Teen Services Program, Grace Memorial Hospital, 1990. 1 videotape (VHS), 35:40 minutes. Leader's manual (80 pp.).

*Contact:* Emory/Grady Teen Services Program, Grace Memorial Hospital, 80 Butler Street, S.E., Box 26158, Atlanta, GA 30035. Telephone: (404) 616-3513. $80.00 per videotape plus 15 percent shipping and handling.

This curriculum was developed to help young adolescents delay early sexual activity and help develop skills that will enable them to resist peer pressure. The emphasis is on skill building to be able to say no. Aimed at youth in grades seven, eight, and nine, the curriculum is an experimental program designed to encourage thinking about, discussing, and practicing use of information that will be helpful to them in resisting social and peer pressures to become sexually involved. The curriculum uses adolescent leaders as program presenters, provides for parent involvement, and has been proven effective when used to supplement a basic human sexuality program in a school or community setting. This curriculum is part of the *Postponing Sexual Involvement Educational Series*. Other titles include: *Preteens, Parents of Preteens,* and *Parents of Young Teens.*

HUBERMAN, B.

**299 ideas for the prevention of adolescent pregnancy.**

Charlotte, NC: North Carolina Coalition on Adolescent Pregnancy, 1989. 20 pp.

*Contact:* North Carolina Coalition on Adolescent Pregnancy, 1300 Baxter Street, Suite 171, Charlotte, NC 28204. Telephone: (704) 335-1313. $3.00.

This pamphlet provides a list of ideas and strategies to address adolescent pregnancy prevention, reflecting the expertise and experience of the staff and Board of Directors of the North Carolina Coalition on Adolescent Pregnancy (NCCAP). The booklet includes some suggestions that are simple and easy to promote and others that require intensive planning and preparation with years of advocacy. The ideas are organized by the following categories: advocacy, awareness, business, community organizations, family life education, family, fund raising, government, life planning, males, media, medical, peer connection,

religious institutions, schools, and adolescent parents. Resources for each of these categories also are listed in a special resource section.

HUMENICK, S. S., WILKERSON, N. N., AND PAUL, N. W. (EDS.).

**Adolescent pregnancy: Nursing perspectives on prevention.**

White Plains, NY: March of Dimes Birth Defects Foundation, 1991. 275 pp.

*Contact:* Materials and Supply, March of Dimes Birth Defects Foundation, 1275 Mamaroneck Avenue, White Plains, NY 10605. Telephone: (914) 428-7100. $30.00, prepayment required.

This book provides a comprehensive review of nursing perspectives on adolescent pregnancy and parenting. Clinical implications for nursing and interdisciplinary practice are discussed. Adolescent pregnancy and parenting are described from the perspective of the individual, the family, and the community. A critique by nurse researchers accompanies each section.

HUNTER-GEBOY, C., LEE, I. K., PRESTON, J. E., SCHULTZ, J., AND WHITE, R.

**Project taking charge: A curriculum for family life educators.**

Alexandria, VA: American Home Economics Association, 1990. 391 pp.

*Contact:* Maggie Holmes, Director, Project Taking Charge, American Home Economics Association, 1555 King Street, Alexandria, VA 22314. Telephone: (800) 424-8080 or (703) 706-4600. $28.75.

This family life education curriculum was developed by Project Taking Charge, a program funded by the Office of Adolescent Pregnancy Programs, U.S. Department of Health and Human Services. The value-based curriculum for seventh and eighth graders covers vocational exploration, interpersonal and family relationships, decision making and goal setting, and family life education.

INSTITUTE FOR RESEARCH AND EVALUATION.

**Current patterns and programs for teenage pregnancy prevention: A summary for policymakers.**

Washington, DC: U.S. Government Printing Office, 1989. 31 pp.

*Contact:* Government Documents on Demand, Congressional Information Service, 4520 East-West Highway, Suite 800, Washington, DC 20814-3389. Telephone: (800) 638-8380 or (301) 654-1550. $17.75.

This report prepared for the Senate Committee on Labor and Human Resources summarizes research findings that have relevance for policymakers and administrators who are concerned about adolescent pregnancy. It reviews selected program strategies and gives an outline of their basic assumptions and the evidence regarding their effectiveness. Included are sexuality education, contraception interventions, school-based clinics, and the values-based adolescent family life programs. The report addresses the need for broader based approaches that deal more specifically with the dynamics of the problem of adolescent pregnancy and the potential of value-based programs. Seven basic criteria are suggested to help guide the development of policy and programs and by which potential solutions and legislation can be evaluated.

INTERMEDIA, INC.

**He's no hero.**

Seattle, WA: Intermedia, 1988. 1 videotape (VHS).

*Contact:* Intermedia, 1300 Dexter Avenue North, Seattle, WA 98109. Telephone: (800) 553-8336 or (206) 284-2995. $198.00 plus $8.00 shipping and handling.

This videotape focuses on male responsibility in sexual decision making. It tells the story of friends in a high school band living in a state of denial towards their sexual responsibility and a band member's struggle with the dilemma of being responsible for his girlfriend's pregnancy. The goals of the videotape are to promote discussion on such issues as conflicting pressure to have or not have sex, issues on control in relationships, pressure to conform to male stereotypes, the consequences of decisions made under pressure to conform, and the need for thoughtful decision-making about contraception. The videotape includes interviews with a group of young people highlighting the challenges youth face today, especially those of acting responsibility and resisting pressures to conform to stereotypes.

KAPLAN, S.

**Rockabye.**

White Plains, NY: March of Dimes Birth Defects Foundation, 1989. 1 videotape (16 minutes, 1/2- or 3/4-inch VHS), discussion guide, participant activity photocopy master, poster.

*Contact:* Supply Division, March of Dimes Birth Defects Foundation, 1275 Mamaroneck Avenue, White Plains, NY 10605. $50.00.

This educational program discusses implications of adolescent pregnancy. Adolescents talk to adolescents

about the emotional issues of relationships and the consequences of becoming an adolescent parent. Information on nutrition, alcohol and drug abuse, and prenatal care is included. The discussion guide can be used by teachers, community leaders, and parents to promote discussions. The program is appropriate for junior high school-age adolescents and above.

KRAMER, P.

**The dynamics of relationships: A guide for developing self-esteem and social skills for teens and young adults.**

Silver Spring, MD: Equal Partners, 1991. 580 pp.

*Contact:* Equal Partners, 3371 Beaverwood Lane, Silver Spring, MD 20906. Telephone: (301) 871-9665. Preteen Teacher's Manual $17.95, Student's Manual $13.95, Teen Teacher's Manual $34.95, Student's Manual 1 and 2 $20.95, purchased separately Manual 1 $18.95, Manual 2 $8.95. Add 17 percent shipping and handling.

This manual is part of the *Dynamics of Relationships* curriculum, a school-based course for developing self esteem and social skills for children, adolescents, and young adults. The curriculum is comprised of a two-part series: K–7 and 8–12 and contains activities, exercises, guidelines, and options for healthy behavior and information about building and maintaining relationships. The elementary series includes a teacher's and a student's manual. The secondary series includes a teacher's manual and a two-part student's manual, with topics of a sensitive nature in a separate book, allowing schools to choose the extent of topics to be covered in the classroom.

LOUISIANA ADOLESCENT PREGNANCY PREVENTION COMMISSION.

**Adolescent pregnancy in Louisiana: Everybody's problem.**

Baton Rouge, LA: Louisiana Adolescent Pregnancy Commission, 1989. 36 pp.

*Contact:* Joan T. Smith, Office of Health Services and Environmental Quality, Louisiana Health and Hospitals Department, P.O. Box 60630, Family Planning Program Room 610, New Orleans, LA 70160. Telephone: (504) 568-5330. Available at no charge.

This report reviews the findings of the Louisiana Adolescent Pregnancy Prevention Commission's study. It was designed to assist legislative and state leaders implement a system to reduce adolescent pregnancy. The report includes statistical and descriptive information on adolescent childbearing in Louisiana. Some of the barriers to the reduction of adolescent pregnancy are discussed including: public policy, shortage of parenting education and support programs, the overloaded public sector, financial barriers, access to care, fragmentation of programs and communication, and cultural barriers. The report provides recommendations for public policy and financing, education, public awareness, and service delivery.

MIDDLETON, K.

**Teaching ideas for using the sexuality decision-making books for teens.**

Santa Cruz, CA: ETR Associates/Network Publications, 1989. 23 pp.

*Contact:* ETR Associates/Network Publications, P. O. Box 1830, Santa Cruz, CA 95061. Telephone: (800) 321-4407. $2.95, prepaid required, bulk discounts available.

This instructor's manual for the *Sexuality Decision Making Books for Teens Series (Too Soon for Sex?, Taking Chances with Sex,* and *Don't Let It Get Around)* provides guidelines and ideas for implementing the adolescent sexuality awareness program. Topics include: issues in teaching sensitive subjects; synopses, student handouts, and choice point maps for each book in the series; integration into family life education and health education curricula; activity ideas; and background information about abstinence, adolescent sexual activity, birth control use, and sexually transmitted diseases.

MORRISON, J., VERNER, E., CARLSON, G., GRAY, M., AND GRIMES, M.

**Focus: Community programs on adolescent pregnancy—A guide for community coalitions.**

Columbia, MO: University Extension, University of Missouri, Lincoln University, 1988. 186 pp.

*Contact:* University Extension, University of Missouri, 162 Stanley Hall, Columbia, MO 65211. Telephone: (314) 882-3243. $29.95 plus $4.50 shipping and handling.

This manual provides information about building and maintaining a community coalition concerned with premature sexuality activity and adolescent pregnancy. It describes coalition planning, generating community involvement, coalition activities, funding resources, writing proposals, and evaluating coalition efforts. Listings of resources for program development, film and videotape suppliers, films/videotapes, books, pamphlets, and resource references are provided.

NATIONAL COALITION OF HISPANIC HEALTH AND HUMAN SERVICES ORGANIZATIONS.

**Strengthening families: A curriculum for Hispanic parents.**

Washington, DC: National Coalition of Hispanic Health and Human Services Organizations, 1990. 348 pp.

*Contact:* National Coalition of Hispanic Health and Human Services Organizations, 1501 Sixteenth Street, N.W., Washington, DC 20036-1401. Telephone: (202) 797-4326; fax (202) 371-6968. $90.00.

This teaching guide for parents evolved as part of the Concerned Parents Project of the National Coalition of Hispanic Health and Human Services Organizations (COSSMHO). The 12-lesson parent training program is designed to strengthen parental capacity to guide, direct, and control their children, particularly in matters of sexuality, values, and behavior. The specific objectives of the curriculum are to give parents information on (1) how to more effectively provide leadership and direction to their youth; (2) how to enhance family communication; (3) how to regain or maintain their position of leadership within the home; (4) how to explore and communicate values; (5) how to approach the problem of early sexual activity, adolescent pregnancy, and some of the related issues such as drug and alcohol abuse, disrespect, and rebelliousness.

NORTH CAROLINA COALITION ON ADOLESCENT PREGNANCY.

**Making a difference: A directory of adolescent pregnancy prevention programs in North Carolina.**

Charlotte, NC: North Carolina Coalition on Adolescent Pregnancy, 1990. 160 pp.

*Contact:* Elizabeth Patrick, North Carolina Coalition on Adolescent Pregnancy, 1300 Baxter Street, Suite 171, Charlotte, NC 28204. Telephone: (703) 335-1313. Directory $10.00 out-of-state, no charge for in-state orders.

This statewide directory of adolescent pregnancy prevention programs was compiled by the North Carolina Coalition on Adolescent Pregnancy (NCCAP) to share information about and to support prevention efforts. Each program description provides an overview of the agency; eligibility requirements; fees; and contact name, address, and phone number.

OUNCE OF PREVENTION FUND.

**Boys need programs too.**

Chicago, IL: The Ounce of Prevention Fund, 1990. 16 pp.

*Contact:* Jill Ische, The Ounce of Prevention Fund, 188 W. Randolph Street, Suite 2200, Chicago, IL 60601. Telephone: (312) 853-6080. Available in limited numbers to adolescent pregnancy programs at no charge.

This issue of the *Ounce of Prevention Fund Quarterly* (Winter 1990) describes several programs that are designed to provide boys with positive role models, enhanced self-esteem, and the opportunity to talk about their struggles in dealing with the issues of adolescence.

PETERSON, L.

**Adolescent abstinence: A guide for family planning professionals.**

Washington, DC: Office of Population Affairs, U.S. Department of Health and Human Services, 1989. 11 pp.

*Contact:* School-Age Pregnancy and Prevention Clearinghouse, Center for Social Work Research, School of Social Work, University of Texas at Austin, Austin, TX 78712-1703. Telephone: (800) 247-7724 or (512) 471-9090; fax (512) 471-9600. Available at no charge.

This booklet describes approaches educators and clinicians can use to discuss abstinence with adolescents. The six highlighted educational approaches vary from talking about health concerns and values with adolescents to incorporating decision making, refusal skills, and working with parents in program development. The role of the clinic in the community, talking with new clients, and special questions to help adolescents are also covered.

PHILLIBER, S., AND ALLEN, J.

**Teen outreach: The fifth year of national replication.**

New York, NY: Association of Junior Leagues, Inc., 1990. 27 pp.

*Contact:* Association of Junior Leagues, Inc., 660 First Avenue, New York, NY 10016-3241. Telephone: (212) 683-1515. Available at no charge.

This report presents an evaluation of the Teen Outreach Program (TOP) during the 1988–1989 school year, the fifth year of national replication. Teen Outreach is a school-based program for adolescents designed to decrease the rate of adolescent pregnancy and increase the number of at-risk adolescents who

graduate from high school. The program seeks to reach its goals through a combination of small group discussion strategies using the TOP curriculum, and by providing volunteer service experience in the community for its participants. Thirty-five sites in 18 cities with 542 students have contributed data to the evaluation. The TOP evaluation includes the following outcome variables for both program students and their comparison: school suspension, dropping out of school, failure of courses in school, skipping school, arrests, use of alcohol or marijuana, pregnancies, having sexual intercourse, using contraception when sexually active, joining after-school activities, getting an award, getting on the honor roll, and educational aspiration.

PHILLIPS, R., KARTHER, D., AND BOWER, J.

**Let's talk sense about sex: A program for parents and preteens**

1991. 1 videotape, 1 manual (47 pp.), brochure, news release, promotional tips.

*Contact:* Linda Kuzniar, Program Assistant, Family-Centered Sex Education Project, Division of Family and Youth Programs, West Virginia University Cooperative Extension Service, 607 Knapp Hall, P.O. Box 6031, Morgantown, WV 26506. Telephone: (304) 293-2694. $79.95 each, individual parts available separately.

This seven-part videotape series was created for use by parents and young adolescents in their own home to increase family communication about sexuality, and to discourage early sexual activity by young people. The 10-minute opening segment, Preparing Parents, explains the series and suggests ways to introduce the series to their adolescent. The other six segments, lasting about 20 minutes each, are designed for the parent and young adolescent to watch together. Some of the key topics covered include making wise decisions, establishing good relationships, avoiding adolescent premarital sexual activity, and setting goals for the future. The companion guide for parents recaps the main points, provides information, and offers a variety of activities that reinforce the message of the videotape. The series was developed by the West Virginia University Extension Services with support by the Office of Adolescent Pregnancy Programs, U.S. Department of Health and Human Services.

PIKE, R. W.

**Act for health: Using theater to teach tough teen topics.**

Santa Cruz, CA: ETR Associates, 1992. 163 pp.

*Contact:* ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061-1830. Telephone: (800) 321-4407. $14.95.

This manual provides educators with a learning tool to use theater—writing and performance—to promote awareness and discussion of sensitive issues. The key element is young people teaching other young people. The manual is divided into three sections: the script, the performance, and sample scripts. The script outlines steps to create materials that address the problems of AIDS, drug and alcohol abuse, suicide, pregnancy, and sexual and physical abuse. The performance describes how to present the scripts that have been written to an audience. The sample scripts are provided for use by adolescents and demonstrate what can be achieved by following the program to its conclusion.

PITTMAN, K., AND ADAMS, G.

**What about the boys? Teenage pregnancy prevention strategies.**

Washington, DC: Children's Defense Fund, 1988. 43 pp.

*Contact:* Children's Defense Fund, 25 E Street, N.W., Washington, DC 20001. Telephone: (202) 628-8787; fax (202) 662-3510. $4.50.

This report presents research related to adolescent males and pregnancy prevention including information on sexual activity, contraceptive behavior, pregnancy, parenthood, and pregnancy prevention strategies. The report profiles a variety of adolescent pregnancy prevention programs and public education campaigns which target adolescent and young adult males. A reference list of curricula, training modules, and program and resource guides is provided.

PLANNED PARENTHOOD FEDERATION OF AMERICA.

**First things first: A Planned Parenthood initiative to reduce adolescent childbearing by 50 percent by 1999.**

New York, NY: Planned Parenthood Federation of America, 1989. 57 pp.

*Contact:* Tijuwana James, Planned Parenthood Federation of America, 810 Seventh Avenue, New York, NY 10019. Telephone: (800) 669-0156 or (212) 541-7800. $5.00.

This manual provides information regarding Planned Parenthood's First Things First initiative to reduce adolescent pregnancy by 50 percent by the year 2000. The manual includes a call to action, background information, statistics on adolescent pregnancy, concepts for successful programs, prototypical grant proposals, and an appendix of national, state and local data as well as a bibliography. Program ideas include early intervention and education of children from preschool through high school, methods to make clinics more available to the targeted population, and projects to help adolescents face peer pressure.

PLANNED PARENTHOOD FEDERATION OF AMERICA.

**LINK Line.**

New York, NY: Planned Parenthood Federation of America, 1992–.

*Contact:* Education Department, Planned Parenthood Federation of America, Inc., 810 Seventh Avenue, New York, NY 10019. Telephone: (800) 669-0156 or (212) 261-4638. Subscription $18.00 per year.

This bimonthly newsletter provides annotated listings of materials of interest to educators focusing on reproductive health, adolescent pregnancy prevention, pregnancy, and parenting. Resource materials include books, pamphlets, curricula, guides, training manuals, instructional programs, and audiovisuals. Each listing includes a publication description, contact source, and price information. Upcoming conferences and training programs are also described.

REYNOLDS, M.

**Telling.**

Peace Ventures Press, 1989. 186 pp.

*Contact:* Morning Glory Press, 6595 San Haroldo Way, Buena Park, CA 90620. Telephone: (714) 828-1998. $7.95 paper, study guide free on request.

This book provides information on sexual abuse through fiction and personal experience. It was developed to instruct others how to recognize sexual abuse and what to do about it. *Telling* is the first person fictional account of Cassie, a 12-year-old girl who is molested by the father of the children she babysits. Eventually the secret is revealed, and the resulting trauma of Cassie, her parents, the perpetrator, and his family is portrayed.

SCHLITT, J. J.

**Expenditures and investments: Adolescent pregnancy in the South.**

Washington, DC: Southern Regional Project on Infant Mortality, Southern Center on Adolescent Pregnancy Prevention, 1992. 20 pp.

*Contact:* Southern Regional Project on Infant Mortality, Southern Center on Adolescent Pregnancy Prevention, Hall of the States, 444 North Capitol Street, N.W., Suite 200, Washington, DC 20001. Telephone: (202) 624-5897; fax (202) 624-7797. $10.00 plus $2.00 shipping and handling.

This report is an analysis of states' commitment to adolescent pregnancy prevention as gauged by state policies and appropriations. The exemplary programs featured provide guidance for southern states in developing pregnancy prevention programs.

SCHLITT, J. J.

**Primary prevention of adolescent pregnancy among high-risk youth—Issue brief.**

Washington, DC: Southern Regional Project on Infant Mortality, 1992. 4 pp.

*Contact:* Southern Regional Project on Infant Mortality, 444 North Capitol Street, N.W., Suite 200, Washington, DC 20001. Telephone: (202) 624-5897; fax (202) 624-7797. $3.00.

This *Issue Brief* provides an overview of primary prevention of adolescent pregnancy among high-risk youth. Five community initiatives are highlighted that are representative of those committed to the primary prevention paradigm. These public institutions make systemic changes in how they conduct business, reaching out to young people most vulnerable to early parenthood and other risk behaviors. Program planners identify and target high-risk populations and infuse responsible adolescent sexuality management into existing activities. Also significant is their ability to match an innovate combination of federal and community funding.

SCHLITT, J. J., NEZLEK, J. B., AND GALANO, J.

**Adolescent pregnancy prevention alliances in the South—Issue brief.**

Washington, DC: Southern Center on Adolescent Pregnancy Prevention, 1991. 8 pp.

*Contact:* Southern Center on Adolescent Pregnancy Prevention, 444 North Capitol Street, N.W., Suite 240, Washington, DC 20001. Telephone: (202) 624-5897. $5.00 plus $2.00 shipping and handling.

This *Issue Brief* provides an overview of an adolescent pregnancy prevention action agenda for southern states and communities. This report examines state alliances and their potential for influencing the development of adolescent pregnancy prevention programs and policies. These alliances differ organizationally: some are established by state leadership to act as advisors, while others are formed by service providers to act as advocates. However, each alliance is committed to increasing the public's commitment to adolescent pregnancy prevention. Activities are organized around three objectives: educating state and community decision makers, organizing state and local policymakers and advocates, and influencing the development and implementation of prevention policies and the development and funding of prevention programs

SEARS, J. T. (ED.).

**Sexuality and the curriculum: The politics and practices of sexuality education.**

New York, NY: Teachers College Press, 1992. 366 pp.

*Contact:* Teachers College Press, P.O. Box 2032, Colchester, VT 05449. Telephone: (800) 445-6638 or

(802) 878-0315; fax (802) 878-1102. $21.95 paperback, $44.00 cloth; plus $2.50 shipping and handling.

This book contains 15 interrelated essays which explore sexuality education from preschool through college. Conventional assumptions regarding sexuality and the curriculum are challenged while specific curricular strategies and alternatives are proposed. Each essay addresses one topic and contains analytical, theoretical, historical, empirical, and ethnographic supporting evidence and suggestions for strategies to address this particular topic. The book is divided into four parts: (1) Foundations for Sexuality Inquiry, (2) Gender and Sexuality, (3) Making Meaning of Sexuality in the Schools, and (4) Problematics of Change. Annotations of organizations, networks, institutional resources, and materials are provided.

SOUTH CAROLINA DEPARTMENT OF HEALTH AND ENVIRONMENTAL CONTROL AND SOUTH CAROLINA ETV.

**Bay city kids.**

Chicago, IL: Films Incorporated Video, 1989. 3 vol.

*Contact:* Films Incorporated Video, 5547 N. Ravenswood Ave., Chicago, IL 60640. Telephone: (800) 323-4222, extension 43. $199.00 plus $6.00 shipping and handling.

This three-volume reproductive health education curriculum for adolescents includes a 120-minute 1/2 inch VHS videotape series, a teacher's guide, student's guide, and parents' guide. This soap opera-based curriculum created for the classroom is divided into nine episodes, with 32 short scenarios that are intended to trigger discussion. Four behavior indicators are addressed: respect, responsibility, restraint, and risk knowledge in each of nine units: talking to parents, puberty and pressure, adolescent pregnancy and parenthood, sexually transmitted diseases, sexual assault, birth control, personal health and hygiene, fetal development and childbirth, and life planning

SOUTHERN REGIONAL PROJECT ON INFANT MORTALITY.

**Adolescent pregnancy in the south: A mandate for leadership.**

Washington, DC: Southern Regional Project on Infant Mortality, 1990. 63 pp.

*Contact:* Linda Hamilton, Southern Regional Project on Infant Mortality, 444 North Capitol Street, N.W., Suite 240, Washington, DC 20001. Telephone: (202) 624-5897. $7.50 plus shipping and handling (1–10 copies add $1.00, 11–20 copies add $2.00, 21–30 copies add $3.00). Bulk rates available.

This report examines the status of adolescent pregnancy prevention programming in the South. The report identifies obstacles to preventing early pregnancy including: public misconception, inadequate advocacy efforts, and lack of community support. The report presents recommendations of the Southern Strategic Planning Group on Adolescent Pregnancy Prevention Recommendations, identifies existing barriers, and profiles effective strategies and programs. For each program illustrated, a contact name, address, and phone number are listed.

SOUTHERN REGIONAL PROJECT ON INFANT MORTALITY.

**Adolescent pregnancy in the south: Breaking the cycle.**

Washington, DC: Southern Regional Project on Infant Mortality, 1989. 56 pp.

*Contact:* Linda Hamilton, Southern Regional Project on Infant Mortality, 444 N. Capitol Street, N.W., Suite 240, Washington, DC 20001. Telephone: (202) 624-5897. $5.00 plus $1.00 shipping and handling.

This report is an action guide for advocates across the South. Eight recommendations are put forth: (1) Promote the development of education skills and life skills at the earliest possible age; (2) encourage children and adolescents to achieve their maximum potential and to complete their education; (3) enhance the employment prospects of adolescents and their ability to obtain and retain jobs; (4) encourage children and adolescents to become involved in their communities through service and recreation; (5) help parents to enhance their parenting skills; (6) provide comprehensive health care opportunities for children; (7) improve the coordination of all programs that help to prevent adolescent pregnancy at the local, state and federal levels; and (8) implement adolescent pregnancy prevention initiatives which affect the behavior of males. Each recommendation is followed by strategies for implementation at the local, state, and federal levels. Strategies to involve university faculty, religious leaders, civic groups, and the corporate community and specific program examples that have been implemented across the South and the nation are also included.

SPAIN, J.

**Sexual, contraceptive, and pregnancy choices: Counseling adolescents.**

New York, NY: Gardner Press, 1988. 160 pp.

*Contact:* Gardner Press, 19 Union Square West, New York, NY 10003. Telephone: (212) 924-8293. $26.95 hardcover, $16.95 paper.

This book provides practical models on how to help adolescents engage in healthy decision making about sexuality and reproductive health. It covers basic information about what is counseling, why counseling, and counselors' values. It reviews adolescent development, communication and interviewing skills, counselor/client relationship, and structuring the counseling session. The book outlines the counseling model to address sexual decision making, contraceptive decisions, pregnancy, and issues of sexually transmitted diseases.

U.S. Department of Health and Human Services, Office of Minority Health Resource Center.

**Information and resources for the prevention of infant mortality among U.S. minority populations: I. Organizations and programs; II. Publications and audiovisuals.**

Washington, DC: Office of Minority Health Resource Center, U.S. Department of Health and Human Services, 1992. 9 pp., 18 pp.

*Contact:* Office of Minority Health Resource Center, P.O. Box 37337, Washington, DC 20013-7227. Telephone: (800) 444-6472 or (301) 587-1938. Available at no charge.

These two compilations are guides to information on how infant mortality and low birthweight can be prevented. Part I contains a brief overview of these problems among U.S. ethnic minorities and a list of resource organizations. Part II lists publications and audiovisual materials in the areas of adolescent pregnancy, chemical dependency and substance abuse prevention, child care, family planning, maternal and child health, parenting, pediatric AIDS, perinatal care, prenatal care, and smoking cessation. Materials listed include posters, brochures, pamphlets, fact sheets, newsletters, program manuals, reports and videotapes.

University of North Carolina at Chapel Hill, Center for Early Adolescence.

**Early adolescent sexuality: Resources for professionals, parents and young adolescents.**

Carrboro, NC: University of North Carolina at Chapel Hill, 1989. 60 pp.

*Contact:* Center for Early Adolescence, University of North Carolina at Chapel Hill, Suite 211, Carr Mill Mall, Carrboro, NC 27510. Telephone: (919) 966-1148. $7.00 plus 10 percent shipping and handling.

This report provides an annotated resource list of materials on a variety of sexuality and health-related topics. Resource materials are organized according to target audience and type of material including books, booklets, pamphlets, brochures, audiovisuals, journals, and curricula. Also listed are organizations that cover this subject area. Each entry lists publication information, keywords, and a short description of the publication. Braille and closed-captioned videotapes are also indicated.

Verner, E.

**Male responsibility manual.**

Columbia, MO: University of Missouri, 1989. ca. 75 pp. plus 4 cassette tapes.

*Contact:* University Extension, University of Missouri, 162 Stanley Hall, Columbia, MO 65211. Telephone: (314) 882-3243. $16.00 plus $3.00 shipping and handling.

This self-study workshop manual provides an overview of the research, resources, and program models dealing with the responsibility of males in the prevention of adolescent pregnancy. It includes an audiotape, *Masculinity and Femininity,* originated from a slide tape program and three other audiotapes from the Children's Defense Fund Conference; (1) Jesse Jackson at Children's Defense Fund 1989, (2) What about the Boys, and (3) Fathers but Not Husbands. Each audiotape begins with a brief outline of the content to give a framework for listening. Listings of videotapes, curricula, instructional materials, books, and pamphlets which address male responsibility are provided

Vincent, M. L.

**Reducing unintended adolescent pregnancy through school/community educational interventions: A South Carolina case study.**

Atlanta, GA: Center for Health Promotion and Education, U.S. Department of Health and Human Services, 1988. 40 pp.

*Contact:* Margaret Cleveland, Division of Adolescent and School Health, National Center for Chronic Disease Prevention and Health Promotion, 4770 Buford Highway, NE, Atlanta, GA 30341-3724. Telephone: (303) 488-5372. Available at no charge.

This report describes the strategies and methods used to conduct the School/Community Program for Sexual Risk Reduction Among Teens, an adolescent pregnancy prevention program begun October 1982 and targeted at South Carolina rural residents. The intervention outcome objective was to reduce the occurrence of unintended pregnancies among unmarried adolescents. The report briefly reviews adolescent pregnancy as a public health problem then outlines the scientific and theoretical foundations, planning assumptions, and the methods used for program planning.

# PERINATAL CARE

This section contains materials directed toward adolescents and healthcare providers and includes information about care during pregnancy and preparing for childbirth and parenthood.

AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS.

**ACOG guide to preconception care.**

Washington, DC: American College of Obstetricians and Gynecologists, 1990. 38 pp.

*Contact:* American College of Obstetricians and Gynecologists, 409 12th Street, S.W., Washington, DC 20024. Telephone: (202) 863-2518. $40.00 plus $6.00 postage and handling (package of 25 booklets).

This booklet for the consumer covers planning a pregnancy, how reproduction occurs, and nutrition. It includes how to estimate a delivery date and a glossary. The information is extracted from American College of Obstetricians and Gynecologists' publication, *Planning for Pregnancy, Birth and Beyond.*

AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS.

**Planning for pregnancy, birth, and beyond.**

Washington, DC: American College of Obstetricians and Gynecologists, 1990. 260 pp.

*Contact:* ACOG Distribution Center, P.O. Box 4500, Kearneysville, WV 25430-4500. Telephone: (800) 762-ACOG. $10.95 plus shipping and handling.

This book provides information on what a woman who is pregnant or planning to become pregnant should know to improve her chances of having a healthy baby. It discusses planning a pregnancy, how reproduction occurs, the beginning of pregnancy, prenatal care, genetics, a healthy life style, nutrition, changes during pregnancy, special-care pregnancies, complications of pregnancy, infections during pregnancy, labor and delivery, the newborn baby, and after the mother and baby go home.

AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS, THE LITERACY VOLUNTEERS OF AMERICA, INC. AND THE EDITORS OF BABY TALK MAGAZINE.

**Baby on the way: Basics.**

New York, NY: Parenting Unlimited, A Time Inc. Ventures Company, 1992. 50 pp.

*Contact:* Jackie Dignum, 25 West 43rd Street, Suite 1100, New York, NY 10036. Telephone: (212) 840-4200; fax (212) 827-0019. Contact source for price information; bulk quantities available.

This magazine was developed to provide perinatal care information to women who read at a grade school level. Topics have included information on family planning, nutrition, body changes during pregnancy, fetal development, breastfeeding, and infant care. The magazine is a collaborative effort of the American College of Obstetricians and Gynecologists, the Literacy Volunteers of America, Inc. and the editors of BABY TALK magazine. A new edition is available annually each October.

AMERICAN RED CROSS.

**American Red Cross healthy pregnancy, healthy baby workbook.**

Washington, DC: American Red Cross, 1991. 195 pp.

*Contact:* American Red Cross, General Supply Division, 7401 Lockport Place, Lorton, VA 22079. Telephone: (800) 969-8890; fax (800) 989-2272. $7.00 each plus shipping and handling, may be available from local Red Cross chapter.

This workbook is part of a 14-hour course developed by the American Red Cross for use by health clinics and community maternal health programs. Topics covered include how to have a healthy pregnancy, labor and birth, and family and infant care. Thirteen appendices list resources and other information. The student materials are written at a sixth grade level to make them accessible to many different audiences, and the illustrations and content exhibit cultural diversity.

BARR, L., AND MONSERRAT, C. WITH BERG, T.

**Working with pregnant and parenting teens.**

Minneapolis, MN: ICEA Bookcenter, 1992. 162 pp.

*Contact:* ICEA Bookcenter, P.O. Box 20048, Minneapolis, MN 55420. Telephone: (800) 624-4934 or

(612) 854-8660; fax (612) 854-8772. Text $27.95, Student Study Guides 4.95; plus 8 percent shipping and handling.

This book was developed for health care professionals working with pregnant adolescents. It includes lesson plans, questions for discussion, and suggested learning activities to accompany, *Teenage Pregnancy: A New Beginning*. A selected bibliography, film resources, reproduction charts, and diagrams are provided.

BARR, L., AND MONSERRAT, C. WITH BERG, T. AND GARCIA, V. C.

**Teenage pregnancy: A new beginning (revised edition).**

Minneapolis, MN: ICEA Bookcenter, 1992. 109 pp.

*Contact:* ICEA Bookcenter, P.O. Box 20048, Minneapolis, MN 55420. Telephone: (800) 624-4934 or (612) 854-8660; fax (612) 854-8772. $14.95 plus $3.00 shipping and handling.

This book was designed for use with pregnant adolescents. The material content spans the childbearing cycle from conception through early parenthood and includes prenatal care, nutrition, physical and emotional changes during pregnancy, the developing baby, labor and delivery, and infant care. Personal experiences from pregnant adolescents are included. The book is written at the fifth grade reading level.

BRINKLEY, G., SAMPSON, S., AND COOPER, G. S.

**You and your new baby: A book for young mothers**

**Usted y su nuevo bebe: Un libro para madres jovenes.**

Atlantic Beach, FL: Pink Inc., 1991. 72 pp.

*Contact:* Sherry Sampson, Pink Inc., P.O. Box 866, Atlantic Beach, FL 32233-0866. Telephone: (904) 285-9276. $4.95 plus $2.00 shipping and handling, discounts for multiple copies.

This book is written in an easy to understand question and answer format. It addresses many concerns and basic parenting issues for adolescent mothers and first-time parents needing a simple guide on caring for themselves and their baby. The book includes the following topics: meeting your baby for the first time and hospital stays; the first days at home; feeding and caring for a baby including bathing, diapering, crying, playing, and sleeping; baby illness; and home safety issues. Appendices include information on postpartum depression and birth control. In addition, infant shot and health charts to be filled out by the parents are included. Spanish version also available.

BRINKLEY, G., SAMPSON, S., AND COOPER, G. S.

**Young and pregnant: A book for you**

**Joven y embarazada: Un libro para usted.**

Atlantic Beach, FL: Pink Inc., 1991. 78 pp.

*Contact:* Sherry Sampson, Pink Inc., P.O. Box 866, Atlantic Beach, FL 32233-0866. Telephone: (904) 285-9276. $4.95 plus $2.00 shipping and handling, discounts for multiple copies.

This book includes easy to understand information for pregnant adolescents regarding pregnancy, labor, delivery, and postpartum planning. It covers basic topics from how the adolescent got pregnant to the growth and development of the fetus, what to expect in labor and delivery, and planning for the future once the baby is born. Throughout the manual there are places for the adolescent to record personal thoughts, concerns, feelings, and questions related to her pregnancy. The information is presented in a non-threatening manner identifying usual adolescent behaviors and encouraging healthy birth outcomes. Spanish version also available.

BROWN, S. S. (ED.).

**Prenatal care: Reaching mothers, reaching infants (2 vols.).**

Washington, DC: National Academy Press, 1988.

*Contact:* Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax (703) 524-9335. Available for loan.

This two-volume report describes the findings of a study which focused on outreach services to identify pregnant women, link them to prenatal care and services, and help them remain in prenatal care once enrolled. The report provides examples of 31 programs which fall into five categories: programs to reduce financial barriers, programs to increase system capacity, programs to improve institutional practices, programs that conduct case finding, and programs that provide social support.

EDUCATION PROGRAMS ASSOCIATES.

**Decisions of pregnancy resource guide.**

Campbell, CA: Education Programs Associates, 1990. ca. 125 pp.

*Contact:* Education Programs Associates, 1 West Campbell Avenue, Building D, Room 40, Campbell, CA 95008. Telephone: (408) 374-3720. $14.50 guide and update for MCH, AFLP, CPSP providers, $20.00 others (update only, $5.00).

This resource guide and its 1990 update list perinatal health education materials for low-income, low-literacy

clients. Materials selected for the guide have been screened for reading level, content, cultural sensitivity, cost and availability. Topics covered include labor and delivery, prenatal care, breastfeeding, fetal development, health care, nutrition, infant care and high-risk pregnancies. Materials listed are in English and Spanish. Indices list materials available in Spanish, materials by price, and by reading level and readability. Also included are objectives for helping clients make decisions during pregnancy, a professional review form to evaluate materials, and a pretesting tool for use when clients evaluate materials.

JOHNSON, J., JOHNSON, S. M., MOLEK, L., VONDRA, M., AND CHURCH, M. J.

**This time it's me.**

Omaha, NE: Centering Corporation, 1992. 24 pp.

*Contact:* Centering Corporation, 1531 North Saddlecreek Road, Omaha, NE 68104-5064. Telephone: (402) 553-1200. $2.65 plus $2.50 shipping and handling.

This book was developed for adolescent females who discover they are pregnant. It talks about making decisions, telling their boyfriend, friends, and parents; taking care of themselves; and self-worth and self-image. It mentions many of the problems and worries of adolescent pregnancy and parenting, but also encourages future planning and setting personal goals.

KONEFAL, M. M.

**Resource mothers: A strategy to reduce infant mortality using lay home-visitors— The Norfolk State University program's experience.**

Columbus, OH: Children's Hospital, 1992. 97 pp.

*Contact:* Margaret Moore Konefal, Perinatal Home Visiting and Director, Critical Care Nursing, Children's Hospital, 700 Children's Drive, Columbus, OH 43205. Telephone: (614) 461-2712; fax (614) 461-2633. Available at no charge.

This manual is designed to help others replicate the work of the Norfolk State University Resource Mothers program, a community-based initiative using lay home visitors to address the related problems of adolescent pregnancy, low birthweight babies, and infant mortality. The manual describes the Norfolk State University program and discusses issues such as the selection of a lead agency, organization and administration of the program, resource mothers' role, and client services. It lists additional materials available from the Department of Nursing at the Children's Hospital in Columbus, and includes news clippings and a bibliography. This is a revised version of the 1990 edition.

LINDSAY, J. W., AND BRUNELLI, J.

**Teens parenting: Your pregnancy and newborn journey— How to take care of yourself and your newborn if you're a pregnant teen. Adolescentes como padres: La jornada de tu embarazo y el nacimiento de tu bebe.**

Buena Park, CA: Morning Glory Press, 1991.

*Contact:* Morning Glory Press, 6595 San Haroldo Way, Buena Park, CA 90620. Telephone: (714) 828-1998. $15.95 hardcover, $9.95 paper; $2.50 Student Workbook. Postage $2.50 for orders up to 24.95; add 10% for order over $25. CA residents add 7.7 percent sale tax.

This book and workbook are a prenatal/postpartum health guide geared to adolescents' special health needs. The books are written at a sixth grade reading level with photographs and quotes from adolescent parents. Prenatal health, labor and delivery, and postpartum issues are dealt with realistically. Clear, practical, and sound advice is given on caring for yourself and your baby during pregnancy, a baby's development before birth, coping with physical discomforts, handling stress, preparing for labor and delivery, postpartum needs, and caring for a newborn. The workbook is designed to help adolescents understand the material presented in the book through answering questions; writing out their thoughts and feelings; and carrying out projects, such as keeping a food record, visiting a hospital Newborn Intensive Care Unit and finding out specific information, or practicing relaxation techniques. The Spanish language version of this publication, *Adolescentes Como Padres: La Jornada de tu Embarazo y el Nacimiento de tu Bebe*, comes with a teacher's guide and a workbook.

PICKETT, O. K. AND STRAUGHN, A. S. (ED.).

**Prenatal care: A resource guide.**

Arlington, VA: National Center for Education in Maternal and Child Health, 1993. 44 pp.

*Contact:* National Maternal and Child Health Clearinghouse, 8201 Greensboro Drive, Suite 600, McLean, VA 22102. Telephone: (703) 821-8955, ext. 254 or 265; fax (703) 821-2098. Available at no charge.

This resource guide contains an annotated list of publications for pregnant women and for health care providers. Topics covered include general information on prenatal care and having a healthy pregnancy, nutrition during pregnancy, breastfeeding, infant care, and avoiding harmful substances. Selected audiovisuals are also listed. The guide includes a list of organizations that can provide additional information, including environmental exposure information centers that can answer questions about exposure to specific substances during pregnancy.

SPINDLE PUBLISHING COMPANY.

**Expectant mother's guide to...**

Pittsburgh, PA: Spindle Publishing Company, 1992–3. 63 pp.

*Contact:* Spindle Publishing Company, 2160 Greentree Road, Pittsburgh, PA 15220. Telephone: (412) 279-9716. Available at no charge.

These booklets are part of a series of localized resource directories published annually for ten metropolitan areas—Chicago, Connecticut, Dallas/Fort Worth, Denver, Houston, Northeast New Jersey, Orange County/Los Angeles, Philadelphia, Pittsburgh, and St. Louis. Each edition outlines local facilities and services available to expectant parents. It also includes medical articles written by professionals in each locality, listings of local hospitals offering maternity facilities, and child care referral agencies.

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES, MATERNAL AND CHILD HEALTH BUREAU.

**Health diary: My baby, myself.**

Rockville, MD: Health Resources and Services Administration, U.S. Department of Health and Human Services, 1992. 82 pp.

*Contact:* National Maternal and Child Health Clearinghouse, 8201 Greensboro Drive, Suite 600, Mclean, VA 22101. Telephone: (703) 821-8955, extension 254; fax (703) 821-2098. Single copies available at no charge.

This diary is designed to help the pregnant woman keep a record of prenatal care and health care of the baby up to the age of two years. Beginning pages contain space for the mother's health history and notes on her symptoms of pregnancy. Subsequent pages explain how to get prenatal care, what to expect at prenatal care visits, and key components of a healthy pregnancy. There is space to make dietary notes, track weight gain, and keep a schedule of prenatal visits. Section one ends with advice on postpartum care and family planning. In section two of this book the mother develops a record of the baby's birth, health care, and early development.

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES, BUREAU OF MATERNAL AND CHILD HEALTH AND RESOURCES DEVELOPMENT.

**Infant care.**

Rockville, MD: Bureau of Maternal and Child Health and Resources Development, U.S. Department of Health and Human Services, 1989. 109 pp.

*Contact:* National Maternal and Child Health Clearinghouse, 8201 Greensboro Drive, Suite 600, McLean, VA 22101. Telephone: (703) 821-8955, ext. 254 or 265; fax (703) 821-2098. Single copies available at no charge.

This booklet is intended to serve as a simple guide for parents who want to make sure their child has a good start in life. The Children's Bureau first published *Infant Care* in 1914. Since then, several hundred million copies have been distributed and it has been translated into several languages. The latest edition of this booklet is designed to present helpful suggestions for care during a baby's first year. The booklet's seven chapters cover preparations for the new baby, growth and development, health, injury prevention, first aid and emergencies, and suggestions for adapting to the changes that a new baby brings to family life.

VIDA HEALTH COMMUNICATIONS AND THE NATIONAL ORGANIZATION OF GYNECOLOGIC, OBSTETRIC AND NEONATAL NURSES.

**Project future: Teenage pregnancy, childbirth and parenting.**

Cambridge, MA: Vida Health Communications, 1991. 6 videotapes (1/2 inch VHS).

*Contact:* Vida Health Communications, 6 Bigelow Street, Cambridge, MA 02139. Telephone: (617) 864-4334. One program $395.00 plus $5.00 shipping, two programs $495.00 plus $7.00 shipping, three programs $595.00 plus $9.00 shipping.

This videotape series was developed as a teaching aid for use by educators and health care professionals working with pregnant and parenting adolescents in hospitals, clinics, high schools, social service agencies, and alternative programs. It follows the lives of 12 adolescent males and females during pregnancy and through the first three months of parenthood. These adolescents tackle the challenging problems confronting all adolescent parents and serve as departure points for introducing practical information about pregnancy, parenting, and future family planning. Topics discussed include prenatal care; general health during pregnancy; the emotional, social, and practical life issues surrounding pregnancy; a guide through labor and delivery documenting an uncomplicated vaginal birth and planned Cesarean delivery; an overview of essential parenting skills; and the changes and challenges following birth.

WETA.

**Nine months.**

Washington, DC: WETA, 1990–91. 24 videotapes, packet of 11 items.

*Contact:* Nancy M. Caliman, Regional Outreach Director, WETA, P.O. Box 2626, Washington, DC

20013. Telephone: (703) 998-2722. Available for loan at public libraries or NCEMCH.

This series of 24 videotapes involves weekly discussions among a group of eight pregnant adults and adolescents. The series was broadcast over WETA, a public broadcasting station in Washington, DC, between November 1990 and April 1991. The program is designed to motivate adults and adolescents to live healthy lifestyles and seek prenatal care during pregnancy. Also available is a prenatal care resource kit which contains a list of phone numbers available to pregnant women in Maryland, Northern Virginia, and the District of Columbia for assistance and consumer materials on pregnancy, birth control, and sexually transmitted diseases.

# PRENATAL AND INFANT NUTRITION

The section contains materials for adolescents and their families and for care providers. The materials discuss nutrition during pregnancy and infant feeding and include general references and references specific to the adolescent.

AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS.

**Nutrition during pregnancy.**

Washington, DC: American College of Obstetricians and Gynecologists, 1992. 12 panels.

*Contact:* American College of Obstetricians and Gynecologists, 409 12th Street, S.W., Washington, DC 20024-2188. Telephone: (800) 762-ACOG. $14.00 per pack of 50.

This 12-panel brochure, developed for consumers, provides current information on nutrition during pregnancy. The components of a healthy diet, based on the four food groups, and basic nutrients such as protein, carbohydrates, fats, vitamins and minerals, and water are discussed. Information on meal planning, proper weight gain during pregnancy, and easing discomforts such as morning sickness, heartburn, and constipation is included. Special concerns are addressed regarding adolescents; vegetarians; breastfeeding women; women who use alcohol, tobacco, and other drugs; and women with lactose intolerance.

AMERICAN DIETETIC ASSOCIATION.

**Position of the American Dietetic Association: Nutrition management of adolescent pregnancy.**

Chicago, IL: American Dietetic Association, 1989. 6 pp.

*Contact:* American Dietetic Association, 216 West Jackson, Chicago, IL 60606. Telephone: (800) 877-1600. Single copies available at no charge.

This article outlines the recommendations of the American Dietetic Association for the nutrition management of the pregnant adolescent. The nutritional requirements of the pregnant adolescent are listed, and strategies to improve nutrition for pregnant adolescents are discussed.

BRADLEY, R. J.

**A model for improving breastfeeding practices and nutrition: A practical guide for the health professional.**

Butte, MT: Community Nutrition Resource Center, 1990. ca. 200 pp.

*Contact:* Rita J. Bradley, Community Nutrition Resource Center, P.O. Box 4511, Butte, MT 59702. Telephone: (406) 723-6387. $30.95 manual, $8.50 sample packet of brochures (24 titles), prepayment required.

This breastfeeding promotion manual was developed to provide a useful guide for implementing a successful breastfeeding program and to serve as a practical tool for the health care professional. The manual provides a plan for action when setting up a program to improve breastfeeding practices, ideas for overcoming barriers to breastfeeding promotion, and steps for gaining broad-based support particularly in working with the medical community. The actual program of care in this project, which was used in Montana by almost 1000 women, is described in detail.

HAWAII DEPARTMENT OF HEALTH, NUTRITION BRANCH.

**Choosing a healthy start.**

Honolulu, HI: Nutrition Branch, Hawaii Department of Health, 1992. 1 videotape (15 minutes), instructional guide.

*Contact:* Food and Nutrition Information Center, U.S. Department of Agriculture, 10301 Baltimore Boulevard, Room 304, Beltsville, MD 20705-2351. Telephone: (301) 504-5719; fax (301) 504-5472. Available on loan.

This videotape was developed for adolescents to learn about nutrition during pregnancy. Topics include healthy food choices, adequate amounts of food to maintain mother's and baby's growth, dangers of substance abuse, remedies for pregnancy discomforts, and breastfeeding. A companion instruction guide provides lessons to help pregnant adolescents develop the basic knowledge and skills needed to make healthy food choices. The guide includes participatory activities, presentation outlines, evaluation instruments, resources, and references. The videotape content is based on input from adolescents and was pre-tested in seven schools.

McKay, C. and Brown, J.

**Hey baby: How to eat and gain right to grow the best baby possible.**

Minneapolis, MN: Regents of the University of Minnesota, 1988. 14 pp.

*Contact:* Division of Epidemiology, University of Minnesota, 1300 South Second Street Suite 300, Minneapolis, MN 55454-1015. Telephone: (612) 626-8604. $4.00 per booklet, $30.00 per videotape, $25 per set of posters, $10 per camera-ready copy of weight gain chart, copies of *Conclusions of an Expert Panel* available at no charge.

This four-part nutrition education kit was designed for pregnant women and the people in their lives that they rely on for emotional support. The kit contains the following items: *A Pregnant Woman's Guide,* a booklet on how to eat right and gain the recommended amount of weight during pregnancy; a two-hour continuous run videotape composed of a repeated 15-minute segment on the importance of eating right and gaining desirable weight during pregnancy; a set of three 17" x 22" black and white glossy posters, *Healthy Babies Don't Just Happen;* and a camera-ready copy of a prenatal weight gain grid depicting recommended prenatal weight gain ranges for women entering pregnancy underweight, normal weight, overweight and obese. Reproductions of *Conclusions of An Expert Panel on Desired Prenatal Weight Gains for Underweight and Normal Weight Women* are also available.

National Academy of Sciences, Committee on Nutritional Status During Pregnancy and Lactation, Subcommittee for a Clinical Application Guide.

**Nutrition during pregnancy and lactation: An implementation guide.**

Washington, DC: National Academy Press, 1992. 133 pp.

*Contact:* National Academy Press, 2101 Constitution Avenue, N.W., Washington, DC 20418. Telephone: (202) 334-3313 or (800) 624-6242. $12.95 plus $3.00 shipping and handling.

This guidebook was written by the Food and Nutrition Board's Subcommittee for a Clinical Application Guide to help physicians, nurses, and other health care providers apply the recommendations made in two previous reports, *Nutrition During Pregnancy* and *Nutrition During Lactation.* This guidebook contains a sample nutrition questionnaire to identify women who may be at nutritional risk; prenatal weight gain recommendations; weight gain charts for pregnant women; a body mass index (BMI) chart; cutoff values for anemia, with adjustments for cigarette smoking and altitude; indications for vitamin/mineral supplementation; and clinical care outlines for the preconceptional visit, the first prenatal visit, follow-up visits, and postpartum visits. Supplementary information includes general strategies for delivering effective care, dietary strategies, and nutrition referrals and resources.

National Academy of Sciences, Committee on Nutritional Status During Pregnancy and Lactation, Subcommittee on Dietary Intake and Nutrient Supplements During Pregnancy, Subcommittee on Nutritional Status and Weight Gain During Pregnancy.

**Nutrition during pregnancy: Part I, Weight gain; Part II, Nutrient supplements.**

Washington, DC: National Academy Press, 1990. 468 pp.

*Contact:* National Academy Press, 2101 Constitution Avenue, N.W., Washington, DC 20418. Telephone: (202) 334-3313 or (800) 624-6242. $34.95 per publication; plus $2.00 shipping and handling.

These reports make weight gain recommendations for pregnant women who are underweight, overweight, and obese. The reports advise that pregnant women who are eating a balanced diet may not need supplemental vitamins and minerals with the possible exception of iron. Recommendations are included for the use of supplements. Also included is information about the effects of caffeine, alcohol, cigarette, marijuana, and cocaine use during pregnancy. The appendices include a body mass index chart, provisional

gestational weight gain charts based on body mass index, and considerations in constructing gestational weight gain charts.

PHILADELPHIA DEPARTMENT OF PUBLIC HEALTH, OFFICE OF MATERNAL AND INFANT HEALTH.

**Healthy foods, healthy baby.**

Philadelphia, PA: Maternal and Infant Health, Philadelphia Department of Public Health, 1989. 28 pp.

*Contact:* National Maternal and Child Health Clearinghouse, 8201 Greensboro Drive, Suite 600, McLean, VA 22102. Telephone: (703) 821-8955, ext. 254 or 265; fax (703) 821-2098. Limited quantities are available at no charge. For quantity orders *Contact:* Public Health Nutritionist, Philadelphia Department of Health, Maternal and Infant Health, 500 South Broad Street, Philadelphia, PA. 19146. Telephone (215) 875-5925.

This booklet provides the pregnant adolescent with nutrition guidelines for pregnancy and solutions to common complaints such as heartburn, constipation and nausea. Examples of healthy foods are listed as alternatives to high-fat, low-nutrient snack foods. Emphasis is placed on the basic four food groups. Also included is a chart promoting healthy weight gain. The information is imparted through a story about friends who develop sound eating habits when they become pregnant.

PHILADELPHIA DEPARTMENT OF PUBLIC HEALTH, OFFICE OF MATERNAL AND INFANT HEALTH.

**Healthy foods, healthy baby: Training manual.**

Philadelphia, PA: Public Health Nutritionists, Philadelphia Department of Public Health, 1991. 47 pp.

*Contact:* Public Health Nutritionists, Maternal and Infant Health, Philadelphia Department of Public Health, Maternal and Infant Health, 500 South Broad Street, Philadelphia, PA 19146. Telephone: (215) 875-5925. $5.00 plus 8 percent shipping and handling.

This training manual is for use by health professionals to conduct staff training and as a reference on how to use *Healthy Foods, Healthy Baby*. The booklet provides the pregnant adolescent with nutrition guidelines for pregnancy and solutions to common complaints such as heartburn, constipation, and nausea. For each prenatal nutrition topic addressed in the booklet, the training manual includes technical background and teaching strategies for persons with low-literacy skills. The manual shows how the entire health care team can use the booklet as an educational tool.

PHILADELPHIA DEPARTMENT OF PUBLIC HEALTH, OFFICE OF MATERNAL AND INFANT HEALTH.

**Healthy foods, healthy baby: The video.**

Philadelphia, PA: Public Health Nutrition, Philadelphia Department of Public Health, n.d. 1 videotape.

*Contact:* Public Health Nutritionists, Maternal and Infant Health, Philadelphia Department of Public Health, Maternal and Infant Health, 500 South Broad Street, Philadelphia, PA 19146. Telephone: (215) 875-5925. Free to publicly funded programs serving prenatal and postpartum women in Philadelphia, $20.00 plus mailing to programs outside Philadelphia.

This is a companion videotape to the *Healthy Foods, Healthy Baby* booklet which provides practical information about nutrition for young pregnant women. The videotape follows two pregnant adolescents, Kim and Maria, as they learn about good nutrition for themselves and their babies.

REES, J.

**Inside my mom.**

White Plains, NY: March of Dimes Birth Defects Foundation, 1991. 1 videocassette (9:18 minutes, 1/2 or 3/4 inch VHS) or set of slides, teaching guide, poster.

*Contact:* March of Dimes Birth Defects Foundation, Professional Services Department, 1275 Mamaroneck Avenue, White Plains, NY 10605. Telephone: (914) 428-7100. Slide set $15.00, videotape $35.00.

This videotape was developed for expectant adolescent parents to learn basic nutritional health during pregnancy. It uses cartoon animation and live action to offer sound nutritional advice in a humorous, entertaining manner. The narrator, a talking fetus, makes it clear that it shares everything with its mother, including food, activity, and lifestyles. Fad diets, snacking patterns, and the use of caffeine, cigarettes, alcohol, and drugs are discussed. The kit is available in English and Spanish.

STORY, M. (ED.).

**Nutrition management of the pregnant adolescent: A practical reference guide.**

Alexandria, VA: U.S. Department of Agriculture, 1990. 182 pp.

*Contact:* March of Dimes Birth Defects Foundation, Professional Services Department, 1275 Mamaroneck Avenue, White Plains, NY 10605. Telephone: (914) 428-7100. $5.00 (shipping and handling included).

This manual was written for health care providers and educators involved in the care of pregnant adolescents. It focuses on clinical application of current

knowledge emphasizing assessment, counseling approaches, and strategies to promote dietary change and adequate weight gain. This manual was developed by a multidisciplinary planning committee through the joint efforts of the U.S. Department of Health and Human Services, the U.S. Department of Agriculture, and the March of Dimes Birth Defects Foundation.

U.S. DEPARTMENT OF AGRICULTURE, NATIONAL AGRICULTURAL LIBRARY, FOOD AND NUTRITION INFORMATION CENTER.

**Adolescent pregnancy and nutrition.**

Beltsville, MD: Food and Nutrition Information Center, U.S. Department of Agriculture, 1991.

*Contact:* Food and Nutrition Information Center, National Agricultural Library, 10301 Baltimore Boulevard, Room 304, Beltsville, MD 20705. Telephone: (301) 504-5719. Available at no charge.

These fact sheets provide brief reading lists of resources on adolescent pregnancy and nutrition. They include print and audiovisual materials and contacts for assistance. The fact sheets are available in different versions for consumers, teachers, and health professionals.

U.S. DEPARTMENT OF AGRICULTURE, NATIONAL AGRICULTURAL LIBRARY, FOOD AND NUTRITION INFORMATION CENTER, AND NATIONAL ASSOCIATION OF WIC DIRECTORS.

**Nutrition education resource guide: An annotated bibliography of educational materials for the WIC and CSF programs.**

Beltsville, MD: Food and Nutrition Information Center, U.S. Department of Agriculture, 1991. 146 pp.

*Contact:* Food and Nutrition Service, Supplemental Food Programs Division, U.S. Department of Agriculture, 3101 Park Center Drive, Room 540, Alexandria, VA 22302. Telephone: (703) 504-5719. Single copy available at no charge.

This resource guide lists nutrition education materials suitable for use with participants in the Special Supplemental Food Program for Women, Infant and Children (WIC) and Commodity Supplemental Food Program (CSF). The guide includes descriptions of materials selected according to evaluation criteria developed by the Food and Nutrition Information Center, National Association of WIC Directors, and USDA's Food and Nutrition Service. The book is divided into the following sections: pregnancy, breastfeeding, infant feeding, feeding the young child, program participants, and program outreach.

WORTHINGTON-ROBERTS, B., AND WILLIAMS, S. R.

**Nutrition in pregnancy and lactation (4th edition).**

St. Louis, MO: C. V. Mosby Company, 1989. 510 pp.

*Contact:* C. V. Mosby Company, 11830 Westline Industrial Drive, Saint Louis, MO 63146. Telephone: (800) 325-4177; fax (314) 872-8370. $21.95 plus $3.50 shipping and handling, 10 percent discount for orders of 10 books or more.

This comprehensive textbook on maternal nutrition and lactation provides information on nutrient deficiencies and excesses during pregnancy, kilocalorie requirements of pregnancy, weight gain guidelines for various subgroups of pregnant women, hyperemesis gravidarum, maternal diabetes mellitus, PKU, human milk composition, and adolescent pregnancy.

# Substance Use During Pregnancy

This section contains a sampling of materials about substance abuse prevention; pregnancy and postpartum substance abuse and effects on the fetus, infant, and mother; and the relationship between adolescent substance abuse and other high-risk behaviors such as pregnancy and school failure.

American Council for Drug Education.

**Chasin' life.**

Rockville, MD: American Council for Drug Education, 1993. 1 videotape (13 minutes), 1 flyer (2 pp.).

*Contact:* American Council for Drug Education, 204 Monroe Street, Rockville, MD 20850. Telephone: (301) 294-0600 or (800) 488-DRUG. Purchase, $200 plus $1.75 shipping and handling; rental, $50.00 for five days.

This videotape was developed for women of childbearing age who may be at risk for abuse of alcohol or other drugs. It describes how substance abuse affects the lives of pregnant women and their babies. The videotape features Roxanne, a young pregnant woman who becomes addicted to drugs, and her friend Denisse, whose life is positive and drug-free. Personal experiences of women in recovery and helpful information and recommendations by social workers are highlighted. During the program, Roxanne moves from drug use to drug dependency, and finally to treatment and recovery. A companion discussion guide talks about the videotape's messages, recaps the effects of alcohol and other drugs on pregnancy, and contains questions (and suggested answers) which are often raised during pregnancy.

Barkson, K., and Strong, S.

**Turning points: A resource guide on teenagers, alcohol, other drugs and pregnancy.**

Madison, WI: Wisconsin Clearinghouse, 1990. 32 pp.

*Contact:* Wisconsin Clearinghouse, University of Wisconsin-Madison, P.O. Box 1468, Department C, Madison, WI 53701-1468. Telephone: (800) 322-1468. $7.95 plus 10 percent shipping and handling ($1 minimum). Wisconsin residents add 5 percent sales tax.

This resource guide was developed to assist health care professionals and others who work with pregnant adolescents. It provides practical techniques to reach, educate, and motivate pregnant adolescents and adolescent parents on the adverse effects of alcohol and other drugs. The guide also includes information about strategies to help build self-esteem and improve decision-making and communication skills; and tips for intervention with and counseling pregnant adolescents. The resource section lists information centers, clearinghouses, and print and audiovisual materials.

Cook, P. S., Petersen, R. C., and Moore, D. T.

**Alcohol, tobacco, and other drugs may harm the unborn.**

Rockville, MD: Office for Substance Abuse Prevention, U.S. Department of Health and Human Services, 1990. 80 pp.

*Contact:* National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20852. Telephone: (301) 468-2600 or (800) 729-6686. Single copies available at no charge.

This booklet contains the most recent findings of basic research and clinical studies conducted on the effects of alcohol, tobacco, and other drugs on the unborn child, the pregnant woman, and the infant after birth through lactation. It provides an overview of almost 300 scientific books and articles on perinatal drug exposure. The booklet is written for health care providers and others working with young women of childbearing age, volunteers active in the prevention and early intervention of drug abuse, and for women of childbearing age and their partners.

Kronstadt, D.

**Substance abuse during pregnancy—Impact on mothers and children: A guide to resources.**

Chevy Chase, MD: The CDM Group, Inc., 1990. 49 pp.

*Contact:* Patricia Green, The CDM Group, Inc., 5530 Wisconsin Avenue, N.W., Suite 1660, Chevy Chase, MD 20815. Telephone: (301) 654-6740; fax (301) 656-4012. Available at no charge.

This resource guide was written for service providers who intervene or are planning to intervene with mothers of young children and pregnant women who abuse alcohol and other drugs. The guide provides an overview of pregnancy and substance abuse, a review of the research on the impact of various drugs on mothers and children, and a discussion of intervention

and treatment issues. An annotated listing of organizations and materials that are available to assist providers in meeting their clients' diverse needs is included.

OTTNEY, J. R.

**Fetal alcohol syndrome facts and choices: A guide for teachers (2nd edition).**

Madison, WI: Wisconsin Clearinghouse, University of Wisconsin, 1991. 114 pp.

*Contact:* Wisconsin Clearinghouse, University of Wisconsin, 315 North Henry Street, Madison, WI 53703. Telephone: (608) 263-2797. $29.95.

This updated guide provides information and tools for educators to use in fetal alcohol syndrome (FAS) and fetal alcohol effects (FAE) prevention programs for adolescents. Program activities emphasize delivering basic information, and investigating attitudes and behaviors regarding alcohol, women, pregnancy, and birth defects. The guide is divided into several sections: introduction to the guide and program presentations; background information on FAS and FAE; instructor's guide for presenting activities; supplementary information on questions that may be raised; additional resources including pamphlets, audiovisuals, books, and contacts in Wisconsin; glossary of terms; and student worksheets. The instructor's guide includes all the necessary information to present three days of programs on FAS and FAE, including objectives, instructions, and overheads for presenting the activities. The student worksheets are printed for easy reproduction.

PINELO, D. B., AND REISCHMAN, G.

**Pregnant/postpartum women and their infants: Prevention resource guide.**

Rockville, MD: National Clearinghouse for Alcohol and Drug Information, 1991. 29 pp.

*Contact:* National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20852. Telephone: (301) 468-2600 or (800) 729-6686. Available at no charge.

This guide provides facts and figures on substance abuse among pregnant and postpartum women and its effect on their infants. It lists curricula, booklets, and other materials that are scientifically accurate, appropriate for the target audience, and conform to public health principles. Resources include studies, articles, and reports on substance using and/or at-risk pregnant and postpartum women and their infants, and names of groups, organizations, and programs which deal with this population.

SELECT MEDIA.

**She's pregnant and she's a junkie.**

New York, NY: Select Media, 1993. 1 videotape (43 minutes).

*Contact:* Select Media, 74 Varick Street, Suite 303, New York, NY 10013. Telephone: (212) 431-8923. $165 plus $10 shipping and handling.

This videotape documents the lives of three pregnant drug addicts and the support network of care providers and family members who treat them and their newborns. It raises the complex issues and challenges of meeting the health, social, and educational needs of drug-affected families. The videotape was developed for general audiences and professionals involved with substance abuse rehabilitation, prevention, and treatment.

U.S. DEPARTMENT OF AGRICULTURE, FOOD AND NUTRITION SERVICE.

**Pregnant? Drugs and alcohol can hurt your unborn baby.**

Alexandria, VA: Supplemental Food Programs Division, U.S. Department of Agriculture, 1990. 1 brochure, 1 poster.

*Contact:* Tama Eliff, Supplemental Food Programs Division, Food and Nutrition Service, U.S. Department of Agriculture, 3101 Park Center Drive #540, Alexandria, VA 22304. Telephone: (703) 305-2730. Available in limited quantities at no charge.

This brochure and poster were designed for participants in the Special Supplemental Food Program for Women, Infants and Children (WIC) and emphasizes the hazards of using drugs, alcohol, and other harmful substances during pregnancy. Photographs, charts, and descriptive stories emphasize the seriousness of these issues.

U.S. GENERAL ACCOUNTING OFFICE.

**Teenage drug use: Uncertain linkages with either pregnancy or school dropout.**

Washington, DC: U.S. General Accounting Office, 1991. 51 pp.

*Contact:* U.S. General Accounting Office, P.O. Box 6015, Gaithersburg, MD 20884-6015. Telephone: (202) 512-6000; fax (301) 258-4066. First five copies available at no charge, additional copies $2.00 prepaid. Make check payable to Superintendent of Documents.

This congressional briefing report provides recent information on the relationship between adolescent drug use and either pregnancy or dropping out of school. The report describes data on trends for each of the three problems, and presents research related to how they may be linked. The report emphasizes

that efforts to strengthen family relationships may be especially important. Implications for drug education and research are presented.

UNIVERSITY OF HOUSTON, ADOLESCENT HEALTH PROMOTION PROJECT.

**Teachers manual.**

Houston, TX: Adolescent Health Promotion Project, University of Houston, 1990. ca. 200 pp.

*Contact:* Dr. Richard I. Evans, Department of Psychology, University of Houston, Houston, TX 77204-5341. Telephone: (713) 749-3152. $10.00 (shipping and handling included).

This curriculum contains 10 lesson plans designed to present junior and senior high school students with factual information about commonly abused substances and strategies for handling social pressures to use these substances. The program provides adolescents with practical knowledge about where, when, and how to seek help for problems which concern substance abuse and a variety of other problems such as child abuse, adolescent pregnancy, and sexually transmitted diseases. There are two major components in the curriculum: the community-related component and the curriculum component.

WASHINGTON DEPARTMENT OF SOCIAL AND HEALTH SERVICES, DIVISION OF ALCOHOL AND SUBSTANCE ABUSE.

**Treatment protocol for chemical-using pregnant women.**

Olympia, WA: Washington Department of Social and Health Services, 1990. 65 pp.

*Contact:* Mary Ann LaFazia, Division of Alcohol and Substance Abuse, Washington Department of Social and Health Services, Mail Stop OB-21W, Olympia, WA 98504. Telephone: (206) 586-2273. Available at no charge.

This manual delineates the protocol adopted by the state of Washington for treatment of pregnant women who are substance users. The manual also contains a listing of treatment providers throughout the state.

WEINER, S. M.

**Perinatal impact of substance abuse.**

White Plains, NY: March of Dimes Birth Defects Foundation, 1992. 59 pp.

*Contact:* March of Dimes Birth Defects Foundation, Professional Services Department, 1275 Mamaroneck Avenue, White Plains, NY 10605. Telephone: (914) 428-7100. $10.00, prepayment required.

This book provides a brief overview of perinatal substance abuse. It provides information to assist the health professional recognize drug-dependent pregnant women and to better understand the scope of the problem, as well as the impact that drug use has on the woman's socioeconomic, psychosocial, and medical status. It addresses treatment strategies and the role of the nurse as advocate, caregiver, and member of an interdisciplinary team.

# PARENTING AND CHILD CARE

This section contains materials appropriate for adolescents and for program developers and care providers. Included are materials about special support programs for adolescent parents, effects of adolescent parenting on the family structure, legal and policy issues involving child support and paternity, education and job training programs for adolescent parents, how to develop parenting skills, and adolescent fathers.

### Growing together.

Louisville, KY: AGS Media, 1992. 6 videotapes, leader's manual, black-line masters, posters.

*Contact:* AGS Media, American Guidance Service, 4201 Woodland Road, P.O. Box 99, Circle Pines, MN 55014-9989. Telephone: (800) 328-2560; fax (612) 786-9077. $249.95.

This series of six videotapes was designed for adolescents and other young parents to teach basic parenting skills. It was developed for use in family resource centers, residential programs, high school guidance programs, and adolescent parenting programs. Topics include how to develop self esteem; safety; child nutrition and health; and child physical, social, and emotional development. The leader's manual provides an outline of each videotape and a variety of strategies for learning and practicing positive behaviors. Support materials include reproducible black-line masters to help adolescent parents implement behaviors promoted in the videotapes.

### Mom's the word.

Salt Lake City, UT: The Cameron Group, n.d. 2 cassette tapes

*Contact:* Mom's the Word, c/o The Cameron Group, 573 East Julep Drive, Salt Lake City, UT 84107. Telephone: (801) 265-1025. $28.99 per set of two tapes, discounts available for more than 25 sets, prepayment required.

This audiotape set was developed for adolescent parenting programs in hospitals, agencies, and schools to use with young parents. The tapes contain music and dialogue about being a mom and taking care of a baby. It covers each six-month period of a baby's life to age two years and provides information on basic infant and child care, child development, safety, and discipline.

ABRAHAMSE, A. F., MORRISON, P. A., AND WAITE, L. J.

### Beyond stereotypes: Who becomes a single mother?

Santa Monica, CA: Rand Corporation, 1988. 88 pp.

*Contact:* Rand Corporation, 1700 Main Street, P.O. Box 2138, Santa Monica, CA 90407-2138. Telephone: (310) 393-0411. $7.50 plus $3.00 shipping and handling, prepayment required.

This report examines the level of adolescent fertility outside of marriage. It focuses on three broad questions: What background characteristics determine adolescents' risk of becoming single mothers, do family and religious influences temper those risks, and what influences may further modify risks? The study findings suggest that programs aimed at lowering adolescent fertility need to be tailored to specific groups of girls, reflecting the group's particular characteristics and the influences that affect them most.

ADAMS, G., AND PITTMAN, K.

### Adolescent and young adult fathers: Problems and solutions.

Washington, DC: Children's Defense Fund, 1988. 31 pp.

*Contact:* Children's Defense Fund, 25 E Street, N.W., Washington, DC 20001. Telephone: (202) 628-8787; fax (202) 662-3510. $4.50.

This report summarizes data on what is known about adolescent fathers, highlights relevant child support issues, provides suggestions for strengthening the tie between biological fatherhood and responsible fatherhood, and profiles innovative programs and initiatives from across the country designed to address the needs of young fathers. A resource list includes selected research reports, resource guides, newsletters, and audiovisual materials available nationally.

ADAMS, G., AND WILLIAMS, R.

### Sources of support for adolescent mothers.

Washington, DC: Congressional Budget Office, U.S. Congress, 1990. 94 pp.

*Contact:* Congressional Budget Office, U.S. Congress, Ford House Office Building, Fourth Floor, Washington, DC 20515. Telephone: (202) 226-2809. Available at no charge.

This report examines the sources of private and public support used by adolescent mothers and considers the

various policies that might be used to address the social and economic problems of young mothers and their children. Private sources of support discussed include assistance from parents, other relatives, husbands, the child's father, and self-support. Public sources of support discussed include assistance in the form of cash payments, in-kind aids such as food stamps, and services. This section also focuses on the Aid to Families with Dependent Children (AFDC) program and outlines patterns of receipt of cash assistance. The report concludes with an examination of the economic well-being of young mothers and then presents an overview of ways in which government policies might address the problems associated with adolescent motherhood. The study was conducted by the Human Resources and Community Development Division, Congressional Budget Office.

ARNOLD SHAPIRO PRODUCTION.

**Look who's balking: The baby who wouldn't come out.**

Santa Monica, CA: Pyramid Film and Video, 1992. 17 min.

*Contact:* Pyramid Film and Video, 2801 Colorado Avenue, Santa Monica, CA 90404. Telephone: (800) 421-2305 or (213) 828-7577. $195.00 plus $5.00 shipping and handling. Add $2.00 for each item.

This videotape was developed as an introduction to parenthood for adolescents and young adults. The videotape begins in a delivery room where a mother has been in labor for five days. The baby (voice of Henry Winkler) speaks from the womb, refusing to be born until its parents promise to raise it right. The infant takes its parents through a crash course in prenatal care, infant health care, discipline, and self-esteem before making its long-awaited appearance. Other issues addressed include the cost of child-rearing and the importance of parenting classes and support groups.

ASSOCIATION OF MATERNAL AND CHILD HEALTH PROGRAMS.

**Adolescent fathers: Directory of services.**

Washington, DC: National Center for Education in Maternal and Child Health, 1991. 147 pp.

*Contact:* Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax (703) 524-9335. Available for loan.

This national directory was developed to provide health professionals with information on program services for adolescent fathers. The directory includes a description of 114 programs with information on program services, funding, populations served, staffing, program location, and outreach methods. All program descriptions contain a contact name, address, and phone number. The directory is organized by state and indexed by project title, geographical region, and types of services provided. This directory represents a collaborative effort between the Association of Maternal and Child Health Programs, the School of Public and Environmental Affairs at Indiana University, the National Center for Education in Maternal and Child Health, and the Maternal and Child Health Bureau.

BROWN, S.

**If the shoes fit: Final report and program implementation guide of the Maine Young Fathers Project.**

Portland, ME: National Child Welfare Resource Center for Management and Administration, 1990. 110 pp.

*Contact:* Terry Seymour, National Child Welfare Resource Center for Management and Administration, University of Southern Maine, 96 Falmouth Street, Portland, ME 04103. Telephone: (207) 780-4430. $15.00 plus $1.50 shipping and handling.

This publication contains the final report and program implementation guide for the Maine Young Fathers Project. The project was a two-and-a-half-year demonstration research project funded by the National Center on Child Abuse and Neglect and focused exclusively on young fathers of children born to adolescent mothers. Clients included any father up to the age of 24 years who voluntarily chose to participate. The report provides information on project design development, demonstration site selection, demonstration model implementation, accomplishments, program outcomes, and recommendations. Appendices include Maine's Young Fathers Project Intake Form, Goal Attainment Scale, Mentor Survey, linkage agreement forms, case plan agreement, and site review packet.

CAHILL, M., WHITE, J. L., LOWE, D., AND JACOBS, L. E.

**In school together: School-based child care serving student mothers: A handbook.**

New York, NY: Academy for Educational Development, Inc., 1987. 134 pp.

*Contact:* Academy for Educational Development, Inc., 1255 23rd Street, Washington, DC 20037. Telephone: (202) 862-1900; fax (202) 862-1947. $15.00, prepayment required.

This guide provides practical research-based guidance to practitioners for developing educational programs

for adolescent parents and their children. Beyond reviewing the literature, in-depth studies were conducted at six child care centers across the country to provide background and insights on organization, program design, and implementation of child care in school-based settings. The handbook provides an overview of the need for school-based support programs, strategies for identifying and obtaining support from the community, and available resources for planning programs. In addition, program design, staffing, site and space allocation, policies, funding, management, evaluation, and program content issues are highlighted.

CENTER FOR LAW AND PUBLIC POLICY.

**Teens and the Family Support Act.**

Washington, DC: Center for Law and Public Policy, 1990. 19 pp.

*Contact:* Center for Law and Public Policy, 1616 P Street, N.W., Suite 350, Washington, DC 20036. Telephone: (202) 328-5140. Yearly subscription $20.00, single issues $5.00.

The January 1990 issue of *Family Matters* focuses on the vital components of adolescent parent education programs and identifies the problems schools experience in meeting adolescent parent needs. It examines adolescents and child support and special concerns regarding with the Family Support Act. The Teen Alternative Parenting Program (TAPP) in Marion County, Indiana, is featured as a model program for adolescent fathers and child support demonstration. Adolescent parent and child support resources are highlighted.

CENTER FOR THE SUPPORT OF CHILDREN.

**Guide to child support programs, resources and publications for professionals serving adolescents and young families.**

Washington, DC: Center for the Support of Children, 1991. 79 pp.

*Contact:* Center for the Support of Children, 5315 Nebraska Avenue, N.W., Washington, DC 20015. Telephone: (202) 363-5923. $25.00.

This resource directory was developed for child support enforcement agencies and youth and family service agencies to help adolescent parents meet their family responsibilities. It includes an annotated listing of public and private organizations with descriptions of model programs which illustrate effective provision of services to adolescent fathers. An annotated bibliography of books, journal articles, newsletters, and curricula on topics related to paternity, child support, and adolescent parenting is provided.

CENTER FOR THE SUPPORT OF CHILDREN, CHILD SUPPORT TECHNOLOGY TRANSFER PROJECT.

**The changing face of child support enforcement: Incentives to work with young parents.**

Washington, DC: Office of Child Support Enforcement, U.S. Department of Health and Human Services, 1990. 116 pp.

*Contact:* Office of Child Support Enforcement Reference Center, Administration for Children and Families, 370 L'Enfant Promenade, S.W., Mail Stop OCSE/RC, Washington, DC 20447. Telephone: (202) 401-5752. Available at no charge.

This report explains the focus of the Family Support Act of 1988. It provides a profile of adolescent mothers and fathers, emphasizing the differences from the adults typically served by Child Support Enforcement Programs. Administrative and legal solutions that agencies and programs have developed to address unique child support issues of young mothers and fathers are presented. Examples of model programs implemented across the country to help young fathers acquire the skills and resources needed to become able supporters of their families are highlighted. The report is designed for state and county child support agency staff, policymakers, attorneys, court administrators, and social service agency staff dealing with child support and related program development issues.

FRANCIS, J., AND MARX, F.

**Learning together: A national directory of teen parenting and child care programs.**

Wellesley, MA: Center for Research on Women, Wellesley College, 1989. 196 pp.

*Contact:* Teen Parent Project, Center for Research on Women, Wellesley College, Wellesley, MA 02181-8259. Telephone: (617) 235-0320. $20.00, prepayment required.

This directory identifies and describes adolescent parenting and child care programs nationwide. The programs profiled in the directory illustrate the range of services necessary to support adolescent parents including enhanced parenting skills, transportation, counseling, childcare, and job training. The programs are organized by regions, listing program descriptions alphabetically by state within each region. Appendices include key state contacts, resource organizations, and a bibliography on program development and evaluation.

FRANCIS, J., AND MARX, F.

**Learning together: Proceedings of the national conference of teen parenting and childcare programs.**

Wellesley, MA: Center for Research on Women, Wellesley College, 1990. 97 pp.

*Contact:* Teen Parent Project, Center for Research on Women, Wellesley College, Wellesley, MA 02181-8259. Telephone: (617) 235-0320. $15.00, prepayment required.

This publication contains the proceedings from the Learning Together 1990 conference which brought together program administrators, policymakers, consultants, and funders to share information on successful program models, local and state policy initiatives, and advocacy efforts related to adolescent parenting. The conference plenary sessions and workshops addressed the following issues: developing competence and quality in adolescent parenting and child care programs; developing partnerships with corporate, philanthropic, and community funders to improve adolescent pregnancy prevention; developing national, state, and local policy; coalition building and networking; and highlights from successful programs.

FURSTENBERG, F. F., BROOKS-GUNN, J., AND MORGAN, S. P.

**Adolescent mothers in later life.**

Port Chester, NY: Cambridge University Press, 1990. 204 pp.

*Contact:* Order Department, Cambridge University Press, 110 Midland Avenue, Port Chester, NY 10573. Telephone: (914) 937-9600. Hard cover $34.50, soft cover $15.95.

This book presents an account of a 17-year follow-up study of adolescent mothers enrolled in a 1966 evaluation of a comprehensive care program located in a community-based medical center in Baltimore. The follow-up study attempts to explain differences in the life course of the young mothers as they enter their thirties, and as their children become adolescents. The content of the book includes: reassessing adolescent parenthood, pathways to success in adulthood, the children's experience, the intersecting life courses of adolescent mothers and their children, and implications for public policy.

GARNER, B.

**WorkWise: A career awareness course for teen mothers and others (revised edition).**

Charlotte, NC: Kidsrights, 1993.

*Contact:* Kidsrights, 10100 Park Cedar Drive, Charlotte, NC 28210. Telephone: (800) 892-5437. $29.95 teacher's manual, $24.95 student manual.

This curriculum was developed for programs serving adolescent mothers to guide them through the process of developing life skills and career goals. It can be used either as a self-contained manual or as a reference guide. Individual lessons, which include learning objectives and student activities, are designed to provide flexible and useful guidelines to teachers with varying levels of teaching experience. Lessons also include suggestions for speakers, videotapes, other manuals, and teaching tips and procedures. The *WorkWise Student Workbook* includes practical exercises and journal assignments, designed to enhance the topics presented.

GRAVELLE, K., AND PETERSON, L.

**Teenage fathers.**

New York: Julian Messner, 1992. 102 pp.

*Contact:* Julian Messner, Simon and Schuster, 200 Old Tappan Road, Westwood, NJ 07675. Telephone: (800) 223-2336; fax (800) 445-6991. $5.95 plus shipping and handling.

This book presents the stories of 13 adolescent fathers, demonstrating a wide range of responses to parenthood. African-American, white, and Hispanic males are represented about equally. They come from both inner city and suburban areas. A few appear to fit the stereotype of irresponsible young men, wanting little to do with their children. In contrast, others are devoted fathers, truly enjoying their children and the experience of parenthood. Others fall somewhere in between, struggling against significant obstacles to be the kind of fathers they want their children to have. This book is intended for an adolescent audience.

Hale, S.

**Child mothers: A photographic essay.**

Hartford, CT: Connecticut Association for Human Services, 1989. 79 pp.

*Contact:* Connecticut Association for Human Services, 880 Asylum Avenue, Hartford, CT 06105. Telephone: (203) 522-7762. $21.95.

This photographic essay follows the lives of 10 pregnant adolescents living in urban areas and rural towns. The photographs and personal statements by the adolescent females, their partners, and parents, cap-

ture their stories during the course of their pregnancies and for three to four years after the births of their children.

HILL, S.

**Babies on buses: Lessons for initial implementation of the JOBS teenage parent provisions.**

Washington, DC: Center for Law and Social Policy.

*Contact:* Center for Law and Social Policy, 1616 P Street, N.W., Suite 450, Washington, DC 20036. Telephone: (202) 328-5140; fax (202) 328-5195. $12.00, prepayment preferred.

This report examines the Jobs Opportunities and Basic Skills (JOBS) Training Program and the implementation of adolescent parent programs. It includes a synopses of six states and one county's approach to adolescent parent programs and describes activities developed in response to adolescent parent needs.

INTERMEDIA, INC.

**You're in the picture: Stories of teen dads.**

Seattle, WA: Intermedia, 1990. 1 videotape (VHS, 23 minutes), brochure (1 p.), 4 additional learning sheets.

*Contact:* Intermedia, 1300 Dexter Avenue North, Seattle, WA 98109. Telephone: (800) 553-8336 or (206) 284-2995. $198.00 plus $8.00 shipping and handling.

This videotape focuses on the experience of four young men who have become adolescent fathers, highlighting the realities of pregnancy and parenting. It helps provide some of the answers to adolescent fatherhood, and shows how responsible dads have chosen to be in the picture. Underlying the prevention message in this videotape is a messsage of concern that adolescent fathers are overlooked in adolescent pregnancies.

LEACH, P.

**Your baby and child from birth to age five.**

New York, NY: Alfred A. Knopf, 1992. 553 pp.

*Contact:* Alfred A. Knopf, 400 Hahn Road, Westminster, MD 21157. Telephone: (800) 733-3000. $16.95 paper, $24.95 cloth.

This book provides a guide to child care and development for parents and child care providers. It discusses the psychological, emotional and physical well-being of children. It describes what is happening to a child, what the child is doing, feeling, and experiencing from birth to kindergarten. Topics include feeding, toilet training, teething, sleeping patterns, creating a safe and comfortable environment, crawling and walking, getting along with other children, loving and spoiling, and beginning school.

LINDSAY, J. W.

**Do I have a daddy?: A story about a single-parent child, with a special section for single mothers and fathers.**

Buena Park, CA: Morning Glory Press, 1990. 46 pp.

*Contact:* Morning Glory Press, 6595 San Haroldo Way, Buena Park, CA 90620. Telephone: (714) 828-1998. $12.95 hardcover, $5.95 paper, One free Study Guide. Postage $2.50 for orders up to $24.95; add 10% for orders over $25.00. CA residents add 7.7 percent sales tax.

This book is a picture book for young children in which a single mother explains to her young son that his daddy left soon after he was born. It includes a section aimed at single parents that discusses various issues such as the importance of honesty, stressing positive points, the right time to talk, dealing with the totally-absent father, and what to do if daddy returns.

LINDSAY, J. W.

**School-age parents: The challenge of three-generation living.**

Buena Park, CA: Morning Glory Press, 1990. 224 pp.

*Contact:* Morning Glory Press, 6595 San Haroldo Way, Buena Park, CA 90620-3748. Telephone: (714) 828-1998. $17.95 hardcover, $10.95 paper, $2.50 Study/Discussion Guide and Teacher's Guide, additional copies of Study Guide $1 or 10/$7.50. Postage $2.50 for orders up to $24.95; add 10% for orders over $25.00. CA residents add 7.7 percent sales tax.

This book was written for families adjusting to their new roles when their adolescent becomes a young parent. It is based upon the author's clinical experiences as the coordinator of a southern California school-based program for pregnant and parenting adolescents, and upon intensive interviews with 28 three-generation families from across the country. The Teachers/Leader's Guide was developed to be used with support groups for parents of adolescent parents. The Study/Discussion Guide provides independent exercises for adolescent parents to gain a better understanding of the family issues presented.

LINDSAY, J. W.

**You can help pregnant and parenting teens: Book 1: Teacher's guide for teens parenting four-book series.**

Buena Park, CA: Morning Glory Press, 1991. 52 pp.

**You can help pregnant and parenting teens: Book 2: Curriculum guide for teens parenting series.**

Buena Park, CA: Morning Glory Press, 1992. 192 pp.

*Contact:* Morning Glory Press, 6595 San Haroldo Way, Buena Park, CA 90620-3748. Telephone: (714) 828-1998; fax (714) 828-2049. Book 1 $7.95, Book 2 $24.95. Postage $2.50 for orders up to $24.95; add 10% for orders over $25.00. CA residents add 7.7 percent sales tax.

These two resource guides were written to assist classroom and independent study teachers using the four workbook *Teen Parenting* series for educating adolescent parents. Book 1 provides an answer key and quizzes for the material covered in the series. Book 2 provides a variety of teaching ideas to use with the workbook series including small and large group activities, discussion starters, projects, parent/adolescent activities, speaker and videotape suggestions, and student objectives. It also includes an annotated bibliography of resource materials for use with pregnant and parenting adolescents and for those who work with them.

LINDSAY, J. W., ET AL.

**Teen parenting series.**

Buena Park, CA: Morning Glory Press, 1991.

*Contact:* Morning Glory Press, 6595 San Haroldo Way, Buena Park, CA 90620-3748. Telephone: (714) 828-1998. For each publication $15.95 hardcover, $9.95 paper; Teacher's Guide $5.95, Student Workbook $2.50. Postage $2.50 for orders up to $24.95; add 10% for orders over $25.00. CA residents add 7.7 percent sales tax.

This series of books and workbooks are a how-to guide for pregnant and parenting adolescents. The books are written at a sixth grade reading level with photographs and quotes from adolescents. The workbooks are designed to help adolescents understand the material presented in the book through answering questions, writing out their thoughts and feelings, and carrying out projects. *Your Pregnancy and Newborn Journey* focuses on prenatal health, labor and delivery, and postpartum issues. A Spanish language version of this publication, *Adolescentes Como Padres: La Jornada de tu Embarazo y el Nacimiento de tu Bebe* and easier reading edition (GL3) are also available. *Your Baby's First Year* provides advice and helpful suggestions on breast/bottlefeeding, crying, preparing solid food, child-proofing homes, health care, and playing games with babies. *Discipline from Birth to Three* discusses preventing and dealing with baby and toddler discipline problems. The *Challenge of Toddlers* focuses on caring for one- to three-year-old children including nutrition, sleep, language development, health and safety, and activities of toddlers.

MARX, F.

**Learning together: A supplement to the national directory of teen parenting and childcare programs.**

Wellesley, MA: Center for Research on Women, Wellesley College, 1991. 189 pp.

*Contact:* Teen Parent Project, Center for Research on Women, Wellesley College, Wellesley, MA 02181-8259. Telephone: (617) 235-0320. $30.00.

This supplement to *Learning Together* adds 132 new programs and includes profiles of state initiatives addressing adolescent pregnancy and parenthood. The programs included in this publication illustrate the range of services needed to help adolescent parents become competent and self-sufficient adults. Program descriptions are written to be used by national, state, and local policymakers and public and private service providers.

OHIO DEPARTMENT OF EDUCATION.

**Adolescent parent resource guide (2 vols.).**

Columbus, OH: Ohio State University, 1989. 1343 pp.

*Contact:* Instructional Materials Lab, Ohio State University, 1900 Kenny Road, Columbus, OH 43210. Telephone: (800) 848-4815. $78 plus 10 percent shipping and handling.

This two-volume teaching guide was developed to assist educators in meeting the needs of pregnant and parenting adolescents. The guide addresses both content and process. The content focuses on developing a positive self-esteem, having a healthy pregnancy, parenting, and achieving economic independence. The process is that of practical reasoning—problem solving by using reliable information, considering alternatives, and judging consequences in terms of ethical standards.

OOMS, T.

**Encouraging fathers to be responsible: Paternity establishment, child support and JOBS strategies.**

Washington, DC: American Association for Marriage and Family Therapy, Research and Education Foundation, 1990. 27 pp.

*Contact:* Theodora Ooms, Director, Family Impact Seminar, American Association for Marriage and Family Therapy, Research and Education Foundation, 1100 Seventeenth Street, N.W., Tenth Floor, Washington, DC 20036. Telephone: (202) 467-5114. $10.00 (shipping and handling included).

This report examines the failure of a large majority of absent fathers to pay child support. It identifies six possible points of intervention to encourage unwed fathers to be responsible including: preparation for fatherhood, prenatal care, birth registration, paternity adjudication process, child support awards and collection, and enhancing income through Jobs Opportunity and Basic Skills (JOBS) type programs.

OOMS, T., AND HERENDEEN, L.

**Young unwed fathers and welfare reform.**

Washington, DC: American Association for Marriage and Family Therapy, Research and Education Foundation, 1988. 12 pp.

*Contact:* Family Impact Seminar, American Association for Marriage and Family Therapy, Research and Education Foundation, 1100 Seventeenth Street, N.W., Tenth Floor, Washington, DC 20036. Telephone: (202) 467-5114. $10.00 (shipping and handling included).

This report examines the implications of the Family Support Act of 1988 for young unwed fathers. Key features of the law which would have a significant impact on the problem of welfare dependency are summarized including strengthening child support enforcement through automatic wage-withholding from the absent parent, requiring states to use uniform guidelines for setting child support awards, and establishing the new Jobs Opportunity and Basic Skills (JOBS) program. The report also describes a demonstration program aimed at increasing the capacity of unemployed or underemployed absent parents so that they can meet their court-ordered child support payments.

OOMS, T., AND OWEN, T.

**Teenage mothers and the Family Support Act: What works—carrots or sticks?**

Washington, DC: American Association for Marriage and Family Therapy, Research and Education Foundation, 1991. 22 pp.

*Contact:* Family Impact Seminar, American Association for Marriage and Family Therapy, Research and Education Foundation, 1100 Seventeenth Street, N.W., Tenth Floor, Washington, DC 20036. Telephone: (202) 467-5114. $10.00 (shipping and handling included).

This report examines the Family Support Act's requirement for adolescent mothers to complete their education and engage in employment-related activities. The report highlights examples of community, state, and federal demonstration programs which assist adolescent mothers complete school and enter the labor force.

RICH, D., AND WILCOX, E.

**Get smart: Advice for teens with babies (2nd edition).**

Washington, DC: The Home and School Institute, 1989. 41 pp.

*Contact:* Special Projects, The Home and School Institute, 1201 16th Street, N.W., Washington, DC 20036. Telephone: (202) 466-3633. $4.00.

This booklet includes useful information for adolescent parenthood education programs, hospitals, and social service agencies working with adolescent parents. The booklet is written for and about adolescent parents and highlights prenatal and postpartum considerations, such as attending childbirth classes; preparing for a child, breastfeeding and feeding a baby, home and car safety, and toilet training. Specific issues relevant to adolescent mothers also are discussed including staying in school, caring for self, getting and keeping a job, raising a baby in your family's home and staying in touch with the child's father. A listing of other helpful books is included.

ROBINSON, B. E.

**Teenage fathers.**

Lexington, MA: D. C. Heath and Company, 1988. 173 pp.

*Contact:* Childbirth Graphics, WRS Group, P.O. Box 21207, Waco, TX 76702-1207. Telephone: (800) 299-3366 extension 287 or (817) 776-6461; fax (817) 751-0221. $10.95 plus $4.00 shipping and handling.

This book was written for educators and practitioners and presents adolescent pregnancy from the young

father's perspective. It combines scientific knowledge with actual case studies drawn from private clinical practice. The book includes a discussion of the educational, economic, and social consequences for the mother, father, and children of adolescent parents; psychological adjustment of adolescent fathers; and problems in studying adolescent fathers. It provides suggestions for practitioners and for program development. A resource listing of books, special reports, organizations, periodicals, audiovisuals, programs for adolescent fathers, and a bibliography for further reading for professionals is included.

ROBINSON, L. D.

**Guidebook for young fathers on paternity and child support (revised edition).**

Austin, TX: CEDEN Family Resource Center, 1992. 33 pp.

*Contact:* Cindy Doran, Ceden Family Resource Center for Development, Education and Nutrition, 1208 East Seventh Street, Austin, TX 78702. Telephone: (512) 477-1130. $1.85 plus $1.65 shipping and handling.

This booklet describes legal paternity, child support, and court proceedings in Texas. It was developed for pregnant and parenting adolescents, youth groups, and the specialists who serve them. The booklet is available in English and Spanish.

SANDER, J.

**Before their time: Four generations of teenage mothers.**

San Diego, CA: Harcourt Brace Jovanovich, 1991. 190 pp.

*Contact:* Harcourt Brace Jovanovich, 1250 Sixth Avenue, San Diego, CA 92101. $19.95.

This book was developed for health care professionals and lay audiences. It is based on interviews with four generations of women from the same family and offers insight into the often cyclical nature of adolescent pregnancy. The interviews reveal the impact of the changing laws, attitudes, and social mores which the four young females experienced in different eras, from the 1900s to the late 1980s.

SHERMAN, A., AND EBB, N.

**The Family Support Act: How can it help teen parents? An introduction to the Family Support Act of 1988 for teen parent service providers.**

Washington, DC: Children's Defense Fund, 1991. 35 pp.

*Contact:* Children's Defense Fund, 25 E Street, N.W., Washington, DC 20001. Telephone: (202) 628-8787. $4.50 (shipping and handling included).

This report provides an overview of the Family Support Act (FSA) of 1988 which targets new education and training efforts to adolescent parents on welfare. It was written to help adolescent parent service providers get involved in both planning and providing services. The report outlines state requirements of the FSA, illustrates how localities have provided comprehensive services to adolescent parents, and describes key components of good programs.

Smollar, J., and Ooms, T.

**Young unwed fathers: Research review, policy dilemmas and options: Summary report.**

McLean, VA: Maximus, Inc., 1988. 106 pp.

*Contact:* Theodora Ooms, Director, Family Impact Seminar, American Association for Marriage and Family Therapy, Research and Education Foundation, 1100 Seventeenth Street, N.W., Tenth Floor, Washington, DC 20036. Telephone: (202) 467-5114. $10.00 (shipping and handling included).

This report summarizes the available data pertaining to young, unwed fathers. It represents a synthesis of ten commissioned papers from researchers and program professionals, as well as discussions from an invitational symposium attended by policy officials and staff from various levels of government, universities and service programs. It covers such issues as young unwed fathers' needs and behaviors, legal and moral issues, programs and policies related to this population, and policy and program options that might increase greater paternal responsibility and involvement.

UNION INDUSTRIAL HOME FOR CHILDREN.

**A basic handbook for establishing a comprehensive teen fathers program.**

Trenton, NJ: Union Industrial Home for Children, 1991. 14 pp.

*Contact:* Union Industrial Home for Children, 864 Bellevue Avenue, Trenton, NJ 08618. Telephone: (609) 695-1492. Available at no charge.

This handbook is a product of the knowledge and experience which one organization gained during the course of implementing their Teen Fathers Program in Trenton, New Jersey. It discusses program administration, staffing, achievements, and lessons learned.

UNIVERSITY OF CALIFORNIA, BERKELEY, COOPERATIVE EXTENSION, HUMAN RELATIONS PROGRAM.

**Parent express: A month by month newsletter for you and your baby.**

Oakland, CA: ANR Publications, University of California, 1991. 27 issues (8 pp. each).

*Contact:* ANR Publications, University of California, 6701 San Pablo Avenue, Oakland, CA 94608-1239. Telephone: (510) 642-2431. $3.50 per set.

This series of easy-to-read newsletters was developed for young parents and describes a typical child at each age. The first set, *For You and Your Infant,* starts two months before delivery and continues monthly through the first year of the child's life. This set is also available in Spanish, *Noticias Para Los Padres.* The second set, *For You and Your Toddler,* includes 12 newsletters and covers the second and third years of the child's life.

WATSON, B. H.

**Young unwed fathers pilot project: Initial implementation report.**

Philadelphia, PA: Public/Private Ventures, 1992. 79 pp.

*Contact:* Communications Department, Public/Private Ventures, 399 Market Street, Philadelphia, PA 19106. Telephone: (215) 592-9099. $5.00, prepayment required.

This report describes the Public/Private Ventures' Young Unwed Fathers Pilot Project which was developed to improve the capacity of young unwed fathers (16–25 years old) to care for their children, both as providers and parents. The report documents the six sites' early experiences with recruitment, retention, service delivery, and establishment of linkages with other agencies; presents a profile of the young fathers who have enrolled; and explores the issues raised by the sites' early experiences. The project goal is to collect information on adolescent fathers' problems and potentials as responsible parents and to test the capacity of local agencies to provide young fathers with employment training, basic education, more effective parenting skills, and personal counseling.

WILLIAMS, C. W.

**Black teenage mothers: Pregnancy and child rearing from their perspective.**

Lexington, MA: Lexington Books, 1991. 184 pp.

*Contact:* Order Department, MacMillan and Company, Front and Brown Streets, Riverside, NJ 08075. Telephone: (800) 257-5755. $24.95 plus 15 percent shipping and handling.

This book was developed for lay audiences as well as social workers and community mental health professionals who counsel pregnant and parenting adolescent women. It describes the experiences of pregnancy and childbearing among black adolescent females and the personal and cultural circumstances that lead many poor, black women into early motherhood. The material for the book is based on semistructured interviews conducted with 30 low-income, black adolescent mothers living in Boston, Massachusetts. The latter chapter focuses on the policy implications of the author's research.

# ADOPTION

This section contains materials which would be helpful to both adolescents and their families and care providers. The materials deal with such topics as making decisions about adoption, open adoption, emotional issues involved in adoption, and counseling concerns in dealing with the adoption process.

ARMS, S.

**Adoption: A handful of hope.**

Berkeley, CA: Celestial Arts, 1990. 436 pp.

*Contact:* Celestial Arts, P.O. Box 7327, Berkeley, CA 94707. Telephone: (415) 524-1801. $12.95.

This book for consumers presents stories of individuals affected by adoption, including birth parents, adoptive parents, and the children themselves. The author presents the point of view that closed adoption, in which birth and adoptive parents do not know each other, is a failure and that open adoption is the preferred choice. This book is a revised edition of *To Love and Let Go.*

CONNELLY, M.

**Given in love.**

Omaha, NE: Centering Corporation, 1990. 24 pp.

*Contact:* Centering Corporation, 1531 North Saddlecreek Road, Omaha, NE 68104-5064. Telephone: (402) 553-1200. $2.65 plus $2.50 shipping and handling.

This book was developed to help young birth mothers who choose adoption prepare for the separation and loss of their child, and to support them during the grief they may experience. The book discusses a variety of topics including writing a letter to the baby; writing a letter to the adoptive parents; physical, psychological, and spiritual grief; guilt; anger; sadness; the birth father; and getting on with life.

LINDSAY, J., AND MONSERRAT, C.

**Adoption awareness: A guide for teachers, counselors, nurses and caring others.**

Buena Vista, CA: Morning Glory Press, 1989. 286 pp.

*Contact:* Morning Glory Press, 6595-B San Haraldo Way, Buena Vista, CA 90620-3748. Telephone: (714) 828-1998; fax (714) 828-2049. $17.95 hardcover, $12.95 paper. Postage $2.50 for orders up to $24.95; add 10% for orders over $25.00. CA residents add 7.7 percent sales tax.

This book covers a variety of topics relevant to adoption with sensitivity to birth parent issues, including counseling concerns and appropriate support from the family, religious groups, school, alternative groups, and clinic/hospital staff.

Lindsay, J. W.

**Parents, pregnant teens and the adoption option: Help for families.**

Buena Park, CA: Morning Glory Press, 1989. 206 pp.

*Contact:* Morning Glory Press, 6595 San Haroldo Way, Buena Park, CA 90620. Telephone: (714) 828-1998. $8.95. Postage $2.50 for orders up to $24.95; add 10% for orders over $25.00. CA residents add 7.7 percent sales tax.

This book was written for birth grandparents and covers a variety of topics relevant to adoption. It presents personal stories of birth grandparents to help others cope with the shock of a daughter's too-early pregnancy, understand how much their daughter (or son) needs their support during this time, realize the importance of considering all options including adoption, and deal with the grieving they and their daughter (or son) will experience after losing a baby through adoption.

LINDSAY, J. W.

**Pregnant too soon: Adoption is an option.**

Buena Park, CA: Morning Glory Press, 1988.

*Contact:* Morning Glory Press, 6595 San Haroldo Way, Buena Park, CA 90620. Telephone: (714) 828-1998. $9.95 paper, $2.50 Teacher's Guide and Study/Discussion Guide, additional copies of Study Guide $1 or 10/$7.50. Postage $2.50 for orders up to $24.95; add 10% for orders over $25.00. CA residents add 7.7 percent sales tax.

This book was developed for young females and their partners who are considering the adoption option. It presents personal stories of birthparents and provides information on agency and independent adoption, fathers' rights, and dealing with grief.

ROBINSON, D. H.

**Adoption: Federal programs and issues.**

Washington, DC: Congressional Research Service, Library of Congress, 1991. 34 pp.

*Contact:* Congressional Research Service, Library of Congress, 101 Independence Avenue, Washington, DC 20540. Telephone: (202) 707-5000. Available at no charge.

This report presents a general overview of adoption in the United States including general adoption procedures, statistics, and characteristics of children who are adopted. It also describes federal programs relating to adoption, discusses federal issues in adoption including legislation introduced in the 101st Congress, and closes with a discussion of pertinent state and local adoption issues.

ROLES, P.

**Saying goodbye to a baby (2 vols.)**

Washington, DC: Child Welfare League of America, 1989.

*Contact:* Child Welfare League of America, c/o CSSC, P.O. Box 7816, 300 Raritan Center Parkway, Edison, NJ 08818-7816. Telephone: (908) 225-1900; fax (908) 417-0482. Volume 1 $12.95, Volume 2 $10.95.

This two-volume publication focuses on the loss and grief birth parents experience with the adoption decision. Volume I is written for birthparents and deals with grief before and after relinquishment and throughout life. Contents include the adoption decision, aspects of normal grief reaction, coping after adoption, living with the decision in adulthood, issues for others in the the adoption triangle, searching and reunions, and when outside help is needed. Volume II is written for counselors and provides guidelines and practical information on helping birthparent clients choose the adoption option—before, during, and after the decision. It addresses how counselors can work with and influence the larger adoption system. Worksheets and a list of resources are included.

SILBER, K., AND DORNER, P. M.

**Children of open adoption and their families.**

San Antonio, TX: Corona Publishing Company, 1990. 193 pp.

*Contact:* Corona Publishing Company, 1037 South Alamo, San Antonio, TX 78210. Telephone: (512) 227-1771. $9.95.

This book focuses on the long-term impact of open adoption on families and children. It includes letters and case histories of individuals' open adoption experiences from infancy to adolescence. Topics include bonding, grief, communication, entitlement, and adoption understanding among children.

# ORGANIZATIONS

Organizations were selected if their primary focus met the following criteria: (1) adolescent pregnancy; (2) adolescent health and well-being, reproductive health, and pregnancy prevention; and (3) families and parenting, adoption, prenatal care, substance use, and nutrition.

## Academy for Educational Development

1255 23rd Street, N.W.
Washington, DC 20037
(202) 862-1900; fax (202) 862-1947

*Executive Director:*
Stephen Mosely, President

*Contact Person:*
Karen Pittman, Center for Youth Development and Policy Research

Marjorie Webster, Publications

The Academy for Educational Development (AED) is an independent, nonprofit organization that addresses human development needs throughout the world. AED conducts research and provides educational and training resources to both consumers and professionals regarding adolescent pregnancy and pregnancy prevention. Publications include *Building Life Options: School-Community Collaborations for Pregnancy Prevention in the Middle Grades, A Stitch in Time: Helping Young Mothers Complete High School,* and *In School Together: School-Based Child Care Serving Student Mothers.*

## Adolescent Health Parents Too Soon

Illinois Department of Public Health
535 West Jefferson
Springfield, IL 62761
(217) 785-5368

*Executive Director:*
Judith A. Redick, Administrator

Adolescent Health encompasses all of the Parents Too Soon areas as well as focusing on healthy lifestyles for adolescents. Adolescent health provides information on physical fitness, self-esteem, and HIV/AIDS prevention and care. Most programs are administered by local health departments with coordination/subcontracts with school districts and other local social agencies. Parents Too Soon is a state program to deter both adolescent pregnancy and the negative effects of adolescent child-bearing and parenting. Through Parents Too Soon, the state of Illinois provides direct services, funds community-based programs, and actively encourages coordination of public and private services to adolescents, both males and females ages 10 to 20. Parents Too Soon has three major goals: to reduce the incidence of adolescent pregnancy; to reduce the health risks associated with adolescent pregnancy, especially infant mortality; and to improve adolescent parents' ability to cope with the responsibilities of parenthood. Parents Too Soon produces various educational brochures and operates a toll-free confidential information and referral hotline.

## Adoption Information Center

1212 South 70th Street
West Allis, WI 53214
(800) 522-6882 or (414) 453-0403

*Executive Director:*
Angela S. Brunhart, Program Coordinator

The Adoption Information Center (AIC) is a state funded program created to provide information and referral services to Wisconsin residents. AIC operates a toll-free telephone hotline and promotes adoption through the media, public campaigns, and the development and distribution of resource materials. Resource materials are available to all states with selected materials available in Spanish.

## Alan Guttmacher Institute

2010 Massachusetts Avenue, N.W.
Washington, DC 20036
(202) 296-4012; fax (202) 223-5756

*Executive Director:*
Jeannie I. Rosoff, President

*Contact Person:*
Rachel Benson Gold

The Alan Guttmacher Institute (AGI) is a nonprofit corporation for research, policy analysis, and public education in the field of reproductive health. The institute publishes the journals *Family Planning Perspectives* and *International Family Planning Perspectives,* and the biweekly newsletter *Washington Memo.* A publications catalog is available.

### American Academy of Pediatrics

141 Northwest Point Boulevard
P.O. Box 927
Elk Grove Village, IL 60009-0927
(708) 228-5005, (800) 433-9016;
fax (708) 228-5097

*Executive Director:*
Joe M. Sanders, Jr., MD

*Contact Person:*
Candace Croft, Ph.D.

The American Academy of Pediatrics (AAP) provides leadership in research and in the education of health professionals and the public on pediatric health needs. The academy publishes reference texts and policy statements on current issues and produces resources for practice management. The AAP also serves as an advocate for children, adolescents, and families by promoting legislation that affects their health. The AAP publishes a monthly journal, *Pediatrics,* and the AAP Section on Adolescent Health distributes the *Adolescent Health Update: A Clinical Guide for Pediatricians* to all AAP Fellows. The AAP also publishes patient education materials. A catalog of publications is available.

### American Association of Sex Educators, Counselors, and Therapists

435 North Michigan Avenue
Suite 1717
Chicago, IL 60611
(312) 644-0828

*Executive Director:*
Cynthia Larson

The American Association of Sex Educators, Counselors, and Therapists (AASECT) works to promote the development and advancement of the fields of sexual therapy, counseling, and education. AASECT provides professional education and certification of sex educators, counselors, therapists and supervisors of therapists in training.

### American College of Obstetricians and Gynecologists

409 12th Street, S.W.
Washington, DC 20024-2188
(202) 863-2518

*Executive Director:*
Ralph W. Hale, M.D.

*Contact Person:*
Jan Chapin, Adolescent Health
ACOG Resource Center

The American College of Obstetricians and Gynecologists (ACOG) provides patient and professional educational materials and program information on pregnancy, childbirth, contraception, and reproductive health. The Adolescent Health Committee is comprised of ACOG members and invited experts in adolescent health and advises ACOG on policies and positions relative to adolescent reproductive health. A publications catalog is available.

### American Home Economics Association

1555 King Street
Alexandria, VA 22314
(703) 706-4600; fax (703) 706-4663

*Executive Director:*
Mary Jane Kolar

The American Home Economics Association (AHEA) works to improve the quality of individual and family life through education, research, cooperative programs, and public information and to affect public policy formulation as it relates to families. It also seeks to enhance the position of home economics as a positive force in society and to provide for the professional development of its members. Publications include *Action,* a newsletter published five times a year; the *American Home Economics Association Journal of Home Economics,* published quarterly; and the *Home Economics Research Journal,* published quarterly. The association works to promote adolescent health through school education programs and has published a family life education curriculum, *Project Taking Charge,* directed to seventh and eighth graders.

### American Medical Association Department of Adolescent Health

515 North State Street
Chicago, IL 60610
(312) 464-5570; fax (312) 464-5842

*Executive Director:*
Arthur B. Elster, M.D.

*Contact Person:*
Janet Gans, Ph.D.
Missy Fleming, Ph.D.

The American Medical Association (AMA) Department of Adolescent Health provides leadership to improve the health status of youth. Current activities include: (1) The AMA National Coalition on Adolescent Health; (2) the Guidelines for Adolescent Preventive Services project, which has developed a set of recommendations for clinical preventive services for adolescents; (3) the Healthier Youth by the Year 2000 Project, implemented to promote awareness of the national health objectives related to adolescents; (4) a school and community demonstration project, in conjunction with the National Association of State Boards of Education, to implement

recommendations of the 1990 report of the National Commission on the Role of the School and Community in Improving Adolescent Health; and (5) publication of the *AMA Physician Pocket Guide to Adolescent Substance Abuse, Building Cultural Competence of Health Care Providers, Policy Compendium on Confidential Health Services for Adolescents* which contains policy recommendations derived from the *AMA Adolescent Health Coalition*, and *Profiles of Adolescent Health*, a two-volume series that presents data on adolescent health.

### American Youth Work Center

1751 North Street, N.W.
Suite 302
Washington, DC 20036
(202) 785-0764; fax (202) 728-0657

*Executive Director:*
William W. Treanor

*Contact Person:*
Bill Howard, Editor

The American Youth Work Center supports the work of service providers in settings which serve youth from adolescent health clinics to youth employment programs. Its bimonthly newspaper, *Youth Today*, provides a broad range of information and resources related to adolescent education, health, and well-being. *Youth Today* is available at no charge to youth policymakers and youth workers.

### Association of Junior Leagues International

660 First Avenue
New York, NY 10016
(212) 683-1515; fax (212) 481-7196

*Executive Director:*
Holly Sloan

*Contact Person:*
Mary D. Wachtel

The Association of Junior Leagues International (AJLI) promotes volunteerism and works to improve communities through the effective action and leadership of trained volunteers. There are 270 junior leagues across the United States, with over 183,000 members. The association's current priorities are child health and education. The AJLI is developing an association-wide campaign to increase access to health care for children, youth, and pregnant women. The AJLI, in association with the American Association of School Administrators, has implemented and evaluated at multiple sites throughout the United States the Teen Outreach Program, a primary prevention program that focuses on positive youth development. Publications include an annual directory, annual report, and a quarterly newsletter, *Newsline*.

### Bernice and Milton Stern National Training Center for Adolescent Sexuality and Family Life Education

350 East 88th Street
New York, NY 10128
(212) 876-9716

*Executive Director:*
Philip Coltoff

*Contact Person:*
Michael Carrera, Director

The National Training Center for Family Life Education, sponsored by the Children's Aid Society with support from Bernice and Milton Stern, has developed a Primary Pregnancy Prevention model designed to train community agencies and youth service agencies in adolescent sexuality issues. The Training Center publishes a newsletter three times a year directed to youth service providers, policymakers, and legislators on adolescent sexuality and family life issues.

### Carnegie Council on Adolescent Development

2400 N Street, N.W.
Sixth Floor
Washington, DC 20037-1153
(202) 429-7979; fax (202) 775-0134

*Executive Director:*
Ruby Takanishi

The Carnegie Corporation of New York established the Carnegie Council on Adolescent Development to place the challenges of the adolescent years higher on the nation's agenda. The council builds on the work of many organizations and individuals to stimulate sustained public attention on the risks and opportunities of the adolescent years and to generate public and private support for measures that facilitate successful transition into adulthood. The council has four integrative functions: synthesizing existing knowledge, building new knowledge, stimulating youth policies, and enhancing public understanding. The efforts of the council are focused primarily on the early adolescent years (ages 10–15) as crucially formative years of increased vulnerability, potential risk, and special opportunity.

### Center for Early Adolescence

University of North Carolina at Chapel Hill
D-2 Carr Mill Town Center
Carrboro, NC 27510
(919) 966-1148; fax (919) 966-7657

*Executive Director:*
Frank A. Loda, M.D.

The Center for Early Adolescence promotes the healthy growth and development of young adolescents through advocacy and by providing information services, research, training, and leadership development for those who have an impact on the nation's 10- to 15-year-olds. The center focuses on a number of issues relating to early adolescence, including school improvement, young adolescents' literacy, responsive community services for young adolescents, parent education, leadership education for youth-serving professionals, and adolescent health and sexuality. A publications catalog is available.

### The Center for Family Life Education Planned Parenthood of Greater Northern New Jersey

575 Main Street
Hackensack, NJ 07601
(201) 489-1265

*Executive Director:*
Jeff Brand

*Contact Person:*
Peggy Brick, Director of Education

The Center for Family Life Education offers resources and technical assistance to those requesting information on interpersonal relations and human sexuality. A wide variety of free and low cost materials are available.

### Center for Population Options

1025 Vermont Avenue, N.W.
Suite 210
Washington, DC 20005
(202) 347-5700; fax (202) 347-2263

*Executive Director:*
Margaret Pruitt Clark, Ph.D.

*Contact Person:*
Claudia Page
Debra Hauser, Support Center for School-Based and School-Linked Health Centers

The Center for Population Options (CPO) is dedicated to improving the quality of life for adolescents by working to prevent premature childbearing and high-risk sexual behavior. CPO's national and international programs seek to improve adolescent decision making through life planning and other educational programs, improve access to reproductive health care, promote the development of school-based clinics, and prevent the spread of HIV infection and other sexually transmitted diseases among adolescents. CPO publishes the newsletters *Link: The Newsletter for School-Based and School-Linked Health Centers* and *Passages*, and several provider and consumer-oriented publications on adolescent health. A publications catalog is available.

### Center for the Support of Children

5315 Nebraska Avenue, N.W.
Washington, DC 20015
(202) 363-5923

*Executive Director:*
Laurene McKillop

*Contact Person:*
Terri Nickel, Deputy Director

The Center for the Support of Children works with state and local governments and service providers to create and implement policy for children and families. The center develops, maintains, and disseminates resources and publications on such topics as child support, paternity, and family responsibility specifically for adolescents, young families, and the professionals working with them. Publications include *Child Support and Family Responsibility; Draw Your Own Conclusion—Curricula for 7th, 9th, and High School Students; Guide to Programs, Resources, and Publications for Professionals Serving Adolescents and Young Families*; and *Guide to Understanding and Evaluating Child Support Agency Procedures and Finances*.

### Charles Stewart Mott Foundation

1200 Mott Foundation Building
Flint, MI 48502-1851
(313) 238-5651; fax (313) 766-1753

*Executive Director:*
William S. White, President, CEO

The Charles Stewart Mott Foundation funds programs aimed at improving the quality of life for individuals and their communities. Current activities are focused in six major program areas: education, the environment, the local community (in the Flint area), neighborhood and economic development, philanthropy and volunteerism, and special and exploratory projects. The foundation is interested in supporting demonstration programs with unique approaches to solving community problems. An annual report which contains a listing of all sponsored programs and publications is free upon request. The foundation in the past has supported the Too Early Childbearing Network which was comprised

of adolescent pregnancy and pregnancy prevention programs in selected sites around the country.

### Child Trends, Inc.

2100 M Street, N.W.
Suite 610
Washington, DC 20037
(202) 223-6288

*Executive Director:*
Kristin A. Moore, Ph.D.

Child Trends is a nonprofit charitable and educational organization whose basic objective is to improve the quality, scope, and use of statistical information on children. The research and public information activities of Child Trends are supported by grants from government agencies and foundations and by contributions from the public. Statistics regarding child and adolescent health indicators, including data on adolescent pregnancy and childbearing, are available on request. Child Trends publishes a periodic newsletter, *Facts at a Glance,* which reports U.S. data on adolescent fertility.

### Child Welfare League of America, Inc.

440 First Street, N.W.
Suite 310
Washington, DC 20001-2085
(202) 638-2952; fax (202) 638-4004

*Executive Director:*
David S. Liederman

The Child Welfare League of America (CWLA) is a national organization of over 670 public and private nonprofit voluntary child welfare agencies. CWLA sets internationally recognized standards for child welfare practice, proposes national public policy initiatives, publishes innovative child welfare materials, and provides consultation, training, and technical assistance for its member agencies. Main programmatic and policy initiatives center around such child and family welfare issues as adolescent pregnancy and parenting, adoption, AIDS, chemical dependency, child abuse and neglect, child poverty, cultural responsiveness, day care, developmental disabilities, foster care, family preservation, homelessness, juvenile justice, kinship care, and residential group care. CWLA devotes its efforts to improving services for children and their families in the United States and Canada. CWLA conducts surveys and research to assist agencies, legislators, the media, and the general public. A publication catalog is available.

### Children's Defense Fund

25 E Street, N.W.
Washington, DC 20001
(202) 628-8787; fax (202) 662-3510

*Executive Director:*
Marian Wright Edelman, President

*Contact Person:*
Tracey Orloff

The Children's Defense Fund (CDF) is an advocacy group concerned with programs for children and youth. CDF gathers data and disseminates information on key issues affecting children, including development and implementation of federal and state policies. Major initiatives have included adolescent pregnancy prevention programs and prenatal care campaigns, universal immunization programs, and promotion of the Head Start program. A list of publications is available on request. The newsletter *CDF Reports* is published monthly.

### Community of Caring
### Joseph P. Kennedy, Jr. Foundation

1350 New York Avenue, N.W.
Suite 500
Washington, DC 20005
(202) 393-1250; fax (202) 727-1937

*Executive Director:*
Eunice Kennedy Shriver

*Contact Person:*
Keith M. Sovereign, Ed.D.

The Community of Caring program was founded in 1982 with the initial purpose of providing a comprehensive system of continuous care for pregnant adolescents. In addition the program is now based in schools and provides a curriculum aimed at primary prevention of adolescent pregnancy and other risk behaviors. The Community of Caring program is a tested values-education program in which students learn decision-making and future planning skills from parents, teachers, school personnel, and community leaders.

### Data Archive on Adolescent Pregnancy and Pregnancy Prevention

Sociometrics Corporation
170 State Street, Suite 260
Los Altos, CA 94022-2812
(415) 949-3282; fax (415) 949-3299

*Executive Director:*
Josefina J. Card, Ph.D.

The Office of Population Affairs sponsors the Data Archive on Adolescent Pregnancy and Pregnancy

Prevention at Sociometrics Corporation. Through the archive, researchers, practitioners, and policymakers have access to large-scale data on adolescent pregnancy, pregnancy prevention, and family planning. A catalog of products and a quarterly newsletter are available.

### Education Development Center, Inc.

55 Chapel Street
Newton, MA 02160
(617) 969-7100

*Executive Director:*
Janet Whitla, President

Educational Development Center, Inc. (EDC) is a nonprofit corporation engaged in a wide variety of projects to promote health and education throughout the United States and the world. EDC works with schools to strengthen comprehensive school health education and trains teachers and other school personnel to help young people avoid health-risk behaviors and health problems.

### Emory/Grady Teen Services Program

Grady Memorial Hospital
Box 26158
80 Butler Street, S.E.
Atlanta, GA 30335-3801
(404) 616-3513

*Executive Director:*
Marion Howard, Ph.D.

The Emory/Grady Teen Services Program, a family planning program primarily for students ages 16 years and younger, develops curricula covering human sexuality and decision-making. The program is part of the Emory University School of Medicine and the Grady Memorial Hospital Teen Services Program.

### Family Life Information Exchange

P.O. Box 37299
Washington, DC 20013-7299
(301) 585-6636; fax (301) 565-5112

*Executive Director:*
Jenrose Weldon, Project Director

*Contact Person:*
Judy Kramer, Health Educator

The Family Life Information Exchange distributes various federal publications on family planning, adolescent pregnancy, and adoption and makes referrals to other information centers.

### Family Resource Coalition

200 South Michigan Avenue
Suite 1520
Chicago, IL 60604-2404
(312) 341-0900; fax (312) 341-9361

*Executive Director:*
Judy Langford Carter, M.S.

The Family Resource Coalition (FRC) represents thousands of community-based programs throughout the United States that work to strengthen and empower families, increase the capabilities of parents, and foster the optimal development of children and youth. The FRC seeks to create a society geared to the development of healthy children, regardless of the family structure in which they are reared. The organization's immediate goals are to improve the content and expand the number of family resource programs available to parents, educate the general public and policymakers about the needs of parents and children for early and comprehensive information and services, and hone the skills of family resource programs as child and family advocates. The FRC publishes the newsletter *FRC Report* and several publications including *Working with Teen Parents: A Survey of Promising Approaches*.

### Florence Crittenton Home and Services

2606 National Road
Wheeling, WV 26003
(304) 242-7060

*Executive Director:*
C. T. O'Donnell

Florence Crittenton Home and Services provides leadership in addressing adolescent pregnancy and prevention issues, advocacy for young people, and a broad range of nurturing services to help families achieve health and self-sufficiency. There are currently 40 independent Crittenton Homes in the United States.

### Food and Nutrition Information Center

Department of Agriculture
National Agricultural Library
10301 Baltimore Boulevard
Room 304
Beltsville, MD 20705-2351
(301) 504-5719; fax (301) 504-5472

*Executive Director:*
Sandy Facinoli, Coordinator

The Food and Nutrition Information Center (FNIC) responds to inquiries and provides information, publications, and audiovisual materials to professionals, educators, and consumers. Publications related to adolescent health include *Adolescent*

*Pregnancy and Nutrition, Anorexia Nervosa and Bulimia, Nutrition During Adolescence, Sports Nutrition,* and *Nutrition Education Printed Materials and Audiovisuals: Grades 7–12.*

### Girls Incorporated

30 East 33rd Street
Seventh Floor
New York, NY 10016
(212) 689-3700, (800) 221-2606; fax (212) 683-1253

*Executive Director:*
Margaret Gates, National Executive Director

*Contact Person:*
Ellen Wahl, Program Director

Girls Incorporated (formally Girls Clubs of America) is a national nonprofit organization that serves young people ages 6 to 18 years through more than 200 outreach centers located in 122 cities. The mission is to assist affiliates in meeting the needs of girls in their communities; to help girls and young women overcome the effects of discrimination and to develop their capacity to be self-sufficient, responsible citizens; and to serve as a vigorous advocate for girls, focusing attention on their special needs. Girls Inc. has developed several programs and curricula to promote adolescent health, including SMART Moves to help young people resist drugs and alcohol and early sexual activity. Girls Incorporated operates the National Resource Center which provides information to organizations and individuals regarding their programs and publications. The National Resource Center's office is located at 441 West Michigan Street, Indianapolis, IN 46202. Telephone (317) 634-7546.

### Healthy Mothers, Healthy Babies Coalition

409 12th Street, S.W.
Washington, DC 20024-2188
(202) 863-2458, (800) 673-8444, ext. 2458; fax (202) 484-5107

*Executive Director:*
Lori Cooper

*Contact Person:*
Leslie Dunne

The Healthy Mothers, Healthy Babies Coalition (HMHB) is an association of over 104 national professional, voluntary, and governmental organizations with a common interest in maternal, infant, and child health. The purpose of the coalition is to promote education for pregnant women through collaborative activities and sharing of information and resources. It hosts a biennial fall conference open to health care providers and staff. In addition to providing educational programs, HMHB conducts minority outreach and legislative advocacy. HMHB has an Adolescent Pregnancy Committee which meets quarterly. The *Healthy Mothers, Healthy Babies* newsletter is published quarterly and is free upon request.

### Illinois Caucus on Teenage Pregnancy

28 East Jackson, Suite 610
Chicago, IL 60604
(312) 427-4460

*Executive Director:*
Jenny Knauss

*Contact Person:*
Kate McLachlan

The Illinois Caucus on Teenage Pregnancy (ICTP) is a statewide membership organization formed in 1977 to provide public education and policy advocacy on issues related to the prevention of adolescent pregnancy and the provision of support services to adolescent parents and their families. The ICTP is working to achieve an increase in comprehensive, family-centered programs, and support for policies which strengthen and support young families. Members and staff work together in the following areas: Shelter Project, Cooperative Living Program, Adolescent Women's Health Roundtable, Day Care, and the Welfare-To-Work Project.

### Institute for Women and Children

4680 Lake Underhill Road
Orlando, FL 32807
(407) 381-0907; fax (407) 381-0907

*Executive Director:*
Dottie Peterson

The Institute for Women and Children (IWC) works with schools, health care facilities, and maternity homes nationwide and internationally to provide information on adolescent pregnancy and parenting programs and materials. IWC produces a quarterly magazine for adolescents, *Inside-Outside: A Guide to Positive Parenting,* to urge young women to seek early prenatal care, to advise them on how to have a healthy baby, to recommend positive parenting behaviors, and to encourage young mothers to continue their education.

## KIDSRIGHTS

10100 Park Cedar Drive
Charlotte, NC 28210
(704) 541-0100; fax (704) 541-0113

*Executive Director:*
Martin Fauer, President

*Contact Person:*
Susan Peddycord

Kidsrights is a comprehensive source for education and prevention materials in the fields of children's rights and family issues. Topics include child abuse, abduction and molestation, adolescent rape, suicide, and sexually transmitted diseases (including AIDS). Family issues include divorce, step families, adoption, family violence, discipline, and conflict resolution. The organization also offers literature on gifted and special needs children. Kidsrights participates in conferences, workshops, and seminars throughout the nation. It produces a catalog of more than 1,000 educational resource materials in more than 50 subject categories.

## March of Dimes Birth Defects Foundation

1275 Mamaroneck Avenue
White Plains, NY 10605
(914) 428-7100

*Executive Director:*
Jennifer L. Howse, Ph.D., President

*Contact Person:*
Local chapter offices

The March of Dimes Birth Defects Foundation (MOD) supports community services, research, advocacy, and public and professional education aimed at the prevention of birth defects and infant mortality. The foundation represents every community in America through a nationwide network of chapters. It disseminates information to persons of all ages in order to encourage behavior which will prevent birth defects and promote healthy childbearing and, through its local chapters, funds educational efforts to reach women who are at risk for poor childbirth outcomes. It also disseminates professional education materials in the areas of newborn and maternal health care. A publications catalog is available on request.

## MELD
## (formerly Minnesota Early Learning Design)

123 North Third Street
Suite 507
Minneapolis, MN 55401
(612) 332-7563; fax (612)337-5468

*Executive Director:*
Ann Ellwood

MELD is a parenting support and information program that works to strengthen families at critical periods of transition in parenthood and families facing special challenges such as adolescent parenting. Since 1975, MELD has developed eight programs using a peer self-help group model, including a program for parents of children with special needs. MELD parent groups are located in the United States, Germany, Canada, and Australia.

## National Adolescent Health Resource Center

1313 5th Street S.E.
Suite 205
Minneapolis, MN 55414
(612) 627-4488; fax (612) 627-4487

*Executive Director:*
Michael Resnick, Ph.D.

*Contact person:*
Linda Harris, Project Director

The National Adolescent Health Resource Center's (NAHRC) goal is to help researchers, program developers, and administrators collect and analyze current and comprehensive information on the health of adolescents. This information is then used to help projects develop effective programs designed to meet adolescent health needs.

## National Adoption Information Clearinghouse

11426 Rockville Pike
Suite 410
Rockville, MD 20852
(301) 231-6512; fax (301) 984-8527

*Executive Director:*
Debra G. Smith, A.C.S.W.

*Contact Person:*
Karen Soencken, Information Specialist

The National Adoption Information Clearinghouse provides the public with easily accessible information on all aspects of adoption, including intercountry adoption and the adoption of children with special needs. Individuals can request searches of the clearinghouse's computerized database, which contains abstracts of more than 3,000 articles on adoption, covering over 800 topics. A list of films and videotapes on adoption is available. The clearinghouse offers listings of adoption agencies, crisis pregnancy centers, adoptive parent support groups, adoptee and birth family support groups, and adoption experts in each state. Publications on adoption are also available.

## National Association for Perinatal Addiction Research and Education

11 East Hubbard Street, Suite 200
Chicago, IL 60611
(312) 329-2512, (800) 638-BABY; fax (312) 329-9131

*Executive Director:*
Judith C. Burnison

*Contact Person:*
Pat O'Keefe, Communications Director

The National Association for Perinatal Addiction Research and Education (NAPARE) provides professional education, research, technical assistance, and a national network for the exchange of ideas regarding prevention and intervention in the field of perinatal addiction. NAPARE also strives to encourage and coordinate research in this field and to develop a framework for legal and ethical considerations in the field of perinatal addiction. Members receive the quarterly newsletter, a membership directory, and a reduced rate at all national and regional training programs and the Design for Change seminar series. NAPARE also provides a national toll-free information and referral line for pregnant addicted women.

## National Center for Education in Maternal and Child Health

2000 15th Street, North
Suite 701
Arlington, VA 22201-2617
(703) 524-7802; fax (703) 524-9335

*Executive Director:*
Rochelle Mayer, Ed.D., Director

*Contact Persons:*
Kristin Langlykke, M.S.N., Ed.M.
Katrina Holt, M.S., R.D.,
Adolescent Health

The National Center for Education in Maternal and Child Health (NCEMCH) serves as a major link between information and service resources and maternal and child health professionals. NCEMCH maintains a reference collection of educational materials and publishes a variety of guides, directories, bibliographies, and newsletters, and houses two national resource centers, the Children's Safety Network and the National Resource Center for Health and Safety in Child Care. NCEMCH responds to inquiries with publications, information packets, and tailored responses from subject specialists. It provides referrals for additional information in specific maternal and child health areas: pregnancy and childbirth, adolescent health, child health and development, injury and violence prevention, children with special health needs, genetic disorders and genetic counseling, and women's health.

## National Center for Health Education

72 Spring Street
Suite 208
New York, NY 10012
(212) 334-9470; fax (212) 334-9845

*Executive Director:*
Janice Nittoli, Acting President

*Contact Person:*
Linda S. Campbell, Director,
School-Based Programs

The National Center for Health Education (NCHE), a national, not-for-profit corporation, designs and disseminates health education and prevention programs for children and youth. NCHE manages the *Growing Healthy* program, a comprehensive school health education curriculum for students from kindergarten through seventh grade. The curriculum promotes students' self-esteem and decision-making skills and enables them to adopt healthy and responsible attitudes and behaviors. Recent additions to the *Growing Healthy* curriculum include crack, violence, the problems of latch-key children, HIV/AIDS, and smokeless tobacco. NCHE also cosponsors a regular series of health education luncheon seminars for the health and fitness editors of 35 major women's magazines and media representatives.

## National Center for Health Statistics

Centers for Disease Control
Division of Health Examination Statistics
6525 Belcrest Road
900 Presidential Building
Hyattsville, MD 20782
(301) 436-3473; fax (301) 436-3436

*Contact Person:*
Ronette R. Briefel, Dr.P.H., R.D., Coordinator for
Nutrition Monitoring and Related Research

The National Center for Health Statistics collects and disseminates data on major health indicators affecting the population. Data are presented by age—among other descriptors—so that specific groups, such as adolescents, can be isolated. Statistical reports, morbidity and mortality information, health resource utilization, and surveys represent some of the activity. Information is disseminated in a wide variety of publications. The center responds to inquiries from consumers and professionals. It maintains many data files and is a national resource for health and health-related data information.

## National Center for Youth Law

114 Sansome Street
Fifth Floor
San Francisco, CA 94104-3307
(415) 543-3307; fax (415) 956-9024

*Executive Director:*
John Francis O'Toole

*Contact Person:*
Abigail English, Elizabeth Jameson

The National Center for Youth Law (NCYL) is a nonprofit organization that provides legal assistance to attorneys and other professionals working on behalf of low-income children and youth. NCYL publishes *Youth Law News* six times a year; engages in litigation; and provides a range of other support services, primarily in the areas of foster care, juvenile justice, housing discrimination, public benefits, and health. The Adolescent Health Care Project of NCYL provides legal assistance to health care professionals, attorneys, and others working to protect the rights of adolescents to obtain health care services, especially on a confidential and independent basis. The Project on Children with Special Medical Needs provides legal assistance to health care professionals, attorneys, and others working to protect the rights of children with chronic illnesses or disabilities.

## National Coalition of Hispanic Health and Human Services Organizations

1501 Sixteenth Street, N.W.
Washington, DC 20036-1401
(202) 387-5000

*Executive Director:*
Jane L. Delgado, Ph.D., President and CEO

*Contact Person:*
Mary Thorngren

The National Coalition of Hispanic Health and Human Services Organizations (COSSMHO) is a private, nonprofit organization dedicated to improving the health and psychosocial well-being of the nation's Hispanic population. COSSMHO coordinates research; conducts national demonstration programs; contributes to the education and training of health professionals; and serves as a source of information, technical assistance, and policy analysis. Among the problems COSSMHO has targeted for national programs are alcohol and other substance abuse; juvenile delinquency; child abuse and sexual abuse; maternal and child health; adolescent pregnancy; AIDS; and chronic diseases, including diabetes and cancer. The organization's newsletter, *The COSSMHO Reporter,* is published quarterly. A publications and products catalog is available.

## National Commission to Prevent Infant Mortality

Switzer Building
330 C Street, S.W.
Room 2014
Washington, DC 20201
(202) 205-8364; fax (202) 205-5562

*Executive Director:*
Rae Grad, Ph.D., R.N.

*Contact Person:*
Charlotte Swift, M.S.N., M.P.H., Resource Mothers

The National Commission to Prevent Infant Mortality is dedicated to developing a national strategy for reducing infant mortality in the United States. The commission holds public hearings and meetings, reviews current federal and state programs and policies affecting the health of women of childbearing age and their infants, and examines private health care financing for prenatal and pediatric care. The commission provides recommendations to the President and Congress for actions that the public and private sectors can take to reduce infant mortality. In 1991, the commission launched the Resource Mothers Development Project, a national outreach home visiting project for at-risk families. Through the project, the commission is developing training materials and implementation guidelines so communities nationwide can implement and operate their own Resource Mothers programs.

## National Council for Adoption

1930 17th Street, N.W.
Washington, DC 20009
(202) 328-1200; fax (202) 332-0935

*Executive Director:*
William Pierce

*Contact Person:*
Mary Beth Seader

The National Council for Adoption (NCFA) represents voluntary agencies, adoptive parents, adoptees, and birthparents who wish to protect the institution of adoption and ensure the confidentiality of all involved in the adoption process. NCFA promotes appropriate adoption practice with legislators, policymakers, human service agencies, and the public. A publication catalog is available on request.

## National Council of La Raza

810 First Street, N.E.
Suite 300
Washington, DC 20002
(202) 289-2380; fax (202) 289-8173

*Executive Director:*
Raul Yzaguirre, President

*Contact Person:*
Frank Beadle de Palomo

The National Council of La Raza (NCLR), a nonprofit constituency-based national Hispanic organization, is an umbrella organization for more than 140 formally affiliated community-based organizations. The NCLR carries out several major initiatives: capacity-building assistance to support and strengthen Hispanic community-based organizations; applied research, public policy analysis, and advocacy on behalf of the Hispanic community, designed to influence public policies and programs so that they equitably address Hispanic needs; and public information efforts to provide accurate information about and positive images of Hispanics. The NCLR Center for Health Promotion houses the NCLR AIDS Center and the Hospice Health Liaison Project. A publications guide is available.

## National Council on Family Relations

3989 Central Avenue, N.E.
Suite 550
Minneapolis, MN 55421
(612) 781-9331; fax (612) 781-9348

*Executive Director:*
Mary Jo Czaplewski

The National Council on Family Relations (NCFR) is a nonprofit organization of professionals who work with families in the areas of education, social work, counseling, psychology, sociology, psychotherapy, home economics, anthropology, health professions, and other related fields. It is the oldest multidisciplinary family organization in the United States and provides information on a broad range of family concerns such as cross-cultural families, family violence, adolescent issues, and working families. NCFR publishes *Family Relations, Journal of Marriage and the Family,* and the *NCFR Newsletter* and houses the Family Resources Database which provides access to programs, information, and services related to families. NCFR also sponsors a national program to certify family life educators. A publications and products catalog is available.

## National Network of Runaway and Youth Services, Inc.

1319 F Street, N.W.
Suite 401
Washington, DC 20004
(202) 783-7949; fax (202) 783-7955

*Executive Director:*
Della M. Hughes

The National Network of Runaway and Youth Services is a nonprofit organization with a mission of challenging the nation to provide positive alternatives for youth in high-risk situations and their families. The mission is accomplished through advocacy and public education, development of model programs, dissemination of educational materials, provision of training and technical assistance, and conducting an annual symposium. The National Network represents over 900 agencies that serve runaway, homeless, and other youth in high-risk situations and their families. The National Network coordinates with regional and state networks, community-based agencies, and dedicated individuals involved in service to youth.

## National Organization of Student Assistance Programs and Partners

4760 Walnut Street
Suite 106
Boulder, CO 80301
(800) 972-4636

*Executive Director:*
Bob D'Alessandro

The National Organization of Student Assistance Programs and Partners (NOSAPP) was formed to enhance educational opportunities for young people and improve academic performance through the establishment and strengthening of Student Assistance Programs (SAP). Services include *Insights,* a quarterly newsletter; the National Resource Center, a SAP resource library; the national SAP evaluation project; Sharing Successes, a national and state awards program which recognizes outstanding individuals, programs, and partners who have contributed to the advancement of SAP; and the NOSAPP annual conference.

## National Organization on Adolescent Pregnancy, Parenting, and Prevention Inc.

4421 A East-West Highway
Bethesda, MD 20814
(301) 913-0378; fax (301) 913-0380

*Executive Director:*
Kathleen Sheeran

The National Organization on Adolescent Pregnancy, Parenting, and Prevention (NOAPPP) is a national resource network of individuals and organizations focused on solving the problems related to adolescent pregnancy prevention, sexuality, pregnancy, and parenting. The organization publishes a quarterly newsletter, *NOAPPP Network,* in which a variety of relevant materials and programs are previewed. NOAPPP serves as a resource sharing and communication network to inform service providers and others about available resources and successful program models.

### National Resource Center for the Prevention of Perinatal Abuse of Alcohol and Other Drugs

9300 Lee Highway
Fairfax, VA 22031
(703) 218-5600, (800) 354-8824; fax (703) 218-5701

*Executive Director:*
Barbara Bazron, Ph.D.

A service of the federal Center for Substance Abuse Prevention (CSAP), the National Resource Center for the Prevention of Perinatal Abuse of Alcohol and Other Drugs provides information and services to anyone with questions or concerns about any type of drug problem, including alcohol abuse, illicit drug use, and misuse of prescription drugs during pregnancy. Publications, posters, fact sheets, and videotapes are available.

### National Resource Center for Youth Services

University of Oklahoma
202 West Eighth Street
Tulsa, OK 74119-1419
(918) 585-2986; fax (918) 592-1841

*Executive Director:*
James M. Walker

*Contact Person:*
Kristi Schuermann, Information Specialist

The National Resource Center for Youth Services' (NRCYS) mission is to enhance the quality of life of the nation's at-risk youth and their families by improving the effectiveness of human services. The National Resource Center provides publications, training, and technical assistance services to child welfare and youth providers to fulfill this mission. The NRCYS serves as a referral service and provides information on program models, including training curricula and materials for working with adolescents and their families. The NRCYS sponsors an annual summer training conference for child welfare and youth service professionals from across the country. Catalogs of the center's publications and information about its training and technical assistance services are available.

### National Survey of Family Growth

6525 Belcrest Road
Hyattsville, MD 20782
(301) 436-8731

*Executive Director:*
William D. Mosher, Ph.D., Branch Chief

*Contact Person:*
Kathryn London, Ph.D.

The National Survey of Family Growth, as part of the National Center for Health Statistics, performs periodic interview surveys of women of childbearing age, 15–44 years, involving information on fertility, family planning, and related aspects of health. Their findings are published in various professional journals; reprints of all published articles are available on request at no cost. Their publication, *Advance Data Reports*, is also available at no cost. Staff are available to answer individual questions and to research specific issues. A data tape, containing the survey's raw data, can be purchased from the National Technical Information Service, (703) 487-4650

### National Urban League, Inc.

500 East 62nd Street
New York, NY 10021
(212) 310-9000 or (212) 310-9238;
fax (212) 593-8250

*Executive Director:*
John E. Jacob, President

*Contact Person:*
Ann Hill, Director of Program Development

The National Urban League (NUL) is an 80-year-old civil rights and social welfare organization whose mission is to eliminate racial segregation and discrimination in the United States and to achieve parity for African Americans and other minorities in every phase of American life. The NUL works to eliminate institutional racism and to provide direct services to minorities in the areas of employment, housing, education, social welfare, health, family planning, mental retardation, law and consumer affairs, youth and student affairs, labor affairs, veterans' affairs, and community and minority business development. Through its Affiliate Development of Adolescent Pregnancy/Parenting Programs, the NUL attempts to increase the number of local affiliates sponsoring adolescent pregnancy programs in their communities.

### New Futures School

5400 Cutler Avenue, N.E.
Albuquerque, NM 87110
(505) 883-5680; fax (505) 880-3977

*Executive Director:*
Veronica C. Garcia

*Contact Person:*
Ivy Buck, Assistant Principal

The New Futures School is a comprehensive program for pregnant and parenting adolescents offering educational, health, counseling, vocational, and child care services to its students and their young children. It is an alternative school of Albuquerque Public Schools and is also supported by a nonprofit, community-based organization, New Futures, Inc. New Futures, Inc. publishes materials on adolescent pregnancy and parenting. A listing of publications is available.

### New Jersey Network on Adolescent Programs

Rutgers University School of Social Work
Center for Social and Community Development
Building 4086, Room 139
Livingston Campus
Piscataway, NJ 08855
(908) 932-0512

*Executive Director:*
Philip Benson, Project Director

The New Jersey Network on Adolescent Programs (NJNAP) is a state resource which provides linkages among existing organizations and a common focus on serving adolescents. Activities of the NJNAP are carried out through networks in all 21 counties of the state. The NJNAP provides technical assistance and consultation; a quarterly newsletter, *Exchanges;* a resource center of printed and audiovisual materials; and a statewide clearinghouse concerned with adolescent pregnancy prevention, pregnancy, parenting, and related issues.

### North Carolina Coalition on Adolescent Pregnancy

1300 Baxter Street
Suite 171
Charlotte, NC 28204
(704) 335-1313, (800) NC4-FACTS (NC only); fax (704) 335-8209

*Executive Director:*
Barbara Huberman

The North Carolina Coalition on Adolescent Pregnancy (NCCAP) creates awareness of the need for prevention of adolescent pregnancy; helps local communities develop prevention councils; and serves as a statewide clearinghouse and network for adolescent pregnancy prevention programs, planning, and resources. The NCCAP maintains a library and resource center with over 1,000 pamphlets, brochures, films, videotapes, curricula, national and state reports, and other materials related to adolescent pregnancy issues.

### Office of Population Affairs Department of Health and Human Services

4330 East-West Highway
Bethesda, MD 20857
phone (301) 594-4000
fax (301) 492-2017

*Executive Director:*
Jerry Bennett, Acting Director

*Contact Person:*
Lucille Eddinger, Public Affairs Officer

The Office of Population Affairs (OPA) carries out activities related to adolescent pregnancy, family planning, and population research. OPA has responsibility for administering Title X, Family Planning Services and Research Program, which provides funds to public or private nonprofit organizations operating family planning projects for low-income families. OPA also has responsibility for administering Title XX, Adolescent Family Life Program, of the Public Health Service Act which provides funds to support research and demonstration projects aimed at the alleviation, elimination, or resolution of negative consequences of early sexual behavior. OPA responds to inquiries from consumers and professionals regarding these programs. Publications are available from Family Life Information Exchange.

### Ounce of Prevention Fund

188 West Randolph
Suite 2200
Chicago, IL 60601
(312) 853-6080; fax (312) 853-3337

*Executive Director:*
Harriet Meyer

*Contact Person:*
Rebecca Stone, Director of Communications

The Ounce of Prevention Fund is a public-private partnership which promotes the well-being of children by working with families and communities to foster optimal child development. The fund administers proven programs in Illinois focusing on enhancing early childhood development through work with families, preventing adolescent pregnancy, improving the chances of adolescent parents and their children, and providing quality educational opportunities for disadvantaged children through Head Start.

### Planned Parenthood Federation of America, Inc.

810 Seventh Avenue
New York, NY 10019
(212) 541-7800; fax (212) 245-1845

*Executive Director:*
Dave Andrews, Acting President

*Contact Person:*
Gloria A. Roberts, Head Librarian

The Planned Parenthood Federation of America (PPFA) is dedicated to the principle that every individual has the fundamental right to choose whether or when to have children. Planned Parenthood works to ensure access to sexuality education and family planning services for all who want and need them.

*Current Literature in Family Planning* is published monthly by the Planned Parenthood Department of Education. PPFA also publishes *Link Line*, an annotated listing of curricula, audiovisuals, upcoming events and training, every other month. Computerized searches are also available from a database which includes over 15,000 books, brochures, programs, curricula, and audiovisual materials focusing on sexuality education. Database searches are $10 for the service, and 10 cents per printout page. Searches are free to Planned Parenthood affiliates. A publications catalog is available.

## Public Health Foundation

1220 L Street, N.W.
Suite 350
Washington, DC 20005
(202) 898-5600; fax (202) 898-5609

*Executive Director:*
James Dimas

*Contact Person:*
Library

The Public Health Foundation (PHF) was established to monitor developments in public health at the national, state, and local levels. PHF goals are to develop and provide quality information through statistical and policy analyses that illuminate national public health policy discussions, foster the application of advances in science and technology to improve public health practice, promote professional development in public health through educational opportunities, and promote public understanding of and consensus about public health issues. The PHF operates the Public Health Network, a microcomputer communications network, and publishes information on state health agency services and expenditures (including MCH block grant expenditures) in annual reports and PHF's quarterly newsletter, *Public Health Macroview*. The PHF also publishes information on the public health services, interventions, and resources directed toward achieving important public health goals, including the reduction of adolescent pregnancy and infant mortality and the attainment of the *Healthy People 2000* objectives.

## Resources for Enhancing Adolescent Community Health Resource Center

Adolescent Health Program
Colorado Department of Health
4300 Cherry Creek Drive South
Denver, CO 80222-1530
(303) 692-2328; fax (303) 782-5576

*Executive Director:*
Barbara Ritchen

The Resources for Enhancing Adolescent Community Health Resource Center (REACH) works to improve the health status of adolescents by increasing states' capacity to facilitate local action to prevent and/or reduce adolescent health problems. The resource center provides a national database on community development in adolescent health (accessible through MCH-Net) and technical assistance, training, and consultation to states and communities.

## School-Based Adolescent Health Care Program Robert Wood Johnson Foundation

George Washington University
1350 Connecticut Avenue, N.W.
Suite 505
Washington, DC 20010
(202) 466-3396

*Executive Director:*
Phillip J. Porter, Julia Lear, Ph.D., Co-Directors

*Contact Person:*
Debra Delgado, Associate Director

The School-Based Adolescent Health Care Program (SBAHCP) is a national program of 24 projects across the United States receiving support from the Robert Wood Johnson Foundation to establish school-based health services for adolescents. Required components include an active community advisory board and demonstrated support from the community at large, including education leaders, parents, and public officials. The health centers are staffed and operated by qualified medical providers and require written parental consent prior to administering medical care. The SBAHCP report, *The Answer Is At School: Bringing Health Care to Our Students*, is available on request.

## Search Institute

Thresher Square West
700 South Third Street
Suite 210
Minneapolis, MN 55415
(612) 376-8955; fax (612) 376-8956

*Executive Director:*
Peter L. Benson, Ph.D., President

*Contact Person:*
Janice E. Mills, Assistant to the President

The Search Institute is a nonprofit research organization that promotes the well-being and positive development of children and youth by conducting scientific studies and interpreting the findings to develop useful programs, resources, and services. Particular research emphases include at-risk behaviors, sexuality, effective communities, family dynamics, alcohol and other drugs, values, and religious development. Products

include research reports, newsletters, books, videotapes, curricula, study guides, and workbooks. Among the best-known products is *Human Sexuality: Values and Choices*, a values-based curriculum for seventh and eighth grades. A list of publications is available.

### Sex Information and Education Council of the United States

130 West 42nd Street
Suite 2500
New York, NY 10036
(212) 819-9770; fax (212) 819-9776

*Executive Director:*
Debra Haffner, M.P.H.

The Sex Information and Education Council of the United States (SIECUS) believes that accurate information, comprehensive education, and positive attitudes toward sexuality enhance physical and mental health and promote greater communication and caring within our society. Through services and programs, SIECUS works to affirm and promote the concept that sexuality is an important and natural part of a healthy life. The Mary S. Calderone Library houses an extensive collection of sexuality information and educational materials. A publications catalog is available. SIECUS publishes the *SIECUS Report*, a bimonthly journal that covers all aspects of human sexuality, and has recently published *Guidelines for Comprehensive Sexuality Education, K–12*.

### Society for Adolescent Medicine

19401 East 40 U.S. Highway
Suite 120
Independence, MO 64055
(816) 795-TEEN; fax (816) 795-8512

*Executive Director:*
Edie Moore, Administrative Director

The Society for Adolescent Medicine (SAM) is an interdisciplinary organization with a membership consisting of more than 1,100 health care professionals committed to adolescent health care issues. SAM is devoted to the development of comprehensive acute, chronic, and preventive health care delivery to youth, as well as to research, training, and advocacy. SAM publishes a bimonthly journal, the *Journal of Adolescent Health*.

### Society for Research on Adolescence

Search Institute
Thresher Square West
700 Third Street
Suite 210
Minneapolis, MN 55415
(612) 376-8955; fax (612) 870-4602

*Executive Director:*
Sanford M. Dornbusch, President

*Contact Person:*
Dale A. Blyth, Executive Secretary

The Society for Research on Adolescence (SRA) is dedicated to developing the study of adolescence into a strong theory-based, methodologically rigorous, interdisciplinary field that will not only advance science but also contribute to better programs and policies addressing adolescent needs. The society publishes a quarterly newsletter and the *Journal of Research on Adolescence*.

### Southern Center on Adolescent Pregnancy Prevention

444 North Capitol Street, N.W.
Suite 200
Washington, DC 20001
(202) 624-5897; fax (202) 624-7797

*Executive Director:*
Stephanie Harrison

*Contact Person:*
John J. Schlitt, Research Associate

The Southern Center on Adolescent Pregnancy Prevention is a clearinghouse and technical assistance function of the Southern Regional Project on Infant Mortality. The center assists state policymakers and advocates in establishing public policy and programming to prevent adolescent pregnancy. A list of publications is available.

### Teen Pregnancy Prevention Project Teen Pregnancy Prevention Clearinghouse

658 Cedar Street
St. Paul, MN 55155
(612) 296-2571; fax (612) 296-3698

*Executive Director:*
Kathleen Crow

*Contact Person:*
Donna Richter, Special Assistant

The Teen Pregnancy Prevention Clearinghouse is a service of the Teen Pregnancy Prevention Project of Minnesota. The clearinghouse is a computerized data-

base of adolescent pregnancy prevention programs, coalitions, and educational materials available to all interested persons.

### Texas School-Age Pregnancy and Prevention Clearinghouse

Center for Social Work Research
University of Texas at Austin
School of Social Work
2609 University
Austin, TX 78712-1703
(800) 247-7724, (512) 471-9090;
fax (512) 471-9600

*Executive Director:*
Jim Swabb

*Contact Person:*
Shirley Brown, Research Associate

The major functions of the Texas School-Age Pregnancy and Prevention Clearinghouse are to collect, maintain, and distribute information about adolescent pregnancy and adolescent pregnancy prevention throughout Texas; to develop statistical reports; and to maintain an 800-number line to receive requests for information and referrals. The clearinghouse produces a number of publications, including a biannual resource directory listing direct service providers in the area of adolescent pregnancy prevention and care.

### Washington Alliance Concerned with School Age Parents

2366 Eastlake Avenue East
Suite 408
Seattle, WA 98102
(206) 323-3926

*Executive Director:*
Laurie Dils, M.S.W.

The Washington Alliance Concerned with School Age Parents (WACSAP) is a private, nonprofit, statewide organization founded in 1976 to provide leadership in Washington State to reduce adolescent pregnancy and to promote coordinated services for pregnant and parenting adolescents. Major programs include community development, education and training, public policy, and research and evaluation. Current research efforts have addressed the relationship between childhood sexual abuse and early sexual activity and pregnancy. WACSAP serves as a resource and clearinghouse to provide information and technical assistance to individuals and organizations throughout the state. WACSAP also develops policy, advocates for change, and coordinates efforts with professionals throughout the state, region, and nationally.

### YWCA of the USA

726 Broadway
New York, NY 10003-9595
(212) 614-2700; fax (212) 677-9716

*Executive Director:*
Gwendolyn Calvert Baker

*Contact Person:*
Inca A. Mohamed,
Youth Development Program Manager

The YWCA Youth Development Program supports the empowerment of adolescent females and young women by creating opportunities for education and leadership development. The Youth Development Program incorporates these goals by promoting sexuality education and health education and by sponsoring adolescent pregnancy prevention programs and programs for pregnant and parenting adolescents.

### Women's Legal Defense Fund

1875 Connecticut Avenue, N.W.
Suite 710
Washington, DC 20009
(202) 986-2600; fax (202) 986-2539

*Executive Director:*
Judith L. Lichtman

*Contact Person:*
Joanne L. Hustead,
Deputy Director, Women's Health Program

The Women's Legal Defense Fund (WLDF) was formed in 1971 to promote equality and opportunity for women. WLDF works in Congress, the courts, the executive office branch, and at the state level to advance public policy for women and their familes. WLDF conducts research and analysis of adolescent pregnancy prevention programs and strategies and provides technical assistance to policymakers at the federal level and in targeted states.

# COMMERCIAL EDUCATIONAL MATERIALS

*This list includes a brief sampling of commercial producers/distributors of health education materials for adolescents and those who work with them. Symbols appear in the margins indicating if the material is in a curriculum format, available in languages other than English, or in a videotape format. Since all of these companies provide consumer resources, the symbol for consumer materials is not shown. Most of these companies have catalogs available and allow free preview of their materials.*

foreign language materials

curriculum

materials on videotape

### AGS Media
4201 Woodland Road
Circle Pines, MN 55014
(800) 328-2560

Publishes videotapes focusing on adolescent pregnancy, labor and delivery, adoption, and adolescent parenting.

### Aims Media
6901 Woodley Avenue
Van Nuys, CA 91406-4878
(800) 334-7830

Publishes videotapes, laser disks, and films for adolescents focusing on pregnancy, parenthood, and substance use.

### Altschul Group Corporation
1560 Sherman Avenue, Suite 100
Evanston, IL 60201-9971
(800) 421-2363 or (708) 328-6700

Provides audiovisual materials for patient education on a variety of health topics including women's health, family planning, abstinence, adolescent pregnancy prevention, prenatal and postpartum care, nutrition, child health, and parenting. Some Spanish-language audiovisuals and open-captioned programs for the deaf or hearing impaired are available.

### Avery Publishing Group, Inc.
89 Baldwin Terrace
Wayne, NJ 07470
(201) 696-3359

Provides a variety of educational materials focusing on childbirth including pregnancy, labor and delivery, postpartum care, breastfeeding, nutrition, prenatal exercising, parenting, and infant care.

### The Bureau for At-Risk Youth
79 Carley Avenue
Huntington, NY 11743
(800) 999-6884

Provides videotapes, books, and curricula on a variety of health topics including adolescent pregnancy, family planning, sexual responsibility, self-esteem, peer pressure, parenting, adoption, date rape, substance abuse, and AIDS education. Some Spanish-language materials are available.

### Cambridge Educational
P.O. Box 2153, Department PA4
Charleston, WV 25328-2153
(800) 468-4227

Provides audiovisual and publications focusing on pregnancy, prenatal care, childbirth, basic parenting skills, newborn care, breastfeeding, and nutrition.

### Childbirth Graphics
P.O. Box 21207
Waco, Texas 76702-1207
(800) 299-3366 extension 287

Provides materials including teaching aids, models, pamphlets, and videotapes focusing on adult and adolescent pregnancy, labor and delivery, breastfeeding, parenting, and reproductive health. Some Spanish-language materials are available.

### Churchill Films
12210 Nebraska Avenue
Los Angeles, CA 90025
(800) 334-7830

Produces videotapes, interactive videodisc programs, and health curricula packages on a broad range of topics including growth and development, human anatomy and physiology, family life and sex education, childbirth, parenting, nutrition, substance abuse, and self-esteem. Some Spanish-language materials are available.

### Coronet/MTI Film and Video
108 Wilmot Road
Deerfield, IL 60015
(800) 777-8100

Provides interactive laserdiscs and videodiscs on a broad range of topics including sexuality education, adolescent pregnancy and parenting, tobacco, substance abuse, AIDS, critical thinking skills, self-esteem, and self protection.

### ETR Associates
P.O. Box 1830
Santa Cruz, CA 95061-1830
(800) 321-4407 or (408) 438-4284

Provides videotapes, pamphlets, and phototabloids on a variety of health education topics including family life education, abstinence, birth control, reproductive health, sexual responsibility, self-esteem, drug use, and sexually transmitted diseases. Some Spanish-language materials are available.

### Fanlight Productions
47 Halifax Street
Boston, MA 02130
(617) 524-0980

Produces videotapes and pamphlets on a variety of health topics including adolescent sexuality, pregnancy, adoption, child birth, parenting, self-esteem, substance abuse, and perinatal loss.

### Films for Humanities and Sciences
P.O. Box 2053
Princeton, NJ 08543
(800) 257-5126 or (609) 452-1128

Produces videotapes on a variety of health topics including sex education, male and female relationships, pregnancy, childbirth, parenting, date rape, substance abuse, and sexually transmitted diseases.

### Gaumard Scientific Company, Inc.
P.O. Box 140098
Coral Gables, Florida 33114-0098
(800) 882-6655 or (305) 666-8548

Provides instructional models for demonstrating obstetrical and gynecological procedures for use with reproductive health, family planning, and childbirth education. Some models are available in various skin tones.

### Guidance Associates
The Center for Humanities
P.O. Box 1000
Mount Kisco, NY 10549-0010
(800) 431-1242

Provides educational videotapes focusing on adolescent sexuality education, reproductive health, abstinence, peer pressure, pregnancy, childbirth, parenting, date rape, sexual abuse and harassment, substance abuse, sexually transmitted diseases, and AIDS education. Spanish-language materials are available.

### Health Edco
WRS Group, Inc.
P.O. Box 21207
Waco, TX 76702-1207
(800) 299-3366 extension 295

Publishes a general health resource catalog for educators with special interest in pregnancy, labor and delivery, nutrition, breastfeeding, and parenting. Some Spanish-language materials are available.

### Human Relations Media
175 Tompkins Avenue
Pleasantville, NY 10570
(914) 769-6900

Produces videotapes with instructors manuals on topics related to adolescent pregnancy, nutrition, and drug use and abuse for the classroom setting. Some Spanish-language videotapes and closed-captioned versions are available.

### ICEA Bookmarks
International Childbirth Education Association
P.O. Box 20048
Minneapolis, MN 55420
(800) 624-4934 or (612) 854-8660

Provides videotapes, books, and pamphlets focusing on topics related to childbirth preparation, family-centered maternity care, labor and delivery, breastfeeding, nutrition, parenting, and perinatal loss. Some Spanish- and French-language materials are available.

### Intermedia, Inc.

1300 Dexter Avenue North
Seattle, Washington 98109
(800) 553-8336

Provides educational videotapes focusing on adolescent sexuality, abstinence, sexual responsibility, pregnancy, prenatal care, date rape, substance use, sexually transmitted diseases, and HIV/AIDS prevention. Some Spanish-language videotapes are available.

### The Learning Partnership

P.O. Box 199
Pleasantville, NY 10570
(800) 551-7672

Publishes *Straight Talk: A Magazine for Teens*, a quarterly magazine developed to provide information to adolescents on critical health and behavioral issues. The magazine helps the reader examine choices and their consequences, cultivates critical decision-making skills, and focuses on healthy alternatives.

### Media Projects, Inc.

5215 Homer Street
Dallas, TX 75206
(214) 826-3863

Provides videotapes and instruction manuals focusing on adolescent sexual responsibility, sex education, abstinence, peer pressure, self-esteem, birth control, prenatal care, parenting, date rape, sexually transmitted diseases, and AIDS/HIV education.

### Milner-Fenwick, Inc.

2125 Greenspring Drive
Timonium, Maryland 21093
(800) 432-8433

Provides audiovisuals on a variety of topics including reproductive health, contraceptives, sexual counseling, pregnancy, prenatal care, labor and delivery, postpartum care, breastfeeding, nutrition, exercise, substance use, sexually transmitted diseases, and parenting. Spanish-language videotapes are available.

### Morning Glory Press

6595-B San Horoldo Way
Buena Park, CA 90620-3748
(714) 828-1998

Publishes a broad range of consumer materials focusing on adolescent pregnancy, parenting, infant care, adoption, marriage, and sexual abuse. Some Spanish-language publications are available.

### National Audiovisual Center
### National Archives and Records Administration

8700 Edgeworth Drive
Capital Heights, MD 20743-3701
(800) 638-1300 or (301) 763-1896

Provides audiovisuals including films, videotapes, slide sets, and multi-media kits in 14 different languages including Spanish, Asian, and African languages on a variety of health topics including birth control, nutrition, sexuality, sex education, drug use, and sexually transmitted diseases.

### NASCO

901 Janesville Avenue
Fort Atkinson, WI 53538-0901
(800) 558-9595 or (414) 563-2446

Provides classroom materials including models, graphics, and hands-on manikins for teaching about adolescent sexuality, reproductive health, family planning, pregnancy, childbirth, substance use, and sexually transmitted diseases.

### New Dimension Media, Inc.

85803 Lorane Highway
Eugene, OR 97405
(800) 288-4456 or (503) 484-7125

Provides films and videotapes on issues relating to adolescent sexual responsibility, family life, pregnancy, childbirth, parenting, substance use, and AIDS education.

### Paman Sales

Educational Materials for Family Planning and Sex Education
P.O. Box 126
East Meadow, NY 11554
(516) 481-0705

Provides educational visual aids for use with reproductive health, family planning, fetal development, and sexually transmitted disease prevention education. Materials are adaptable for use with non-English-speaking populations and use with groups with varying developmental abilities.

### Parenting Pictures

121 Northwest Crystal Street
Crystal River, FL 32639
(904) 795-2156

Produces parent education videotapes and films about various aspects of parenting and childbirth education.

### Polymorph Films

118 South Street
Boston, MA 02111
(800) 223-5107 or (617) 542-2004

Provides videotapes and films for patient and professional education on topics including family planning, pregnancy, prenatal care, labor and delivery, postpartum and infant care, premature infants, breastfeeding, substance abuse, and sexually transmitted diseases. Several Spanish-language materials are available.

### Pyramid Film & Video

P.O. Box 1048
Santa Monica, CA 90404-9989
(800) 421-2304 or (310) 828-7577

Provides videotapes and interactive videodisc programs on a variety of health topics including adolescent sexuality, family life/sex education, prenatal care, self-esteem, substance abuse, tobacco, sexual abuse, AIDS education, and nutrition. Materials are available in more than twelve languages, including Spanish, French, Cantonese, and Arabic.

### Select Media

Educational Film & Video
74 Varick Street
Third Floor
New York, NY 10013-1019
(212) 431-8923

Provides a broad range of films, videotapes, and interactive videodiscs on a variety of topics including HIV/AIDS education, tobacco, alcohol and substance use, family living, adolescent pregnancy, skills-building, self-esteem, date rape, sexual abuse, and family violence. Some Spanish-language materials and captioned programs for the hearing impaired are available.

### Sunburst Communications

39 Washington Avenue
P.O. Box 40
Pleasantville, NY 10570-0040
(800) 431-1934

Provides educational materials including videotapes, curricula, and board games focusing on sex education, family living, pregnancy, prenatal care, parenting, nutrition, substance use, sexually transmitted diseases, and self-esteem. Some Spanish- and French-language materials and open-captioned programs for the hearing impaired are available.

### Vida Health Communications

6 Bigelow Street
Cambridge, MA 02137
(617) 864-4334

Provides videotapes focusing on adolescent pregnancy, prenatal care, labor and delivery, postpartum care, breastfeeding, nutrition, infant care, parenting, and chemical addiction.

### William Gladden Foundation

7 Bridge Street
Cameron, WV 26033
(800) 795-7475 or (304) 686-3751

Publishes *The Buyers Guide* which lists educational material on adolescent pregnancy, sexual abuse, substance abuse prevention, peer pressure, self-esteem, and AIDS education. Some Spanish-language materials are available.

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## Evaluation
## Comprehensive Adolescent Pregnancy Services: A Resource Guide

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| *excellent* | | *average* | | *poor* |
|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 |

2. Selected Annotated Listing of Publications

| *excellent* | | *average* | | *poor* |
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| 1 | 2 | 3 | 4 | 5 |

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| *excellent* | | *average* | | *poor* |
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| 1 | 2 | 3 | 4 | 5 |

4. How useful is the resource guide as a whole?

| *excellent* | | *average* | | *poor* |
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| 1 | 2 | 3 | 4 | 5 |

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- ❑ F004—Holt, K. A. (Ed.). (1991). *Needs assessment and beyond: 1991 state adolescent health coordinators conference proceedings.*
- ❑ C076—Philadelphia Department of Public Health, Maternal and Infant Health. (1989). *Healthy foods healthy baby.*
- ❑ F082—Pickett, O.K. and Straughn, A.S. (Ed.). (1993). *Prenatal care: A resource guide.*
- ❑ C046—U.S. Department of Health and Human Services, Public Health Service, Health Resources and Services Administration, Bureau of Maternal and Child Health and Resources Development. (1989). *Infant care.*
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